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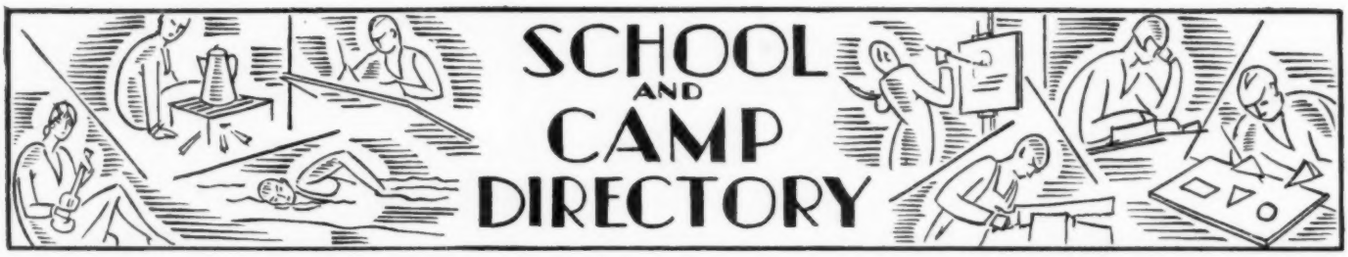

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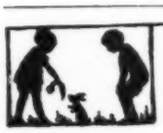

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CHILDREN, The Parents' Magazine
255 Fourth Avenue, New York, N. Y.

School or Camp ..... Boy or Girl ..... Age.....

Location desired.....

Approximate fee you wish to pay.....

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The Meaning of Easter

An Editorial Message

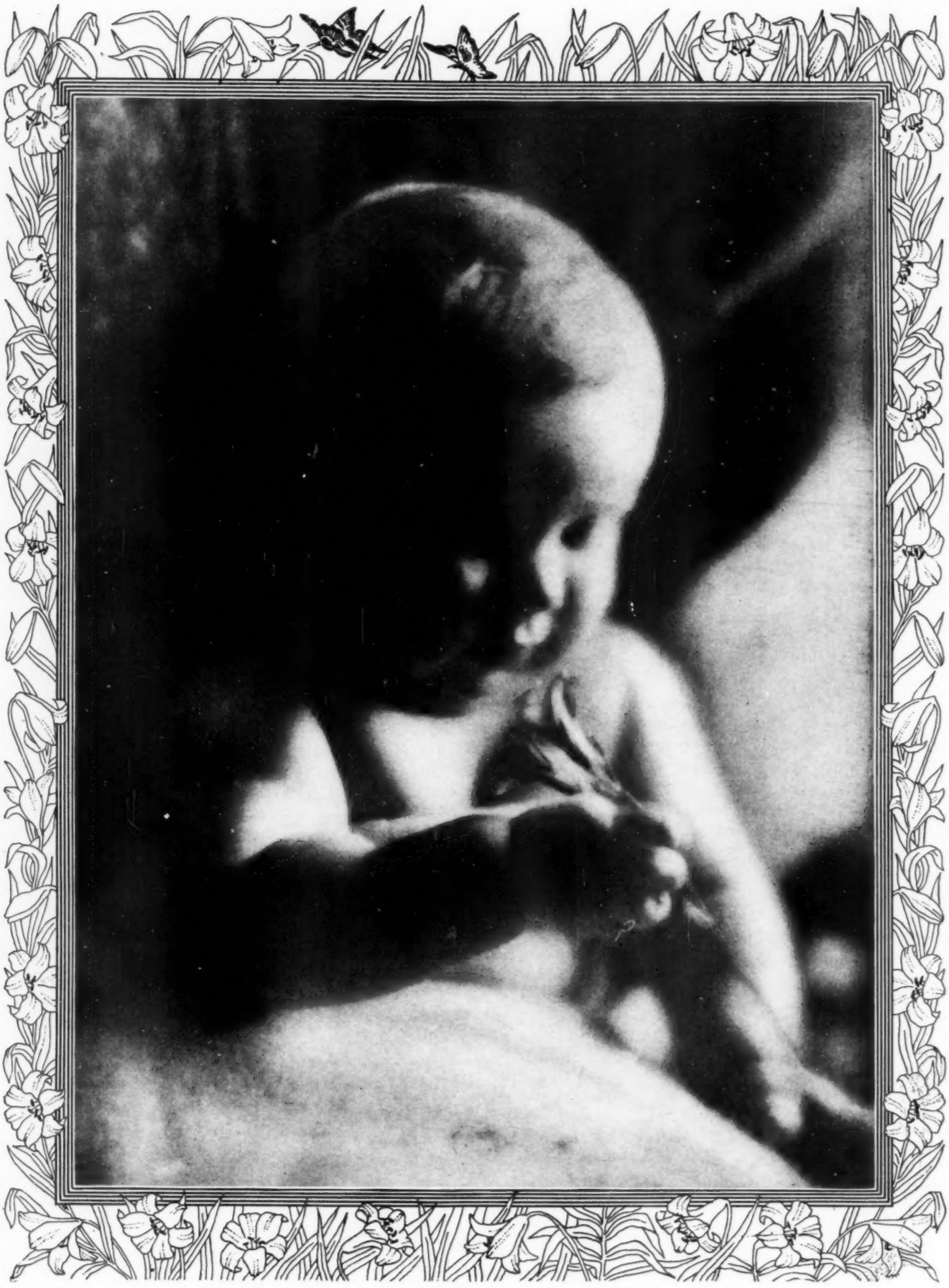
EVERY early association of the word Easter has to do with youth and its promise. The word is derived from an old pagan festival in honor of Eastre, the Saxon goddess of spring and dawn. The roots of Easter as a Christian feast go back also to the Jewish passover and its pæan of thanksgiving for the saving of the first-born of each family in Israel. Of the day's symbolism, Ambrose, bishop of the Church of the 4th century A. D., said: "This is the real beginning of the year, the opening of the months, the new revival of the seeds and the restoration of the joy interrupted by the cold of winter. On this day God relights the sun and gives light to the moon."

For parents it is indeed a period of renewal; and parents need such a period—busy fathers and tired mothers whose tasks sometimes make the sunlight seem dim and the moon a pale light in the heaven's depths. Through the mist of years have come the procession of parents marching down the centuries. Love and life, birth and death have been their constant companions, while ever at their side have moved the victories, the defeats and all the experiences that go to make up the common life of human beings. And in the struggle they have sometimes lost sight of the high goal toward which they would move.

But at Eastertide the world smiles. Heaven and earth have made a new covenant. Everywhere, in tender blade of grass, in fleeting cloud, in fresh breeze, in the spring blossoms, is the promise of fruition, the vision of life fulfilling itself, of youth bursting into exuberant bloom, in a world made good through the season's rhythmic changes. Fathers and mothers can establish at this time a new covenant with their children: to make home the center, though not the circumference of joyous activities, to keep youth's point of view in their hearts, to have firmness without rigidity, strength without narrowness. Above all to have faith in the integrity, the adventurous, level-eyed fearlessness of youth of today.

At Easter time, the season of renewal, the fields are bright with promise. Lift up your hearts and be glad. Trust the great law which sets the constellations in the heavens, makes the leaves clap their hands in gladness, stars the earth's bosom with flowers of every hue. Welcome the advance of intelligence in science and art and their contribution to the profession of parenthood. Have faith in your children and they will have faith in you. Thus the march along the way will be with stronger and firmer steps. Lift up your hearts and be glad!

"The future of the race marches forward on the feet of little children"—*Phillips Brooks*



Easter Morning

Photograph by Clara Sipprell

If You Worry about Your Child

Plain Talk from a Famous Woman Physician

By S. JOSEPHINE BAKER, M. D., DR. P. H.

Former Chief, Bureau of Child Hygiene, New York City

TWO facts are well known to every parent: first, that each child is different from every other child, and second, that children are far more complex beings than we have realized until recent years. The recognition of these truths has led us to the perfectly natural conclusion that we must not only study each problem of each child but that we must also attempt to meet group problems by finding out which particular function has gone awry and studying that. All of this would be very well did it not lead us into such a multiplicity of by-paths and into such a welter of conflicting emotions and endeavors that as a result many of us find ourselves wondering whether bringing up a child in the way he should go is not too big a problem to be solved by anyone without super-intelligence, unlimited time and super-human patience. And yet the aim of modern child study is to help worried and puzzled fathers and mothers to find their way through this maze to the goal of mental, physical and moral health for their children.

As a starting point we should work from the child outward rather than from the activity inward. Do not let us forget that our chief interest is the child—not the affliction. For example, there was Mary who went to public school and was sent by her teacher to the school nurse. The latter found that Mary's supposed stupidity was due to deafness, the result of a discharge from her ears. The child was taken to a doctor who advised syringing the ears twice each day. This was done by the nurse in school but one day Mary did not come to school. When the nurse visited the home to find out the cause of her absence the child's mother announced in a distracted tone, "Mary is just worn out and hasn't time to go to school." A short conversation revealed the fact that a visitor from the local settlement and another from a charity society had visited the home, discovered the running ears, taken the child to their doctors, received the same prescription and poor Mary was having her ears syringed, not twice but six times a day. None of the visitors had taken time to get well enough acquainted with Mary to realize what was happening.

Then there was Peter. He was only four years old, to be sure, but even four-year-olders are not mere automatons, but are often very intelligent persons. Peter was not considered bright, he had temper tantrums and was lazy and he had been taken to be analyzed by a psychiatrist. He had a finicky appetite and continuous colds and a pediatrician was trying to correct these wrong tendencies. He had adenoids and enlarged tonsils, and a nose and throat specialist was called in for that. There was little in the way of abnormality that Peter did not suffer. Here he was, under the care of several specialists, constantly worried over by his mother and his father. Yet in the multitude of his afflictions, Peter himself had been overlooked, and small wonder, since he was buried deep under a mass of disabilities. And then the wise person who told me this story met Peter and discovered the real boy who lived under the overwhelming layer of inactions and disabilities. Peter looked into her eyes and saw that she knew and little by little he became articulate. Peter was all right, but circumstances had floored him. Too much money, too little companionship of his own age, too much indoor life, too much coaxing, in fact too much attention in every way. The adenoids and large tonsils were real enough and needed attention but all *Peter* needed was an outlet for his growing emotions and strength. He needed to get dirty making mud pies, he needed to get out and play with other children, he needed less worried attention and more simple understanding of his real nature. When the over-care and coaxing and the pall of worry were removed the real Peter gradually emerged and a very worth-while Peter he proved to be.

"But every child is different from every other child" you say, "so what has the case of Mary or Peter to do with the problems I meet in bringing up my children?" It is true that it helps very little to have other parents' problems brought up and discussed unless their experience bears some relation to your particular worry. But my purpose in telling you of Mary and Peter was not that I hoped a reader here and there might find in these cases specific help with her own problems of child care. My purpose was much broader than that. These two stories seem to me *perfectly* to illustrate an important fact that is in danger of being overlooked—the danger of over-accentuation, of the worry without regard to the child who stands back of it. I would be the first to admit that if there is mental, physical or moral ill-health, or all of these, among our children they need skilled attention. Possibly the difficulty lies in our failure to recognize the eternal truth that *normality* is a hard thing to define and that deviations from (*Turn to page* 54)

As a Little Child

By VIOLET ALLEYN STOREY

LORD, as a little child now would I be!
Now, with a child's clear eyes, I would behold
April, crisp-petaled in pastels and gold,
Lacy with leaf buds, bird-winged vividly;
For once, in spring, when children gathered near,
Thou saidst that only such as these may go
Into God's Kingdom, and I know, I know
His Kingdom lies now in my garden—here!
Here I would enter, thrilled by Easter flowers,
Unmindful of dank bulbs and frost and mud.
Joyous with singing birds and trees in bud,
I would not think of wingless, bare-boughed hours.
Here, as a little child, Lord, I would run
Past a dark tomb to find Thee in the sun!

Blazing New Trails In

Give your child wisely directed freedom of thought and action and watch him grow in physical, mental and spiritual power

Modern education is not a process of cramming in facts, but of stimulating and developing children's abilities

EDUCATORS worthy of the name have always recognized the marvelous potential energies of the child. Rousseau's theories were founded on this knowledge, Pestalozzi's work was illuminated by it, and we are impressed and uplifted by their doctrines, because intuitively we feel their fundamental truth. Well might we ask: if the child possesses a fund of psychic creative force capable of inspiring independent activities, why do we ignore this factor as though it were a Utopian ideal instead of building lives upon it? Why does not educational theory formulate this principle in such a clear, practical manner that it can be forthwith introduced in all schools for young children?

Unfortunately there are powerful obstacles to such a simple and happy solution. Of these there are two. The first and most formidable includes the direct influence of adults on children. From the child's point of view, the adult, with his stronger intellect and will, must be regarded in the long run as an opponent to growth. Writers, teachers, and all persons who deliberately try to "educate" and "guide" are the greatest obstacles with which the child has to contend. The second obstacle is the material environment which so seldom corresponds to the child's essential needs. He must constantly adapt himself to the environment made by and for adults. Even the special *milieu* of childhood—the school—is by no means so constructed as to enable the child to act creatively and happily. Rather does it tend to enforce upon him passivity and apathy, whereas his natural expression is activity and mobility.

A simple example will illustrate this truth: Let us suppose that an inquisitive boy picks up a beetle and puts it on the surface of a hand mirror, in order to "see how its legs go." He

Photographs by Lazarnick, courtesy of The Children's House of Self Discovery, New York

Children learn only when they are interested. Matching words and pictures, observing the habits of goldfish, counting coins and blocks, fitting pegs into boards seemed fascinating play to these youngsters, yet all the while they were mastering the fundamentals of reading, writing and 'rithmetic

Education

By MARIA MONTESSORI

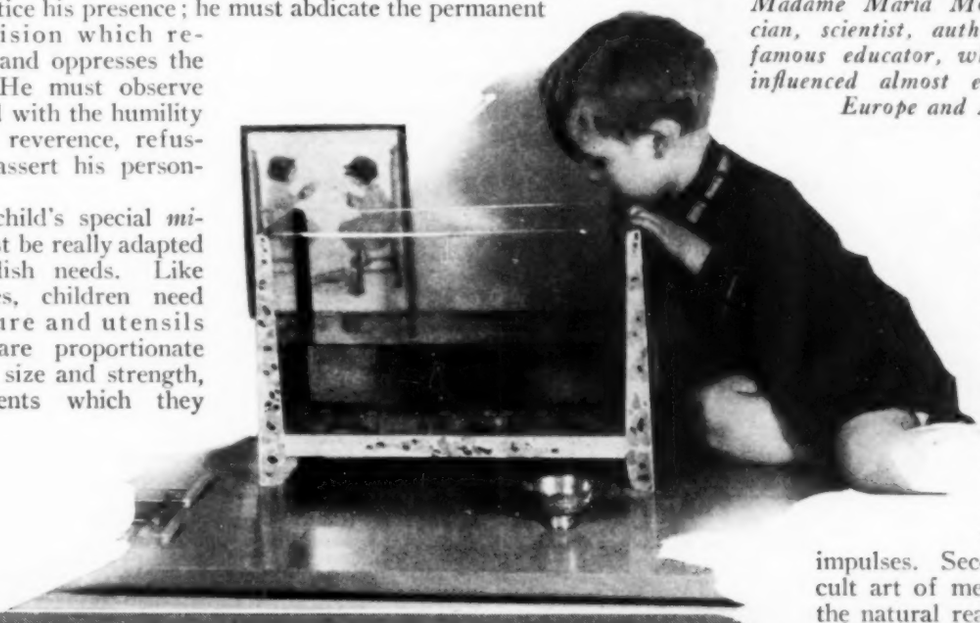
Author of "The Montessori Method"

Madame Maria Montessori, physician, scientist, author and world-famous educator, whose ideas have influenced almost every school in Europe and America

at once finds that instead of running, the insect shams "dead." The obstacle to the study of such an insect is its defensive attitude toward any human touch. And this defensive attitude completely masks the natural manifestations of its activity. By analogy, something similar happens in the psyche of the child, when teachers try to investigate its mysteries by external force and external stimulation.

One of the greatest scientists of our time, who has made a special study of insects and has elucidated much of their mysterious instructive life has told us of the methods he adopts. His secret—the secret of all objective investigation—consists in hiding himself so that the insect remains unaware of his presence. And a similar technique must be adopted by the student of the child's psychic processes. He must stand aside, and not let the child notice his presence; he must abdicate the permanent supervision which represses and oppresses the child. He must observe the child with the humility of true reverence, refusing to assert his personality.

The child's special *milieu* must be really adapted to childish needs. Like ourselves, children need furniture and utensils which are proportionate to their size and strength, instruments which they can use, and by which they are not dwarfed. Therefore, we adults, who wish to undertake the education of children, have two primary obligations. First, to provide a suitable environment for children, and to permit them to live in that environment according to their own spontaneous creative impulses. Second, to learn the difficult art of meeting with sympathy the natural reactions of children to such environment. The child must be able to move freely in this little world of his own, and in order to permit this activity, the educator must remain passive.



Our generation grew up in the belief that children acquired knowledge only when spurred on by a teacher; but when we placed them in appropriate surroundings we found that they became far more eager in work and more efficient in its performance than they had ever been in the conventional curricula of schools. In the nursery schools of today children display an astonishing precocity, a range and grade of faculty unheard of before. The old dogma that discipline and

industry in schools were dependent upon the teachers is also exploded. We now find that children in our nursery schools are capable of effective self-discipline. These nursery schools are indeed most valuable laboratories, and in such an adequate and appropriate setting the adult observer can make illuminating psychological investigations, if he masters the art of keeping himself detached from the scene of his activities. The secret of conducting a nursery school wisely and well is to give the children's activities a chance to unfold, untroubled by adult intervention. Thus the teacher's craft is no longer to impart knowledge but to guard the child's delicate flame of normal vitality, even as the vestals guarded the sacred flame in the old Roman days.

THE relationship of the adult to the child, then, forms the crucial point of our new educational theory. One should remember that adults and children are in different stages of development—so different that it is difficult to harmonize them. It has been repeated *ad nauseam* that the adult should become a child, but this is one of the platitudes which have no sense when we seek to translate them into realities. Adult and child are such different beings that between them a great gulf is fixed, which we cannot bridge. We should rather direct our efforts to making children and adults as mutually independent as possible. Not that the child should be removed from the physical presence of adults, or from adult affection. But there must be a change of attitude on the part of adults, founded on the recognition of the independent rights and different needs of childhood. This is the only way of restoring harmony between the generations who exist in order to love one another, but must progress independently of one another. Corporate harmony can only prevail if each has found his natural vocation. It is clear that this desirable *independence* does not in any way mean alienation or *antagonism*—if we reflect that all adults were once children, and that all children will one day be adults; so that really we are dealing with the same persons at different stages of growth.

To recapitulate: In order to reach true maturity, the child must pass through childhood according to the laws of his own nature and needs; there is no other way to really "grow up." Formerly we believed—or acted as if we believed—that a child "grew up" through and by imitating adults. So the adult endeavored to set an example to the child, to compel the child, by superior mental and physical power, to adopt adult ways and conform to adult requirements. The characteristic feature of the old education was the adult solicitude that said to the child, "Strive to resemble me, for you exist in order to become like me." On the other hand, the new concept of education, which we have here tried to voice, is founded on the belief that normal adults can develop only out of such children as have developed according to their nature as children, and in the conditions favorable to that nature; even if the child stage of evolution appears totally incompatible with the subsequent stages which arise out of it. Nature prepares for full maturity through various successive stages, as though to astonish us with the wealth and wonder of her manifestations.

FOR instance: A little child is born without teeth. What does it do in order to make its teeth grow? It sucks and sucks, as though it could never grow teeth, nor learn to chew. Yet as it sucks vigorously, and is fed with the food provided by Nature's imperative laws, it will grow good strong teeth; and in no other way. If we were to imitate our methods of intellectual training with intent to stimulate the formation of the teeth, we should display our own teeth to the baby, and try to teach it to chew with its helpless gums. And we ourselves would thus lose our serene confidence that the teeth will appear in due season, and the child learn to use them. When we observe the lives of sub-human creatures, we find even more pronounced examples of such metamorphoses. Let us consider the case of the frog. The mature frog and the tadpole differ widely, not only in their appearance, but in their habits. The frog is green and the tadpole a dull black; the latter has a tail and gills like a fish's gills; the mature frog has four strong legs and feet to jump about on land, developed lungs, and no trace of a tail. The tadpole is wholly aquatic, the frog enters the water only now and then when it wishes to do so. The problem of development from tadpole to frog is like the evolution of the child into maturity. And the happy frog does not worry himself about the great difference between himself and his offspring! But what does the tadpole do to grow into a frog? It just lives like a tadpole, in the water, and does not try to enter the upper world of air till it is ready to leap out of the water, a perfect, mature frog. Fortunately the frog has not interfered in the matter! For we assume that his croakings are not exhortations to the little ones: "What *are* you doing there? How are you ever to grow green if you are now so black? Come out and breathe a little air to develop your lungs, for some day you will have to begin to live here on earth."

Yet, as throughout Nature, the parents tend and care for the young life so that it is preserved and cherished, so frogs deposit their spawn only in stagnant water, rich in *algae*, thus offering the tadpole the best chance of nourishment and survival. *The recognition of natural differences does not relieve us adults of responsibility toward the child*, but it makes it possible for us to carry out this responsibility with efficient realism—a realism only beginning to invade the intellectual and educational spheres, although modern hygiene and physiology have made the care of the body much more effective than formerly. We know now that (*Turn to page* 80)

Coming!

Look for these articles in forthcoming issues

The Ups and Downs of Adolescence

By a woman doctor who understands boys and girls

Unspoiling the Spoiled Child

Dr. Alfred Adler, the great Viennese psychiatrist, points out the causes of "spoiling" and suggests possible cures

Bringing Up the Little Bromfields

Louis Bromfield, well-known novelist, talks about his children, and discusses parents past and present

Train Your Children's Taste In Clothes

Let them help, from an early age, with the selection of their clothing and so learn to appreciate quality, color and appropriateness

By Henrietta Sperry Ripperger

Illustrations by Jay McArdle

Parent-Teacher Associations, Mothers' Clubs and Child Study Groups are invited to use this article and the outline for study on page 81 at their next meeting

Few of us want to wear clothes some one else has selected for us—least of all girls in their teens

I AM aware that in urging the necessity of educating girls from six to sixteen in the art of dress I am likely to run up against criticisms from many sensible women who feel that at that age such things as clothes should be unimportant. If however one thinks it over I believe one has to admit that such an attitude is either unsympathetic or downright dishonest. There is no time in a woman's life when she does not like clothes, but the love of "dressing up," of color, fabric and decoration is most keen when the senses are most alive, namely in childhood. If we look back we can remember what the clothes we loved and the clothes we hated meant to us in the way of pleasure or of trial. Each of us can shut her eyes and see some article of clothing which seems to us still the most desirable thing in the world. Perhaps we never got it. A black velvet bonnet lined with pink satin still means to me all that is represented by the girl you couldn't kiss or the fish that got away. We owe it to our children to let them have sometimes the things they really want merely because we know how much they will enjoy them.

The ability to enjoy clothes, far from being something to frown down, is distinctly an asset in later life. A very great psychoanalyst says that the genuinely happy person is the one absorbed in the world about him, who takes a constant joy in objects which he can make or gather and arrange, which are his belongings, which express him, and bring him satisfaction. It doesn't matter as we grow older whether our clothes please our neighbors. The chances are they won't. The important thing is that they shall please us, and give us the sense of well-being, of fitness, of charm which are contributions to our happiness. The influence of clothes on our mood, and on our attitude toward life in general, is too well recognized to be questioned.

But the power of selecting clothes which one will enjoy doesn't come except through exercise of choice and development of taste. It is a result of learning how in the years when one learns how to do everything. Anything which we do well, the psychologists tell us, we must start in early years. All of us know women who go through agonies of indecision whenever they buy anything to wear. They are the bane of department stores. They spend one day buying and the next exchanging what they have bought. This lack of the power of decision comes out of a sense of inferiority just as much when it applies to dress as when it applies to more serious affairs. One can't begin too early to give a girl confidence in her own judgment so that she may make decisions that satisfy her when she is grown.

Boys should be boys and not Lord Fauntleroys. Tommy knows it, but his mother doesn't

It is now possible to gratify children's love of gay clothes even on a very small income, although the small income means that one must put more thought into buying. Lady Astor remarked that the most entrancing thing in America was the loveliness of the children's clothes in the New York shops. Yet clothes (*Turn to page* 58)

When to Say "No"

Those parents are both courageous and wise who know when and how to use the dynamite of that two-letter word

By
JESSICA G. COSGRAVE

Head of the Finch School, New York City

SINCE this article is to contain a great many "don'ts," it is wise to begin with the strong affirmation that each "don't" is not a genuine negation, but a positive in disguise. Nothing in the life of either an adult or a young person should be denied for the sake of the denial, but for the sake of the larger experience and the greater end. It seems to me that by far the most important thing we can inculcate in education in behavior is this fact—that restraint in youth is not for the sake of restraint, but in order to provide a foundation and a standard for the more abundant life.

We have passed through many stages in the application of psychological principles to the training of the young, and many absurd rules resulted from a half-understanding of their application. None of them has been more mistaken than the familiar one, that negatives and prohibitions should never be used with children, but only positives. Every mother who has tried conscientiously to carry out this rule for even half a day has had cause to regret it, while most give up the attempt in despair after half an hour of trial. The principle at the basis of this mistaken application is quite correct, and the very one to which attention has already been called, namely, that all prohibitions should have a positive not a negative end. This does not mean, however, that one should never say "don't."

The modern method of talking things out with one's children just as soon as they are able to understand the reasons for any command or prohibition, will help in keeping the distinction in mind for oneself and conveying it to the children. That life is to be lived as fully and freely as possible, even adventurously, and that this is what you have in mind in guiding and restraining your children, can be gradually comprehended from a comparatively early age, and thoroughly grasped as the children grow older.

All this applies with special force to the social life of children from thirteen or fourteen up to twenty. Their vitality and their power to feel and enjoy is of such vast importance for all their future life that they must husband and guard these resources with the greatest care.

The worst fate that can befall anyone is to be tired of life, and bored. Sorrows and disappointments may seem hard to bear at the time but they are a means of enriching our natures and we know even when we are suffering that they are a part of life, of interesting life, and that if we have character enough to come through them whole, we shall be stronger and more worth while as a result.

Satiety has no such compensation and the most miserable days in our lives are those in which we are most industriously engaged in killing time. In social life and affairs satiety comes sooner than in any other department of life, unless we take social gayeties as they should be taken, as re-creations to create us over again for work.

Since this is so, we would all agree that we must not provide an over-supply of amusement for our younger children, and that it should not be of the same kind as that which will come to them naturally when they are older. At once, however, we are faced with the difficulty that this advice is of a relative nature. What *is* an oversupply and what kinds of older enjoyment are the dangerous ones?

In the past, parents have had traditions, based on generations of experience, handed down unchanged and with such authority that only the very bravest and most individualistic ever thought of seeking to change them.

The custom of a generation ago of keeping children

Illustrated by H. M. Bonnell

¶ *How wild is youth? That depends upon what standards of love, honesty and good taste parents have for themselves and their children*

in the schoolroom away from general distractions had a very real basis in the actual needs of human life. Parents in these days realize that it is in the years of the early teens that all the idealism, romance and poetry of life, which has such an effect upon standards and actions, must be built up from wide reading, with plenty of time for dreaming over them, if they are to become a real part of the personality. This is the age for hero-worship and for romantic dreams which have a very strong influence upon the actual and personal romance of later life. Isn't it, perhaps, just because in our present crowded lives there is so little time for this sort of reading and dreaming that later on our girls and boys seem to choose each other for such strange and inadequate reasons, and that the choice so frequently proves an unfortunate one and the marriage not a real life partnership? We should realize just what our children run the danger of losing in this hectic age and not make the situation worse by piling artificial distractions and amusements upon them.

Never before have human beings lived in an age where conditions have changed so much in so short a time. We cannot deny that to cope with a constantly changing environment makes great difficulties for parents. One need mention only the telephone, the automobile, the moving pictures and the relation of these three modern discoveries to the amusements of children and adolescents, to realize how enormously the speed of our living has been increased, and what great problems these indispensable conveniences and distractions bring to parents.

It is certainly true that it takes more wisdom and courage to bring up children well in this modern complex life than ever before. We admit that it is difficult but the very word "difficult" is a challenge; the use of the word admits that the problem is not insoluble but that it will require real study and thought. I believe that such careful consideration on the part of parents will lead them to apply to their everyday problems in bringing up their children this philosophy of restraint in youth in order to avoid satiety in later life and the need of quiet and leisure for reading and dreaming.

First, the moving pictures—without any doubt an interesting diversion for millions of people. I remember reading, years ago in a book on sociology, that the discovery of the art of canning in tin, especially tomatoes, had added color and variety to our daily menus which could hardly be measured. Now that we have added with cold storage the fruit and vegetables of all the world in every season, we are likely to forget what a revolution that discovery made. In the same way other wonders are already causing us to forget that the first glimpse of other lands, the first wonders of science, and—here is the rub—the first extreme surface sophistication in manners and morals have come to millions through the moving pictures. All of these things, even the social sophistication, are probably not harmful, and surely add much color and gayety to the lives of older people, but their very rapidity and mass are devastating to the minds of children. Certainly movies should not be an important factor in the lives of our very little children, and parents ought to censor with extreme care both the quantity and quality of the pictures their children see.

Parties form the next problem in the lives of young people in their teens. The rules for children's parties are so simple and obvious that it seems unnecessary to repeat them, and yet, just because our first child of party age is a new experience in the lives of each of us, and just because this is not a country or age (*Turn to page* 56)

A Church Just for Children

By
MIRIAM
OTT
MUNSON

The world is full of churches for grown-ups but this article tells of a place of worship for children where they conduct the services themselves

THERE is one place in the United States where parents do not have to *make* their children go to church. It is the little town of Walden, N. Y., and the church which the children seek as naturally as they seek sunshine is called The Children's Cathedral.

It is a church just for children, a place where there is a beautiful and vivid sense of the presence of God and the reality of the life of the man called Jesus. To this church the children of Walden come joyfully and worshipfully, seeking the One who said, "Suffer the little children to come unto Me, and forbid them not; for of such is the kingdom of heaven."

The Children's Cathedral has been built in a wing of St. Andrew's Parish Church and has its own distinct entrance; a churchly, Gothic door, but—a low door, child size. As they enter their church through this door, the eyes of the youthful worshipers are instinctively lifted to the vaulted, blue-skied ceiling, with its silver stars arranged in their astronomical patterns, symbolic of "the spacious firmament on high" where the stars sing, "The hand that made us is divine."

Taking their places on the little, low benches that look toward the chancel, the eyes of the children look next into the luminous eyes of the boy Christ as he is so beautifully pictured preaching in the temple.

The chancel and each object in it breathe an atmosphere not only of the beauty of holiness but of the "holiness of beauty." The walls, sustained by deep blue columns, are of shining gold metal paper. Silver metal paper covers the walls of the reredos where, on both sides, there gleam mosaics of mother-of-pearl shells. In the center of each luminous mosaic is a soft blue-and-white bas-relief of Della Robbia's infant Jesus.

The altar with its tall waxen tapers and golden cross which guard, in the compartments beneath, a sheaf of wheat from the fields where Jesus once walked beside the sea of Galilee; and the bread and chalice that speak of the last sacrament, all stir the imagination and make vivid in unforgettable symbol the life of the Christ of the children.

Other objects there are that tell not only of the boy and man who went about doing good two thousand years ago, but, also of the loving thought of men and women of today who "suffer the little children to come unto Him for of such is the kingdom of heaven."

The children love and point with pride to a very beautiful blue-and-gold Russian ikon and an exquisitely enameled cross, both the gift of "a man who likes children"; to the gold processional cross "from a woman whose boy died," and the little Gothic windows picturing in bright colors the great folk of the Bible, all "done by a man in Walden who believes in children." But most imagination-stirring of all is the gift of the block of marble which, it is said, was rejected by the builders of King Solomon's temple and sent to the children of the Cathedral by the children of Jerusalem.

THUS through beauty and symbol the children of Walden are given an ideal, a dream, a shining hope and a sense of that warm fellowship that is so vital to the mind and spirit of youth. And, most important of all, through the church services which they themselves conduct, a chance to *act*, unhampered by adult interference.

The service begins when the boys' choir comes in singing and takes its place in the chancel, while the girls' choir of thirty voices answers antiphonally from the singing gallery at the rear of the church. Then follows the simple half-hour service which five children, different ones each Sunday, conduct. The Ten Commandments are read, the Apostles' Creed recited, there is a reading of the gospel story and a (*Turn to page* 53)

Should Mother Go Gadding?

By STELLA HAY REX

Illustration by M. C. Rosser

"Yes," says the modern woman. "But how often? And how can it be arranged if there are several small children? The mother of three, under five, gives her solution to this problem

"OH, no; we couldn't think of going to the theater with you and your husband tonight. My husband and I have never spent an evening together away from the baby since she came."

I was astonished. My new neighbor's baby was two years old. Surely such martyrdom was unnecessary. Or perhaps they had just got into the habit of staying at home and needed only a little prodding to get them out of an unconsciously-formed rut.

"Well, you'll have to begin sometime," I ventured, "so why not now?"

She shook her head, and, with the martyred smile that only the mother of a lone chick can achieve, she replied:

"Oh, but I couldn't leave her. Just think how badly I'd feel if anything should happen to her while I was gone! Besides, I know she would never stay with anyone else. Once when I had some dental work to be done I left her with my mother, and she cried so hard that I had to turn back."

Again I protested, "But you can't be a recluse simply because you have a baby. Why not let her cry a few times? She'll soon become accustomed to seeing you go."

"My conscience would never let me do that!" answered my neighbor, in tones so horrified as to be a reproof for so heartless a suggestion. "You see, my baby loves me so much she can't bear me out of her sight!"

I gave up in despair. Two mothers with such utterly opposite viewpoints could never meet on common ground. Once, twice, and occasionally three times a week, my three children, all under five years, wave me a joyous good-by as I leave for a club meeting, a shopping trip or a bridge party. They do not follow me down the walk and up the street with heartbroken wails. Yet they love me. They don't appear to mind my going at all. Rather, they seem to expect it. However, should their casual attitude toward my departure raise any doubt in my mind regarding their fondness for me, it would be speedily dispelled by their happy reception when I return. Occasionally, if I have attended a party, I bring them home a favor. When I go on a shopping trip, there are parcels to be opened, which, though they often contain nothing more thrilling than articles for the house, always give joy. Sometimes I come back empty-handed, to a welcome as warm and overwhelming (*Turn to page* 64)

Children Grow with

Let the youngsters have a plot of their own for there they will learn important lessons in faith, perseverance and the joy of work which ends in achievement

It took a genius to invent a wheelbarrow but any boy can handle one

Ruth Alexander Nichols

WHEN is a child old enough to make a garden? Just as soon as he expresses a real desire for one. Most children will show an early interest in planning and digging and planting if grown-ups give them just a little encouragement and help. It is, of course, much easier for Father and Mother to do all the gardening themselves rather than to help children who do not work as rapidly or skilfully. But if a child makes his own garden he not only learns that real work brings satisfaction, but he gains a knowledge of natural laws that is fundamental and important. Then the peas that are served with dinner become for him not merely peas, but peas that grew in his garden by dint of his planting, his fertilizing, his cultivating. He remembers how they sprouted and grew, oh so slowly it seemed, to long vines that were trained over brush so they would grow upright and not trail in the soil. He knew the joy of the true gardener when he was able to pick them for dinner.

An incentive to children's gardens is organized group work where children can compete with each other for the biggest pumpkin or the fullest ear of corn. Some garden clubs have sponsored school gardens where children, each in his own backyard, raised flowers and vegetables. These individual gardens at home, it was discovered, were more practical than a plot or empty lot for joint school gardens. A garden in one's own yard, it was found, was tended with more constant care than a community plot. A child was apt to water drooping plants if he saw them from his bedroom window; while a garden half a mile away was neglected.

In a country town near New York City a hundred school children have joined for several years in the school gardens movement under the direction of the local Garden Club. Each child paid ten cents for a collection of vegetable and flower seeds. When the child was too small to spade up his own plot it was done by a larger and stronger member of the family. But often he preferred to dig up his own ground, turning over a little of the soil at a time. He was not discouraged in this for it was better for him to carry out his own plans unaided so far as possible. The School Gardens Committee of this club divided the gardens into geographical groups and assigned each member about eight gardens to visit once a month when suggestions and advice were offered.

Several times during the summer the children in this town were taken by the Garden Club to see especially beautiful or well-thought-out gardens and all of them were conducted on

Ruth Alexander Nichols

These two boys have learned the value of early indoor planting and careful transplanting

A garden of transplanted wild flowers will appeal to very young gardeners

Ewing Galloway

a Garden

By ANNE JENNER FOOTE
Chairman School Gardens Committee of the Garden Club, Ridgefield, Conn.

Hours of happy, outdoor companionship between parents and children are one of the most satisfactory harvests that a home garden can yield

Ruth Alexander Nichols

The boy who learns to hoe out his row understands the first principles of success

Ewing Galloway

a tour of the county fair where the vegetable and flower exhibits were explained as carefully as objects in a museum. In the autumn the best produce raised by the children was displayed in a section of the Garden Club Show where the youthful exhibitors were awarded blue ribbons quite like their parents'.

It is often a stimulus to individual gardening if a small but supplementary model community plot is planned in a central part of the town. Groups of children under the direction of older people may be delegated to take care of this garden, planting it and keeping out the weeds. In one town an alternating vigilance committee of four children working for two hours a week kept the plot the shining example that it should have been to the tourist and the stay-at-home.

Those parents whose children are planning gardens for the first time this year wonder just how to help them go about it, how to answer their questions about garden making. Here is a project on which children and parents can work together. Books and magazines on gardens borrowed from the local library will help. The children should be encouraged to draw a plan of the garden and to decide what seeds should be purchased. If two or three children can co-operate in making the garden, it is a good idea to grow both vegetables and flowers, with an emphasis on the vegetables for, although youngsters enjoy the beauty of the flowers, they take an even greater interest in the vegetables. The development of a vegetable is more tangible than that of a flower and may be watched from day to day.

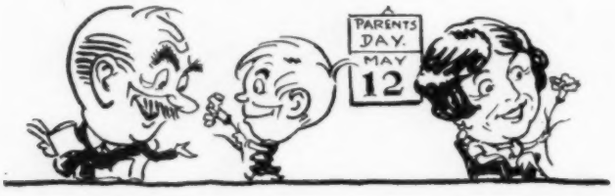
Allot to the children a spot with a southern exposure for their garden. If the ground is sloping slightly it will drain better than a flat plot; (*Turn to page* 74)

Keep Posted!

News of the Better Parenthood Movement, Child Welfare, Education and Other Matters of Interest to Parents

Father Comes Into His Own

FATHERS as well as mothers may be the special recipients of their children's love and admiration on the second Sunday in May if the movement sponsored by the Uncle Robert Foundation goes into effect. Parents' Day will thus take the place of Mother's Day. In consecrating one day to parenthood the sponsors of



the movement feel that they are not minimizing the importance of motherhood, but that by emphasizing fatherhood they will help to cement the bonds of love and understanding among all members of the family.

Every One Different

WHY are children of the same family each such different little individuals? A study has been made to find an explanation. The material used was obtained from the records of children brought because of behavior difficulties to the habit clinics for pre-school children of the Massachusetts State Division of Mental Hygiene. The conclusion reached is that each child in a family has his own individual environment, due to differences in sex, age, and order of birth, differences in parental attitudes arising from changes in age, financial status, desire or lack of desire for increase in the number of children, changes in point of view toward discipline, and subtle differences of attitudes. Without mentioning the genetic aspects these environmental differences are considered potent enough to account for the differences in behavior.

Who Says "Monkey-shines"?

WHEN children of two years and mature apes are given mental tests they exhibit similar powers of intelligence. Forty-four children at the Speyer Nursery School operated by the Child Welfare Research Department of Columbia University were put through psychological tests by Dr. Augusta Alpert. Just as Koehler's genius ape, Sultan, repeated the tests which he solved, so, too, the children would often repeat experiments as if for the pleasure of once more trying out a newly discovered and, what is more important, a self-discovered solution. When an object was suspended—a banana in the case of apes, a toy for children—from the ceiling of a room which was bare except for two boxes at one side, both the ape and the child went through the same reasoning process of discovering that in order to reach the suspended object one of the two boxes must be placed on top of the other directly underneath the coveted prize.

Back to Birthday Clothes

MANY modern children are apt to be over coddled, over dressed, over fed, over protected. At Leysin in the Alps is a famous school for just such children. To it also come boys and girls who suffer from catarrhs, who are nervous or who have a tendency toward tuberculosis. These children play and have their lessons in the open air. They wear only a loin cloth, boots, and a hat to keep the sun off when it is too hot, and live this life not only in summer but also in winter. They carry their little tables out onto the snow field and sit down to a short lesson, and then skate, ski, sledge, and snowball each other, wearing only their scanty clothing and bathing in sun and cold air. The result is that weakly children are turned into splendid, robust young citizens.

Toys On Circuit

THE first "circulating toyery" on record will soon be under way in New York City. The plan, which is backed by a group of prominent New York women and social workers, is to gather a supply of desirable, attractive toys and lend them to children for a stated length of time. According to the sponsors the need of a circulating "toyery" is seen. Many children are brought to court every year for stealing toys and if toys can be loaned to these children it will mean a decrease in the number of children's court cases.

A Little League of Nations

THE International School for children in the suburb of Onex just outside Geneva is the only institution of its kind in the world. French and English are the official languages among a student body of one hundred and ten children of seventeen nationalities. With the organization of the League of Nations in 1920, representatives of countries from the four corners of the globe came to Geneva, bringing their families. Thoughtful parents among the secretariat of the League of Nations and other international organizations at Geneva felt that the wide range of nationalities represented among this younger generation presented an opportunity for educational experiment of unlimited variety and possibility. Teachers representing progressive ideas in modern education in Europe were brought together. Through the efforts of these parents, the International School was started.

Are Some Boys Born Bad?

Is there such a person as "a congenital criminal"? The author of this story set out to find an answer to that question. If you cry when you near the end of her story, don't blame us—that's the way life is!

By ELIZABETH MCFADDEN

Illustration by Robb Beebe

¶ *Shaken, stunned by the grief that had come to him, he had resorted to that natural refuge of a child in agony—silence*

A MAN who thought he had a judicial mind had taken me out to tea. Expensive tea, it was, with music and violets to sweeten it and a limousine for lemon.

It was very luxurious under the shaded pink lights. I leaned back and listened to the man talk and wondered how it must feel to be like that, so richly upholstered with success, both inherited and acquired, and so cocksure of one's opinions.

At the moment he was very full of the crime wave which in his mind included the Eighteenth Amendment and the income tax. Everything seemed to be going to the police dogs. His color and eloquence mounted till I, fearing apoplexy, tried to distract his attention from these dangerous topics by asking what he thought of the juvenile courts.

He went off like a firecracker.

"Think? Think they're nonsense! Bunk! Piffle! Talk! 'Reforming criminals!' Blah!"

"Old criminals, yes, perhaps," I advanced timidly, "but surely you believe in giving children a chance?"

"Chance for what?" he sputtered. "A crook's a crook. Criminals are born. The thing to do with a bad boy is to catch him early, lock him up to stay, and make life and property safe for decent citizens."

The idea darkened the world for me. The rosy lights faded to mere stagey lamp-dip, the violets began to smell like a dirty five-dollar bill, the music rang with ribald laughter. As soon as I decently could, I got away and went for a walk by my "wild lone" like Kipling's cat. I wanted to think.

"Born criminals!" As I passed a group of ragged urchins playing, I studied their faces with a new compassion. That exquisite look of childhood and—born to crime. I had to find out about this. No second-hand business. I wanted to know.

I had met the chief probation officer of our local juvenile court. Involuntarily my feet turned toward his office.

"I should like," I said to him, "to know some bad boys."

"How bad?" he smiled.

"Very bad. Start me off with an incorrigible thug aged about twelve years."

"Good. Glad to have your help," he answered, "I'd like you to take a job as volunteer probation officer and collect your own specimens. I'll put you in charge of all the incorrigible children of a slum school. You go after them, study their homes and find out how they get that way."

"It sounds interesting," I said.

"It is. You can have a two-thousand-child school in the next to the worst district in the city."

"Why not the worst?" I objected. "Who's getting the plums around here?"

"First come, first served. The very worst was handed to a retired business man about two years ago. Man alive, how he has cleaned it up! We used to have more cases from that district than from (*Turn to page* 66)

The Whole-Family House

People with children should have homes that meet their particular needs. Whether you plan to build, buy, remodel, or add to your equipment this article on keeping a house clean, the third of a series, will interest you

By H. VANDERVOORT WALSH

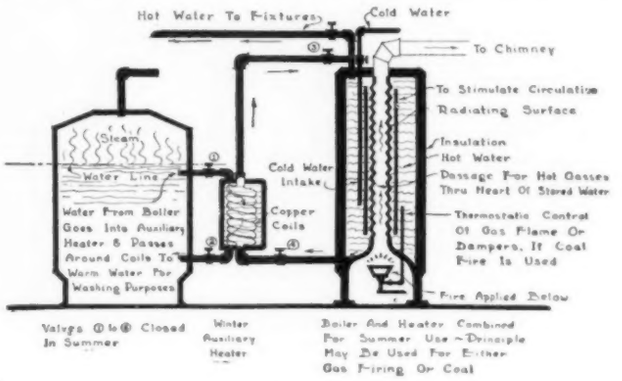
Assistant Professor of Architecture, Columbia University

THERE are four things against which nature wages eternal warfare—polished metal surfaces, highly glazed surfaces, bright colors including white which is a combination of all colors, and spotless cloth. Being her perverse children, we enjoy those very things she dislikes, and therein begin our troubles, when we build houses and buy things to go into them. As soon as we paint our homes white, she makes them gray. We no sooner clean our windows than she sends rain and dust to cloud them. We polish our floors and she sends in dust, ashes, sand and mud to ruin them. We paint our walls with colors and drape our windows and furniture with bright fabrics, but she pours in the sunshine to fade their glow. We polish our silver, brass and nickel only to see the oxygen of the air gradually dull it. Yet our battle for clean, attractive homes goes bravely on.

Hot water, soap, brush, suction machine, abrasive and paint are our weapons. Of all of these, hot water is the most important, and its supply in the home should be the very best that our mechanical ingenuity can contrive. It has been estimated that we need about 3 gallons an hour for every lavatory, about 15 for every bathtub, 100 for every shower, about 25 for every laundry tub, and 10 for every kitchen sink. But, since we do not have all of these fixtures (at the most only about half of them) going at one time the total amount of hot water that we should store away in a tank need not be more than 50% of the total demanded by all of the fixtures. Thus for a residence having a kitchen sink, two laundry tubs, and two bathrooms, with a shower in one, we should have about a 100-gallon tank—certainly not less than 80 gallons. There are many houses equipped with just as many fixtures which have only 45-gallon tanks and then the owners complain about inadequate hot water supply. If they had only known that for about twenty-five more dollars they could have had a larger tank and plenty of hot water, the little one never would have gone inside the cellar.

After all, it is cheaper to have a big tank and a slow heater, than a small tank and a quick heater. Nothing is less economical to operate than an instantaneous gas water-heater without any storage tank. In this device the water passes through the heater once and comes out at the desired temperature, but in the process a great deal of the heat has gone up the flue and not into the water.

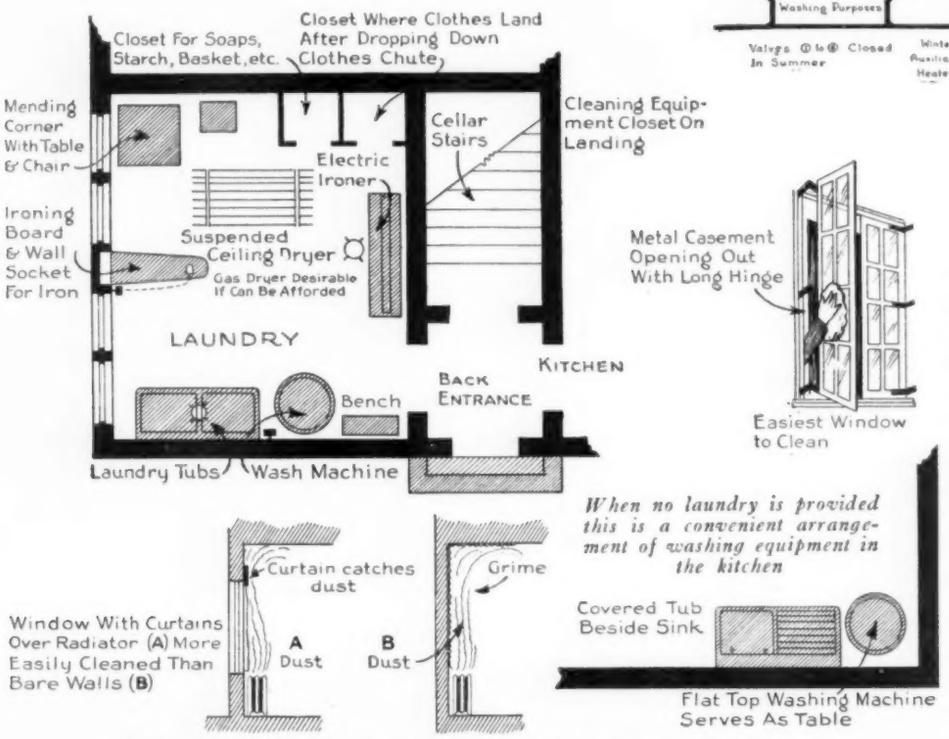
The most economical coal and gas water-heaters are those which are designed to operate slowly and put as much heat into the water over as long a period as possible. A tank, well


Hot Water To Fixtures
Cold Water
To Chimney
To Stimulate Circulation
Radiating Surface
Insulation
Hot Water
Passage For Hot Gases Thru Heart Of Stored Water
Thermostatic Control Of Gas Flame Or Dampers, If Coal Fire Is Used
Fire Applied Below
Steam
Water Line
Cold Water Intake
Copper Coils
Water From Boiler Goes Into Auxiliary Heater & Passes Around Coils To Warm Water For Washing Purposes
Valves ① to ④ Closed In Summer
Winter Auxiliary Heater
Boiler And Heater Combined For Summer Use ~ Principle May Be Used For Either Gas Firing Or Coal

Here is a water-heating system that insures an immediate and continuous supply of hot water

insulated and of ample size, with a coal or gas fire below it, controlled by a thermostat, and flues for the burnt gases to pass up through the heart of the water is best. These heaters may be used during the summer months to provide hot water, but in the wintertime an auxiliary heater should be connected with the house heating plant to keep the water warm with the same fire that warms the house. These devices are quite simple in construction, consisting of a cast-iron box through which the water from the house heating boiler is permitted to circulate. Through this metal box a coil of pipe is carried and the two ends are connected with the boiler which stores the hot water. The cold water from the boiler

(*Turn to page* 70)


Closet For Soaps, Starch, Basket, etc.
Closet Where Clothes Land After Dropping Down Clothes Chute
Mending Corner With Table & Chair
Cellar Stairs
Cleaning Equipment Closet On Landing
Electric Ironer
Ironing Board & Wall Socket For Iron
Suspended Ceiling Dryer
Gas Dryer Desirable If Can Be Afforded
LAUNDRY
KITCHEN
BACK ENTRANCE
Bench
Laundry Tubs
Wash Machine
Metal Casement Opening Out With Long Hinge
Easiest Window to Clean
When no laundry is provided this is a convenient arrangement of washing equipment in the kitchen
Covered Tub Beside Sink
Flat Top Washing Machine Serves As Table
Curtain catches dust
Grime
Window With Curtains Over Radiator (A) More Easily Cleaned Than Bare Walls (B)
A Dust
B Dust

Note how this placement of radiators and the manner in which the windows are hung assist in the easy removal of dust and grime.

Making the Home Safe for Children

A little forethought in the choice of equipment and furnishings will prevent many an accident

By NELL B. NICHOLS
Consultant in Home Economics

Ruth Alexander Nichols

No more groping in the dark now that the youngsters have a light on the stairs which they can switch on and off themselves

NO wonder the Humpty Dumpty rhyme amuses small boys and girls. Their experiences in falling are extensive enough to develop a genuine appreciation of what it is all about. Tumbles down the stairs and other places about the premises are so numerous and often so disastrous that a study of safety devices for the home is important. Eliminating slippery foundations is one of the first essentials. This does not mean that wax cannot be used, for if properly applied, it does not produce a tricky floor. Faulty methods are what cause the trouble. A common mistake is that of rubbing too much of the finish on the wood. This is a wasteful practice, as well as a dangerous one. Much better results are obtained when a small amount of the paste is employed frequently, or once every two or three weeks in the average household, than when larger amounts are applied less often. It is quite important to allow time for the wax to dry and harden. Thirty minutes will do, but one hour is a better allowance. Then comes the polishing. It is the crucial part of the process. A high gloss is desirable. If the surface is polished thoroughly, it will not be slippery. The electric waxer is especially fine for this purpose.

Small rugs may be unsafe coverings; they delight in gliding about on smooth floors. When the pressure of a foot is felt, they get into action. Upsets follow. Usually these rugs are charming additions to a room. The homemaker hates to relegate them to the second-hand store. And she need not do this if non-skid pads are placed under them. These do not show, as they are fitted a trifle smaller than the rug. They are not costly. Another splendid feature is that they have the ability to hold even the flimsy rug flat on the floor.

Linoleum is a safe flooring in homes where children abide. It may be kept sanitary with a minimum of effort. The inlaid variety, which lasts indefinitely, is porous. Manufacturers recently have come to the aid of the housekeeper by treating this floor covering with a lacquer finish before it leaves the factory. This prevents the pores from absorbing dirt. It really is not necessary to wax these new linoleums, but it is a good plan to do it occasionally. The wax serves as a protection to the lacquer and provides the gloss of elegance. There will be no slipping on such floors if they are waxed like wood.

There are safe and unsafe, or right and wrong, methods of laying linoleum. Having it cemented in place is desirable, as then it will be level and the edges will be deprived of a chance to curl up and trip the pedestrians of the household. To lay strips of linoleum on the floor is unsanitary, as dirt will sift under them, and it is too much work for any mother to take them up every day for cleaning purposes.

Whenever a house is being looked over for safety's sake, the stairs come to the foreground for consideration. They need to be well lighted, as do all other parts of the home. A switch at the head and foot of the stairways is an excellent investment. Children can be taught when quite young to make use of the lighting facilities. The buttons which control the lights should be placed low enough for children to reach. With the basement steps another precaution may be taken. They may be painted a light color, so that the steps stand out and can be seen easily during the twilight hours and on cloudy days. Light gray paint is a happy choice, as it does not show soil readily. There is no place that orderliness is more essential than on the stairs. To throw clothes or other articles on them (*Turn to page* 50)

Everyday Problems

And How Parents Meet Them

EDITORIAL NOTE: *On this page you will find discussions of problems that every parent is apt to meet in bringing up children. We do not present the treatment outlined in connection with the problems as a magic formula that will perform miracles. But we do feel that it contains suggestions that will be helpful in similar cases. And so we invite all our readers to tell us of problems in child training which they have encountered and which they feel they have handled successfully. Write briefly stating the problem and your treatment of it. One dollar will be paid on publication for each contribution. Manuscripts for this department will not be returned. Address Managing Editor,* CHILDREN, The Parents' Magazine, *255 Fourth Avenue, New York, N. Y.*

Anne Told Untruths

THE PROBLEM: Children often tell "stories" based on those they have read or have been told or that they have invented because of a naturally active imagination. This did not worry me. But a more serious aspect developed when Anne began denying things she had done. How was I to deal with this?

HOW IT WAS HANDLED: As I thought it over it seemed to me that she would tell untruths only because she was afraid of punishment. So I had a talk with her and told her, very gently, that I would not punish her for anything she had done although she would be required to make reparation if damage had resulted. The next time she did something she should not have done she confessed it to me quite frankly and I at once exclaimed, "I am so glad you told me all about this! Now let's talk it over and see why that was the wrong thing to do and what you should have done." This method of treatment worked wonders and now that she is eight years old I find Anne a thoroughly reliable, truth-telling child.—*Mrs. G. W. T., N. Carolina.*

Tommy Would Not Eat Vegetables

THE PROBLEM: My eight-year-old son, Tommy, did not like vegetables. I knew that nagging a child to eat seldom did any good but was apt to make him turn against his food. I was at my wits' end to know what to do when an inspiration came.

HOW IT WAS HANDLED: He was given a small plot in the garden where he planted some vegetables of his own. There were a row of beets, one of spinach, one of carrots and other things. He was provided with a small rake and hoe and was encouraged to take care of his garden. The result was that he became so interested in making things grow that he could hardly wait until they were large enough to eat. His interest in the vegetables growing in his garden made him interested in all vegetables and he began to eat them very willingly. Before the summer was over he had acquired a liking for many kinds.—*Mrs R. D., Ore.*

Nancy Never Wanted to Stay at Home

THE PROBLEM: My sixteen-year-old daughter, Nancy, wanted to go somewhere every afternoon when she came home from school and almost every evening she pleaded with me to let her go to some classmate's house. Her home was apparently only a place to store her clothes. If I refused to let her go she would lock herself in her room and sulk and cry, even refusing to eat dinner with the family.

HOW IT WAS HANDLED: I began to wonder why she preferred other homes to ours and I determined to find out. It was hard for me to admit it but I found that it was because she had a better time away from home. Other people had a radio. Her father and I weren't radio fans and had refused to get one in spite of our daughter's interest. I pride myself on being a good housekeeper and realized, as I thought it over, that I disliked to have a crowd of boys and girls come in and upset things the way they do. So I had discouraged Nancy's entertaining. There were other reasons, too, why Nancy never wanted to stay at home and they all pointed to the fact that her parents needed to see her point of view and not insist on theirs all the time. They needed to remember that the home was Nancy's as well as theirs. Thank heaven, we were able to realize this in time, and to make an about-face. Today no one is more welcome in our home than Nancy's friends. We have a radio. There's no objection to rugs being taken up for dancing. Raids on the icebox are things to be expected. Nancy is a different girl—and her father and I feel years younger—*Mrs. M. P. C., Iowa.*

Janet Had Tantrums

THE PROBLEM: One of our little girls formed the habit of kicking and screaming when she thought anything could be gained by it. This caused some embarrassment as it was necessary for us to be often among strangers and in public places. We tried various methods of persuasion and even punishment, but found no relief. One day Miss Four-Year-Old decided she wasn't ready to eat her lunch and instead lay down on the floor and began to kick. I decided then and there that I must find a way to make Janet realize that such conduct was useless.

HOW IT WAS HANDLED: I decided not to disturb her and to feel no responsibility for the tantrum. I said, "I shall be no more exasperated by that performance than if a child across the street acted in this way." I went quietly about preparing lunch. Lunch ready, I peacefully began to eat it. Very soon a most subdued little maiden walked up to me and said, "Is there no lunch for me, Mother?" I appeared to recognize her for the first time and to be very glad she had come back. After this severe test of self-control on my part the tantrum argument seemed to lose its strength, and not since then have we been troubled by it.—*Mrs. H. K. R., New Jersey.*

Bobby Was Painfully Shy

THE PROBLEM: My three-year-old boy was so shy that he used to hide under the bed when company came. I felt that this was a serious problem and that unless I could help him solve it while he was little he might have difficulty all his life in meeting and getting along with people.

HOW IT WAS HANDLED: Next time a guest came I asked Bobby to bring in his dump cart and show it to her. He did and was so interested in explaining the workings of his toy that he forgot to be self-conscious. After this I always told him when I expected guests and asked him if he had something he would like to show them, explaining that after he had helped me entertain them in this way he should go and play again by himself or with his friends. He has enjoyed the feeling that he was helping in this way to make it pleasant for visitors and has forgotten all about hiding under the bed.—*Mrs. H. B., Conn.*

David Had the Habit of Bed Wetting

THE PROBLEM: There is probably no more discouraging problem met by parents than that of bed wetting. Scolding does no good, of course, and should never be resorted to. The child must help in overcoming the weakness. But how can parents secure his co-operation?

HOW IT WAS HANDLED: When we faced this problem with our little boy of five, I purchased a box of small red stars, and every morning when his bed is dry he pastes a star on an improvised chart which hangs on the wall of his bedroom.

(*Turn to page* 63)

"Troubles people never talk about"

—*are often caused by harsh toilet paper*

OVER 65 per cent of all men and women past 40 years of age are suffering from some form of rectal trouble.

Obviously you don't hear much about these ailments. But they exist. And are even common among younger people and children.

How are they caused?

In many cases inferior bathroom paper is directly responsible. The harsh, glazed papers so frequently sold for bathroom tissue may be severely injurious to sensitive membranes.

223 hospital superintendents and 580 doctors recently listed the three qualities a toilet tissue must have to be medically safe: *great absorbency —special softness—chemical purity.*

15 Painful Diseases caused or aggravated by inferior bathroom paper

The famous intestinal specialist, Dr. J. F. Montague of the Bellevue Hospital Medical College Clinic, recently listed in an article 15 ano-rectal troubles either directly caused or aggravated by the use of harsh, chemically impure toilet paper . . . Among them are: Hemorrhoids; Eczema Ani; Anal Furuncles(boils); Follicular Anal Abscesses; Pruritus Ani; Infection of the Anal region; Prolapse (protruding intestine), etc. . . . Dr. Montague is author of the widely quoted book "Troubles We Don't Talk About." *(Lippincott)*

Millions of careful housewives today ask for two tissues they know are approved by medical authorities —ScotTissue and Waldorf.

Scott tissues are made from specially processed fibres. Crumple a sheet in your hand. Note its unusual softness. Almost cloth-like in texture.

You can prove the absorbency of ScotTissue or Waldorf by dropping a crumpled ball in water. It sinks quickly. Ordinary toilet paper remains floating on top for several minutes.

Scott processed tissues are always chemically safe. Made from the finest fresh materials. They tear easily and squarely at the perforations.

Never take chances again. Always be sure of safety by asking for either ScotTissue or Waldorf. Scott Paper Company, Chester, Pa.

Fit the standard built-in fixtures

2 *for* 25¢

3 *for* 20¢

Buy these tissues without embarrassment. Just ask for "ScotTissue" or "Waldorf."

These prices for United States only

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Motion Pictures

Which are Suitable and Which Uusuitable for Children?

Reviewed by
PROFESSOR
WALTER
B. PITKIN

Psychologist and Critical Student of Motion Pictures

THE talking movies give the psychologists more hard work. No oracle can reveal how much of what they hear children understand; or how much of this they remember; or finally, how much of what they hear, understand, and remember influences their later thinking and acting.

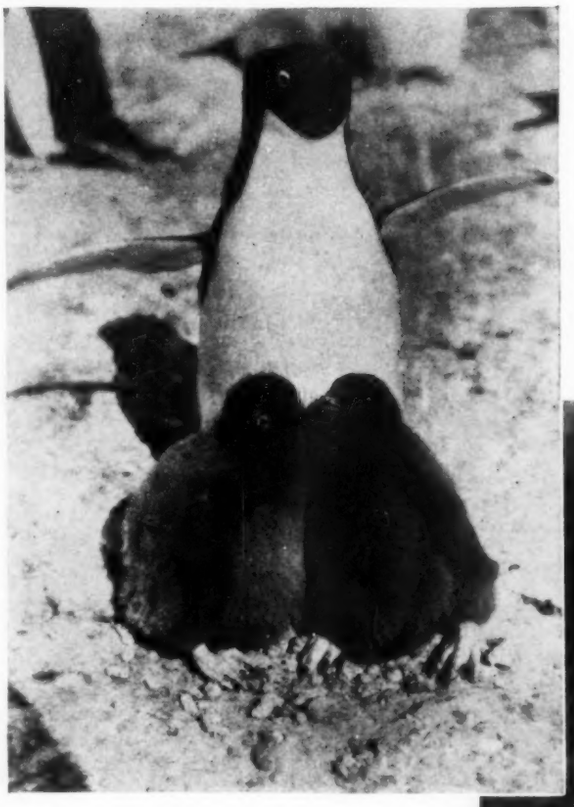
The double impression in seeing and hearing the talking movies makes harder the reviewing of pictures for children. A child may see a picture of two men and a lady—husband, wife, and lover. The three stand tensely in a room. Husband opens front door, angrily. Wife demurs, pleads, weeps, goes out door. Lover stays, argues, gets into fight with husband, goes out door. Husband left alone in the well-known house of cards. Now to the interested child, the situa ion is of small and passing importance, and he remembers the scene for a few short minutes.

But supposing he heard the words. "Arabella, you have betrayed me—and after all these years of love and sacrifice that I have given you. Is this my reward? Here is the door." Exit wife. Arabella's lover then speaks up, "*I* don't want your wife. I'm sick of her. She's a dull bore. I came over this afternoon to tell her so. I never want to see her again." Husband—"*This* for you!" Scene of bloody nose and general brawl. Lover departs, cowed and torn. Husband stands alone—silent, we hope! The child turns to his parents and asks:

"Mama, what's a bore?"

"Papa, what is betrayed?"

In the interest of science, then, not to mention the youngest generation, we shall be glad to have reports of verbatim comments and questions of children on any talking movies. Meanwhile we hereby file our official forecast on the moral effect of the talkies. We assert that the ear is more moral than the eye. And we predict that the talkies will uplift the movies more than all reformers ever can.



A motherly penguin poses in a protective attitude while the boat waits to take the photograph from the South Pole to New York

AT THE SOUTH POLE (*Photographed by Herbert L. Ponting of the British Antarctic Expedition*). Any child old enough to go to the movies will be as enthralled as his parents by this superb picture of the Scott Antarctic expedition. It shows the men leaving New Zealand on board their ship Terra Nova, a gay party with high hopes. It shows them harpooning whales, playing games on the snow fields, taking pictures of seals and penguins. Then they set their faces toward the white, vast, unknown, and the pictures they themselves took tell their story of heroism against impossible odds. High adventure, comradeship that was stronger than death in a setting that Commander Byrd daily makes more familiar. A great story and a great picture. (*This review was contributed by an enthusiastic reader of this department.*)

THE WOLF OF WALL STREET (*Paramount*) A vivid picture of wine, women, and dividends, with George Bancroft as the Wall Street Wolf and Baclanova as his seductive Russian wife, who isn't quick enough to keep the wolf from the door. Good for parents who want a movie-correspondence course in Dirty Work on Wall Street, or How to Lose a Million Dollars. Poor for children, who may be cheerfully spared preliminary studies in pools (all but swimming-) and lovely but loose-ish ladies.

(*Turn to page* 60)

Pictures Previously Reviewed

Pictures Suitable for Children

A Certain Young Man *
A Night of Mystery
Abie's Irish Rose
Alias Jimmy Valentine
Beau Sabreur *
Chang
Drums of Love
Excess Baggage
Four Devils
Four Sons *
Freckles
Harold Teen
Hold 'Em, Yale
Laugh, Clown, Laugh
Les Miserables *
Love *
My Best Girl
Old Ironsides *
Prep and Pep
Q Ships
Quality Street
Ramona
Sawdust Paradise
Seventh Heaven *
Shepherd of the Hills *
Show People
Simba
Speedy
Steamboat Bill, Jr.
Tartuffe *
Tell It to Sweeney
The Air Circus
The Cameraman
The Circus
The Cossacks *
The End of St. Petersburg *
The Enemy
The Hawk's Nest
The High School Hero
The Mysterious Lady *
The Outcast
The Racket *
The Smart Set
The Student Prince *
The Trail of '98
The Viking
The Whip
Three Weekends
Two Arabian Knights *
Two Flaming Youths
Two Lovers
Uncle Tom's Cabin
Very Confidential
West Point

* For adolescents, not for young children.

Pictures of Doubtful Value for Children

A Woman's Way
Across to Singapore
Crooks Can't Win
Mother Machree
Opening Night
Sadie Thompson
Sunrise
The Fleet's In
The Last Command
The Lion and the Mouse
The Patriot
The Red Dance
The Strange Case of Captain Ramper
The Wedding March
West of Zanzibar

Pictures Unsuitable for Children

Baby Mine
Bringing Up Father
Chicago
Chicago After Midnight
Dog Justcie
Forgotten Faces
Get Your Man
Just Married
Ladies of the Mob
Lilac Time
London After Midnight
Mother Knows Best
Partners in Crime
Rose Marie
The Divine Woman
The Legion of the Condemned
The Loves of a Great Actress
The Man Who Laughs
The Mask and the Devil
The Noose
The Patent Leather Kid
The Perfect Crime
The Terror
The Valley of the Giants
The Wind
We Americans
Wickedness Preferred
Wings
Youth Astray

Let them play as they learn

Lillian M. Gilbreth, B. Litt., M. Litt., Ph. D. Famous psychologist, lecturer. Author of "The Home Maker and Her Job," and "Living with our Children"

says famous psychologist to mothers

"THE easiest way for a mother to teach her children effective habits is to make a game of the whole thing," says Lillian M. Gilbreth, noted authority on child guidance. "Let them play as they learn."

Many little problems of the child's day lend themselves to game making. Breakfast, for instance—that meal which authorities say is so important. School tests have shown that the child best fitted for studies, most keen for play, has started out with one certain thing—a *hot, cooked* cereal breakfast. That is why, in over 70,000 schools, this rule hangs on the wall:

"*Every boy and girl needs a* hot *cereal breakfast*"

So mothers sometimes say, "Now eat your nice hot cereal. It's so good for you."

Approached this way, youngsters have been known to give a push to their hot cereal—Cream of Wheat, or oatmeal, or whatever it is—and say "N-o-oh! I don't *want* it."

For 32 years the choice of child specialists

Specialists in child health have for years recommended Cream of Wheat as an ideal *hot, cooked* cereal.

1. It is abundantly rich in the physical and mental energy children need. All real food.
2. With every harsh part of the grain removed, Cream of Wheat is amazingly quick and simple to digest.
3. Its creamy goodness is easily varied by adding raisins, dates or prunes while cooking.

Safeguard your boys and girls by giving them, regularly, Cream of Wheat for breakfast.

© 1929, C. of W. Co.

Today, coaxing is no longer necessary. The new psychology solves the problem. By making a game of *hot, cooked* cereal mothers are leading children to eat the right breakfast.

FREE—*this plan that gets results at breakfast*

A club that children work out for themselves. A plan that arouses children's interest in *hot, cooked* cereal breakfast and makes them want to eat it regularly. Badges and a secret, gold stars and colored wall charts. All material free, sent direct to your children, with a sample box of Cream of Wheat (if desired). Children cannot resist it! Eating Cream of Wheat becomes a fascinating game, then an enjoyable habit. Mail the coupon now.

CREAM OF WHEAT COMPANY — DEPT. W-17
MINNEAPOLIS — MINNESOTA

Gentlemen: Please send my child the free material for the H. C. B. Club as described above.

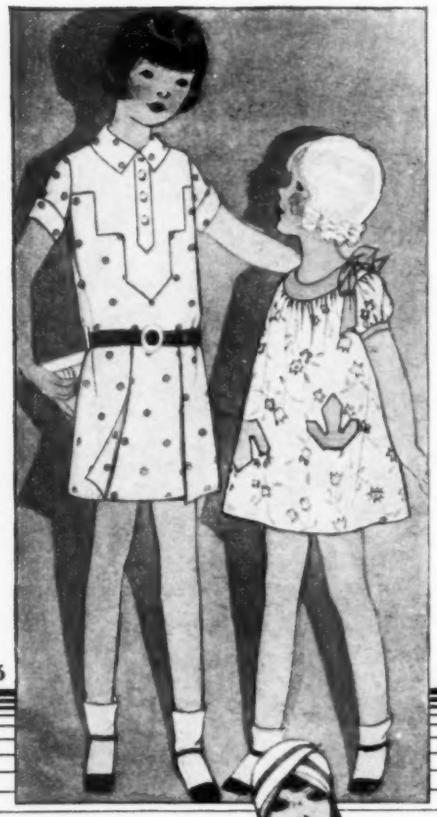
Child's name.....
First name *Last name*

Street.....*City*.....*State*.....

To get sample box of Cream of Wheat, check here.....

Ginghams Come Into Favor

By Crete Hutchinson, *Fashion Editor, The McCall Company*



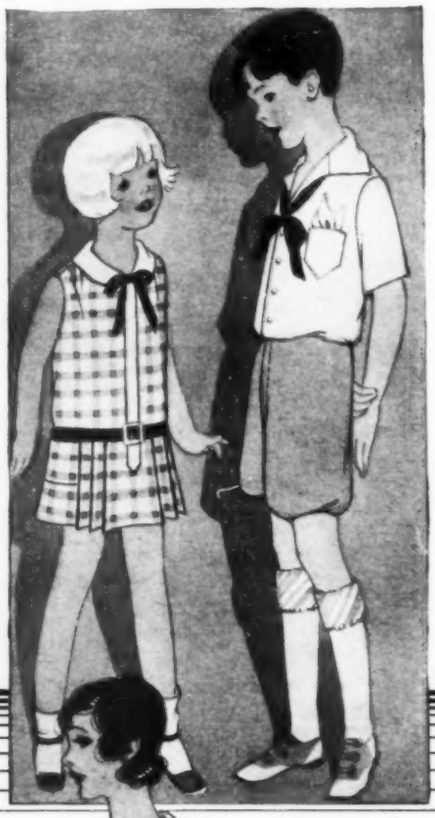
5656—Girls' Dress, two styles of collar and sleeves. Sizes 4 to 14 years. Size 8 requires 1 yard of plain material 36 inches wide and 1⅝ yards of figured material 36-inches wide.

5681—Child's Dress, with French panties, appliqué design included in pattern. Two styles of sleeves. Sizes 1 to 6 years. Size 4 requires 2⅛ yards of 36-inch material and one half yard of contrasting material for appliqués, yoke and cuffs.

5660—Girls' Dress, two styles of sleeves, two-piece skirt, straight lower edge suitable for bordered material. Sizes 4 to 14 years. Size 10 requires 2⅛ yards of 36-inch material and ¾ of a yard of 36-inch fabric for contrast.

2980—Boys' Blouse Suit with convertible collar. Size 6 to 14 years. Size 8 requires 2½ yards of 36-inch material when all one fabric is used or 1⅛ yards of 36-inch for the blouse and for the trousers ⅞ of a yard.

(Turn to page 38 for further descriptions and back views)



5656 5681 5660 2980

5686 5693 5693 5684

GINGHAM has come into its own once more. Paris has decreed checks and plaids of every size and color combination and the gingham vogue is a very practical outcome. The little ensembles of gingham are just the sort of "grown-up" costume that brings joy to the heart of the six-to-ten. Appliqués of gingham on a plain fabric may be developed in all sorts of amusing designs, bunnies, dogs and flowers.

Ensembles or dresses with even a suggestion of a coat are the accepted mode. Both long and short jackets are smart but the little unlined coat that is very easy to make at home is the smartest.

A dress that employs two fabrics, a plain chambray or linen and a plaid or dotted contrasting fabric, is made with a deep yoke that is cut in "skyscraper" points. The yoke is of the plain fabric. The little overskirt is finished separately and may be removed for variety. The sleeves are long or short and the neckline finished with a round collar or simple bow tie. Design No. 5656.

An attractive gingham frock has a contrasting yoke treatment of a plain material. The geometric figures are appliquéd on the skirt and reversed. A matching bloomer is almost a necessity in this day of abbreviated skirts. Design No. 5681.

Large patch pockets are the distinguishing feature of the frock

(*Turn to page* 38)

McCall Printed Patterns may be obtained from leading stores throughout the country and from Children, *The Parents' Magazine, 255 Fourth Avenue, New York City, at prices given on page* 60

In the precious days of Childhood

Regular sun baths mean so much *to your loved ones!*

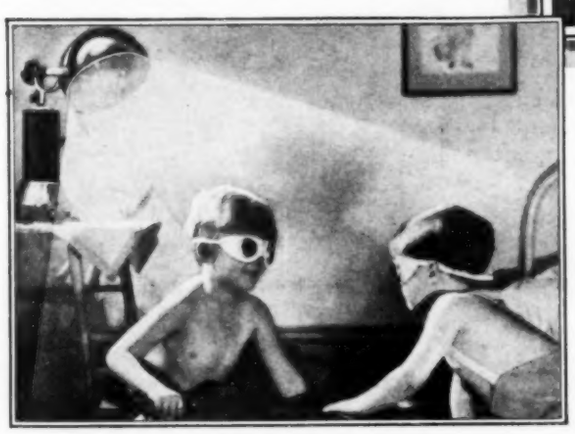
CAN you picture those youngsters of yours—ten—twenty years from now? Of course, you know how you *want* them to look! But suppose that *instead*, robust health has passed them by. Suppose that for lack of sufficient sunshine in the precious, formative days of youth—body and brain have failed of full development!

Unfortunately, on many days through the year nature fails to provide essential sunshine. *But no longer need you depend upon nature.* For the remarkable Hanovia Sun Lamp furnishes the vital ultra-violet rays of the sun *365 days a year!*

Children, and adults, too, gain wonderful benefits from this amazing indoor sun—bodies grow stronger, handsomer—metabolism is stimulated—and new vigor is created to resist the menaces of modern indoor life.

Physicians everywhere recommend it

Almost all medical men are familiar with the Hanovia Alpine Sun Lamp. Thousands of them use or prescribe the large professional model—the *original* ultra-violet lamp—150,000 of which are now in use in nationally known hospitals, sanitariums and physicians' offices everywhere.



These are the precious days! Indoor sunlight applications NOW, lay firm foundations for vigorous manhood in years to come.

What better proof of merit could any equipment offer?

In case of *illness* always consult your family physician. Any other course would be foolhardy. Self-diagnosis and self-treatment are inadvisable, with ultra-violet rays or with anything else.

But if you are anxious to obtain for yourself and children the tonic benefits of regular sunlight applications . . . clip and mail the coupon TODAY. Promptly, you will receive the vital facts about ultra-violet rays, and full description of the Home Model Alpine Sun Lamp. (Special payment plan now available.)

The Alpine Sun Lamp operates on ordinary house-current, but on less of it than many household appliances. Absolute safety and freedom from sparks and spattering are other outstanding features of this Hanovia Home Model.

Hanovia Chemical & Mfg. Co.,
Dept. C, Newark, N. J.

Gentlemen: Send me your authoritative free booklet on ultra-violet rays, and full description of the Home Model Alpine Sun Lamp.

Name_____

Street_____

City_____

State_____

The ALPINE SUN LAMP

"Outer clothing should be light while in the house"

says a famous book on "The Care and Feeding of Children." *Dress your children in these fashionable Everfast Fabrics whose colors will not fade*

**Quoted by permission from "The Care and Feeding of Children," by Dr. L. Emmett Holt. D. Appleton and Company, New York.*

"EVEN when out-of-doors the clothing should not be so heavy as to cause the child to perspire freely with his exercise."* This statement of Dr. Holt's is doubly strong because it concurs so completely with the feelings of many other specialists on this subject. It is just one more reason why wash frocks are being recommended by school and health authorities as the perfect year-round clothes for children.

Fashion authorities (and it is just as important today that the child's clothes be fashionable as the mother's) commend the good taste of cotton frocks for children. This is especially true of frocks made of Everfast Fabrics. For with no other materials can you find such gay colors, such smart designs, and such exquisite, sturdy texture.

Everfast Fabrics are guaranteed not to fade. If any Everfast Fabric fades you get your money back plus the making cost of the garment. Every yard is marked Everfast on the selvage. You can find these fabrics at nearly every good store. See the Printed Piques and Linens, Playtime Prints, Suiting Prints, Dimities, Handkerchief Cloth, also Gingham Cloth and other fabrics in all plain colors. Ask to see them. N. Erlanger, Blumgart & Co., Inc., 354 Fourth Avenue, New York City. *None genuine without the name Everfast on the selvage.*

THE GENUINE
Everfast Fabrics
REG. U.S. PAT. OFF.

Ginghams Come into Favor

(*Continued from page* 36)

designed especially for the eight-year-old. Three pleats in the front of the skirt give ample leg room and the French waist is belted with a contrasting fabric that matches the tie. White collar and front band may be made of batiste or handkerchief linen. Design No. 5660.

The young man of the family likes heavy linen for this "knickers" and matching blouse. Such a costume is very neat and can visit the tub frequently with only good results. Design No. 2980.

Every young girl should have a coat suit this spring. The "dressmaker" type of ensemble is not tailored and the coat is usually unlined. Tuck-in blouses are very new and vastly becoming to the immature figure. A deep hip yoke buttoned in front and attached to a pleated skirt is worn with a short jacket that does not fasten at all. Such suits are smart in almost any fabric. Design No. 5686.

Again the ensemble for the small girl. The little jacket may be made of a contrasting material and the frock either printed or plain. Design No. 5693.

A lovely voile frock should be in every junior wardrobe for the hottest weather. The bertha collar is becomingly soft and can be made of a contrasting material if desired. The gathered skirt that has been tucked is attached to the blouse and the waistline finished by a simple sash. Design No. 5684.

(*Descriptions continued from page* 36)

5686—Misses' and Juniors' Ensemble. Jacket, kerchief, blouse to be worn over or under the skirt, two-piece skirt with yoke. Sizes 12 to 20 years. Size 16 requires 3⅝ yards of 36-inch material for the skirt and coat and 2⅛ yards for the blouse with ⅝ yard for the kerchief.

5693—Girls' Ensemble. Jacket and dress with or without sleeves. Sizes 4 to 14 years. Size 8 requires 3⅞ yards of 32-inch material with ⅝ yard of contrasting. This design is shown twice, without coat and with coat. Dress takes only 2⅛ yards of 39-inch material.

5684—Misses' and Juniors' Dress with camisole lining, two styles of collar, two-piece gathered skirt and with or without a side panel. Sizes 12 to 20 years. Size 14 requires 3½ yards of 39-inch material.

Back views of designs on page 36

THE MODERN CHILD

is delighted with the chic, up-to-the-minute style and the supreme comfort in Minneapolis "M" garments. Mothers like the way they are made . . . fine quality fabrics, carefully tailored in generous full sizes, neatly finished, smooth seams . . . sturdy, long-wearing garments. The perfect fit neither washes out nor wears out.

Bright colored Sun Suits; maximum exposure with protection to vital parts.

MINNEAPOLIS M GARMENTS

The PERFECT UNDERWEAR *for* CHILDREN

Infants' Shirts, Bands, Binders, Panty Waists,
Children's Union Suits, Waist Union Suits,
Vests, Panties, Bloomers, Combinations,
. . . . in all wanted styles and fabrics.

Sleeping Garments in cotton and "M" Bi-Knit fabric.
Children's Styled Pajamas in Rayon and Novelty Cotton Prints of Broadcloth and Pongee.
Sun Suits in Wool, Bi-Knit and Novelty Prints.

Millions of mothers know the Minneapolis "M" trademark as a certainty of satisfaction in buying Infants' and Children's underwear and sleeping garments. *Look for it at your Dry Goods store.*

Minneapolis "M" Infants Shirts—the standard with mothers for many years.

Smart styled Pajamas in gay prints and Rayon.

Boys and girls like these French type knit Panties.

Dainty Rayon Vest and Panties that please little ladies.

This novelty print one piece Play Suit delights little girls.

Boy's and girl's cool, French type, Waist Union Suits.

A Rayon Combination, full of style.

Minneapolis Knitting Works

Minneapolis, Minn.

Feeding the Family

Children and Grown-ups Need Their Daily Quota of Milk

By RUTH WASHBURN JORDAN

Food Consultant

WHILE nearly everyone realizes that milk is an absolutely necessary food for children, few realize that it should hold almost as important a place in the adult's diet. Most authorities agree that from a pint and a half to a quart for each child in the family and a pint for each adult should be the daily allowance.

Milk is a complete protein food supplying the best form of protein to build and renew the body tissue. Full-grown adults need protein to repair tissue, but children need it for growth as well. It is most important that they have plenty of good milk which also gives them calcium and phosphorus, so necessary to proper bone and tooth development, and fats and carbohydrates in a very digestible form.

The whole quantity of milk does not necessarily have to be taken in liquid form. A portion of it may be used in nourishing cream soups, in appetizing cream sauces and gravies and in delectable and wholesome desserts. For these it is entirely satisfactory to use such substitutes for fresh milk as evaporated, condensed or dried milk.

Evaporated milk is fresh milk with fifty per cent of the water removed so that this amount of water must be added when it is used. Dried milk is whole milk prepared at comparatively low heat so that it undergoes very little change in its properties though much in form. Condensed milk is a sweetened milk, especially useful in making desserts. Being literally "preserved" it is a great convenience for cooking. These forms of milk are economical, nutritious and convenient. They should be found on every pantry shelf. They are especially necessary when the supply of fresh milk is limited or uncertain.

In planning the menus and choosing the prize recipes for April I have selected several dishes in which milk in fresh, canned or dried form may be used.

Creamed Fish En Casserole

Flake any left-over fish and remove all bones. Add enough white sauce well seasoned to moisten. A few cold boiled potatoes may be cut rather fine and added with a tablespoon of grated cheese. Pour into buttered casserole. Cover top with bread crumbs. Dot with butter and another tablespoon of cheese may be sprinkled over the top. Bake in moderate oven until top is nicely browned. *See Menu XIII.*

Potted Shoulder of Lamb with Yellow Turnips

Have the butcher bone and roll a shoulder for you. Use the bones for lamb broth. Brown the lamb in a little good drippings—then season well with salt and add just enough hot water from time to time to keep it from scorching. Cut up 3 lbs. of yellow turnips in good sized chunks. Put in boiling salted water and cook for five minutes. Drain and put turnip around lamb and simmer all very gently until lamb is tender. In the last hour add enough boiling water so you will have plenty of juice for gravy, which may be thickened and boiled a few minutes after lamb and turnips have been removed. *See Menu II.*

Horseradish Sauce for Beef Loaf

(For grown-ups only)

3 tablespoons sifted dry bread crumbs or cracker crumbs
1/3 cup grated horseradish root
3 tablespoons butter or butter substitute
½ teaspoon salt
⅛ teaspoon pepper
Dash of paprika
1½ cups milk

Put the first three ingredients in top of double boiler and cook twenty minutes. Remove from heat, add butter, salt and pepper. *See Menu III.*

This Month's Prize Winner

Mousaka—A Greek Recipe

½ lb. macaroni
1 small onion
½ lb. hamburg steak or left-over meat
1 cup tomato sauce or 1 small can tomato puree
1½ cups white sauce
Salt to taste

Cook the macaroni in plenty of boiling salted water. Drain well and put a layer in the bottom of a well-buttered baking dish, then a layer of the ground meat which has been mixed with chopped onion and the tomato sauce, seasoned with salt and browned in a little good fat in a frying pan; then a layer of macaroni and so on until full. Pour over the white sauce, sprinkle liberally with bread crumbs and bake about three-quarters of an hour.—*Mrs. L. W. Riess, Saloniki, Greece.* See Menu V.

Mrs. Riess writes: "I wonder if you are getting a good response from your foreign subscribers. There is nothing more helpful and interesting to me in CHILDREN *than your department. We need constant encouragement and help from America in bringing up our little brood in the Orient. However, we do learn to appreciate native dishes and wish that our friends back home would add them to their menus for the sake of variety and benefit to the children."*

Recipe-of-the-Month Club

Send us your favorite recipes—*those that are especially good for children.* Each month we will pay $5 for the best recipe, and $1 apiece for every other recipe accepted for use on this page. Address The Recipe-of-the-Month Club, CHILDREN, *The Parents' Magazine*, 255 Fourth Avenue, New York City.

Beet Salad

Arrange slices of cold boiled beets on crisp lettuce leaves. Sprinkle with finely chopped hard-boiled egg and serve with boiled dressing. *See Menu XI.*

Lamb Broth

Take the lamb bones removed from a shoulder of lamb. Put them in kettle with 1 onion, 2 carrots, 3 or 4 sprigs of parsley, the same amount of celery, and half a leek. Add about two quarts of cold water and let it simmer down to amount needed by family. Season to taste with salt. For a luncheon soup, the vegetables may be cut fine, and cooked in salted water to just cover. Then the soup in which the lamb bones have been cooked may be strained into dish containing the vegetables. I sometimes add 2 tablespoons of oatmeal with the bones. This makes a thicker soup and a very nourishing one.

You may use a steak bone the same way for a delicious thick vegetable soup. *See Menu III.*

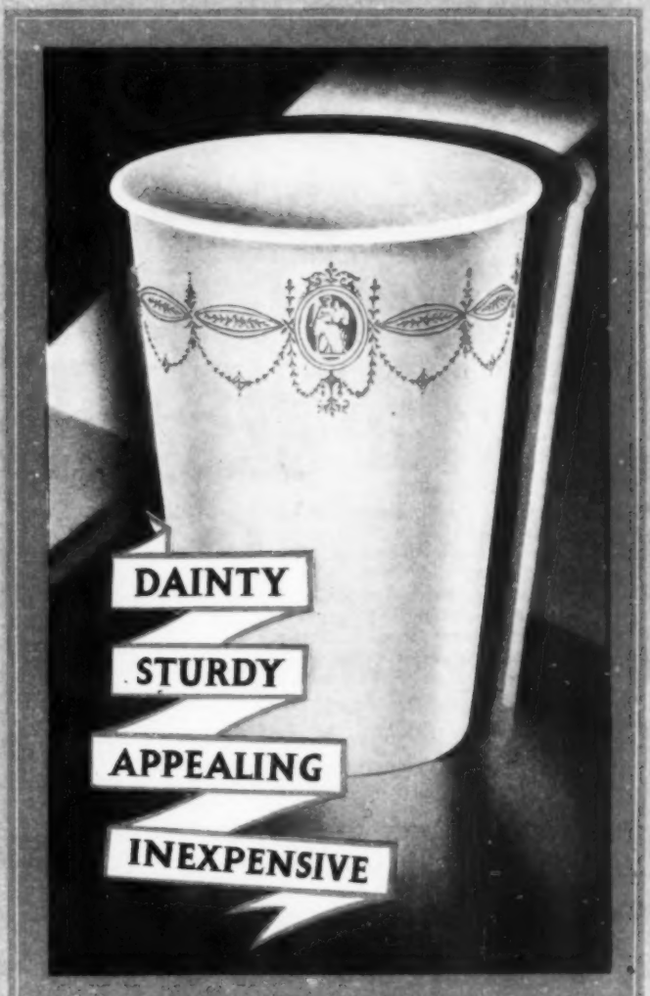
Baked Liver

1 calf's liver or 3 lbs. of beef liver
3 tablespoons bacon fat
2 or 3 onions sliced
3 tablespoons flour
Salt
4 slices bacon

Wash, trim and skin liver. Sprinkle well with salt and flour and lard with bacon or bacon may be spread over top of meat when it is in pan. Put fat in pan and when hot, add liver and brown quickly on all sides. Reduce heat and add onions cut fine, adding a little boiling water from time to time. Bake until tender and well browned in a very moderate oven. It will take 1½ to 2 hours. Baste frequently with pan gravy. *See Menu IX.* *(Turn to page 42)*

Individual Dixies +++

offer one of the most effective safeguards of a child's health!



Dixies are lovely. Just seeing these dainty Dixies—more graceful for the charming Adam decoration—will make you think of a fine piece of china, and you may find it hard to believe that they are, after all, *not* china but an amazing development in the making and shaping of fine paper. Dixies owe their delicate charm, and their sturdiness as well, to the ingeniously glazed surface.

Because Dixies are so appealing, they make friends quickly with children. And so they may help you in many ways to guard a child's health against the dangers of the common drinking glass in the bathroom, the kitchen, and at meals.

That the glass, as the most common germ-carrier, is really dangerous in the spreading of colds and worse, we all know. The day will come when we shall no more think of sharing the drinking glass with even sister and brother than we today think of sharing the toothbrush.

But in other ways, too, may Dixies be a welcome help! Many mothers have written us that their children accept milk (and "nasty old medicines") much more readily in a pretty Dixie than in a glass. The beauty, and the pleasant touch, and the novelty of a Dixie have doubtless much to do with that.

These Dixies were specially made for use in the home, to avoid the trouble of washing glasses and to save the expense of broken tumblers and goblets.

They are packed in convenient 10c and 25c cartons. Stationery, grocery, drug, department and 10c-stores have them in stock, or can easily procure them for you. Very handy in the automobile, on outings and picnics.

So that you may see these dainty Dixies, feel them, and use them as suggested, we offer a sample carton without cost or obligation.

Merely fill in the coupon below, tear it off and mail it today.

You and the children will enjoy the Dixies Circus over WJZ and Associated National Advertising Co. Radio Stations every Friday evening from 7.30 to 8.00, Eastern Standard Time.

FOR YOUR FREE SAMPLE PLEASE MAIL THIS COUPON—

The Individual Drinking Cup Co., Inc., Easton, Pa.
Gentlemen:—Here is my dealer's name and address:—

.....

.....

Address my free sample carton of Individual Dixies as follows:
Name (Mrs., Miss).....
Street.....
Town and State.....

Guaranteed by Good Housekeeping

The Little Milk Rebel's

"I Won't"

is easily changed into

"I Want"

THE war is over. The battle of "three glasses of milk a day" is won. Little milk rebels who never before would touch milk are surrendering. And that other bigger army of children who never quite finish their glassful have forgotten their "won'ts" and now have the "wants"... all since the coming of this creamy delicious chocolate "DOUBLE MALTED" Malted Milk mixed at home.

Builds Normal Weight

Thompson's, you know, is whole cream milk "DOUBLE MALTED." When you add it to plain milk, oh what a change it makes! The monotonous taste of plain milk changes to delightful chocolate malted milk. And when children add this "DOUBLE MALTED" nourishment to their meals they soon add weight and gain strength.

Thompson's doubles the nourishment of the plain milk to which it is added. It supplies quantities of organic calcium and phosphorous to help strengthen teeth and bones and growing muscles. No trouble at all to prepare. Children make it for themselves—and drink it without coaxing.

Your grocer or druggist has Thompson's "DOUBLE MALTED" Malted Milk—Chocolate flavor or plain. 30 servings to every pound.

Special Shaker Offer

Thompson's Malted Milk Co.
Dept. 45-10, Waukesha, Wisconsin

Please send me a large size, 75c value aluminum shaker and a sample of Thompson's "DOUBLE MALTED" Malted Milk. I enclose only 25c to cover packing and mailing costs.

*Name*_____

*Street*_____

*City*_____ *State*_____

Feeding the Family

(*Continued from page* 40)

Chocolate Layer Cake

1/3 cup butter or butter substitute
1 cup sugar
2 eggs
Pinch of salt
1½ cups flour
1½ teaspoons baking powder
½ cup milk
1 teaspoon vanilla

Cream butter, sugar, add beaten yolks and beat all together until very light. Sift flour and baking powder and salt together and add alternately to first mixture with the milk. Fold in stiffly beaten whites and bake in two layers.

Chocolate Filling

Put 2 squares of bitter chocolate in double boiler; when melted add 1 cup of boiling water, then 1 cup of granulated sugar. Put over fire and let it come to a boil, add 3 level tablespoons cornstarch dissolved in ½ cup of cold water and a pinch of salt; stir constantly until thick. Remove from stove, add ½ teaspoon butter and 1 teaspoon vanilla. Put between layers and cover top and sides of cake while mixture is lukewarm. This has been the favorite cake in my household for many years. *See Menu IV.*

Ginger Cookies

1 egg
1 cup milk
1 cup molasses
4 cups flour
Pinch of salt
1 tablespoon soft shortening or butter substitute
2 level teaspoons soda
2 teaspoons ginger
A few raisins

Cream shortening, add molasses and some of the flour sifted with ginger, soda and salt. Add milk alternately with remaining flour, then add beaten egg. Mix thoroughly and drop from teaspoon on buttered tins. Put a raisin on top of each and bake in moderate oven. *See Menu VIII.*

Grape Jelly Sauce for Pudding

Beat up one glass of grape jelly and heat in double boiler. Add ¼ of a teaspoon of grated orange rind and one tablespoon of orange juice. It may be thickened with a little cornstarch if one prefers but is very nice without.

Scotch Broth

(An old Scotch Recipe)

1½ lbs. shoulder of mutton or lamb (or lamb bones left from roast)
5 quarts cold water
1 cup barley
1 cup green dried peas
¼ head cabbage chopped fine
2 medium sized carrots (grated)
2 small white turnips (grated)
1 small onion chopped fine
1 tablespoon chopped parsley
Salt to taste

Cover meat or left-over bones with cold water and bring to a boil. Then add dried green peas which have soaked in cold water several hours, and all the other ingredients, with a little salt. Simmer slowly for four hours, skimming often. If any is left it will be just as good for luncheon next day. I always make it with the bones left from my roast of lamb.

Recipes from Our Readers

Spinach Supreme

Spinach may be deliciously prepared for a main dinner dish. Line a baking dish with very thin slices of bacon, fill with chopped cooked spinach mixed with equal parts of bread crumbs, three well beaten eggs, salt, a dash of mace

(*Recipes continued on page* 44)

Dinner Menus *for the* Whole Family

Attractive to Adults, Nutritious for Children

I

Tomato Soup
Broiled Minute Steaks
Creamed Cauliflower
Bread Pudding with Jelly

II

Potted Shoulder of Lamb with Yellow Turnips
Boiled Rice
Lettuce Salad
Apple Tapioca with Cream

III

Lamb Broth
Beef Loaf (Horseradish Sauce for Grown-ups only)
Creamed Potatoes
Green Peas
Stewed Pears
Ginger Cookies

IV

Swedish Health Soup
Omelet with Jelly
Buttered String Beans
Chocolate Layer Cake

V

Consomme
Mousaka (Greek Dish)
Orange and Apple Salad
Whole Wheat Crackers

VI

Boiled Cod with Egg Sauce
Riced Potato
Fresh Spinach
Lemon Gelatin

VII

Lamb Stew with Carrots, Onions, Potatoes
Turnips and Parsnips
Lettuce Salad
Blanc Mange with Strawberry Sauce

VIII

Favorite Chicken
Boiled Asparagus with Butter
Vanilla Ice Cream
Ginger Cookies

IX

Baked Liver
Scalloped Potatoes
Creamed Onions
Baked Apples with Jelly

X

Broiled Lamb Chops
Baked Potatoes
Scalloped Tomatoes
Fruit Salad
Whole Wheat Wafers

XI

Cream of Celery Soup
Spinach Supreme
Mashed Potatoes
Beet Salad
Orange Short Cake (Sponge Cake)

XII

Pot Roast
Spaghetti with Gravy
Carrots and Peas
Gingerbread with Whipped Cream

XIII

Creamed Fish En Casserole
Buttered Parsley Potatoes
Beet Piquant
Pineapple Salad
Boiled Dressing
Whole Wheat Crackers

XIV

Calf Brains Scrambled with Eggs
Baked Potatoes
Creamed Cabbage
Raspberry Gelatin with or without Whipped Cream

Who said children don't like milk?

THEY love it when it comes with a bowl of Kellogg's Corn Flakes. And what an ideal combination! Wholesome, crispy flakes that are extra easy to digest—plus healthful milk or cream.

Have Kellogg's for lunch and dinner as well as breakfast. Solves the problem of the children's evening meal. Add fruits to your Kellogg's. Just try them with honey.

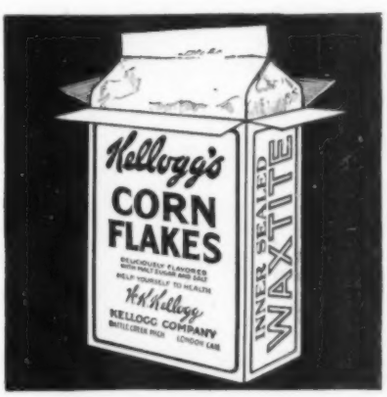
Millions of mothers always insist on Kellogg's—the original Corn Flakes. They prefer that crispness and flavor no other can equal.

Look for the red-and-green package when *you* buy. Sold by all grocers. Served by hotels, restaurants, cafeterias. On dining-cars. Always oven-fresh!

Kellogg's

CORN FLAKES

Write the Home Economics Department of the Kellogg Company, Battle Creek, Mich., and we will be glad to send free literature and advice on child feeding and diet. We believe that your own physician should be consulted in the event of ill health and sickness–so ours is in no sense a medical service.



Surprise Flavors..

. . in a variety of cooked dishes

SOMETHING different in food flavor—pleasing variety in what you serve at your table—some way to break the monotony of the daily fare. Is there a woman who is not constantly striving for these very things?

Let us tell you about some wonderfully tempting flavors—entirely *different* flavors—you can give to the quite usual foods by using Beech-Nut Peanut Butter in your cooking recipes. Therein lies perhaps its greatest use in the household. From it are secured many *blended* flavors—a combination of the usual flavor of the cooked dish or food with the rich, nutty flavor of Peanut Butter.

Be sure to send for our recipe folder of many truly delicious recipes and you'll be delighted with the surprise flavors that *can* be given to the foods you frequently serve, by simply using

Beech-Nut Peanut Butter

BEECH-NUT PACKING CO. C-4-29
Canajoharie, New York

Please send the FREE folder featuring new Peanut Butter recipes.

Name.....

Street.....

City.....

Feeding the Family

(*Continued from page 42*)

and half a cupful of cream or rich milk. Lay bacon slices over top of dish and bake until bacon is crisp.—*Mrs. R. T. N., Luana, Iowa. See Menu XI.*

Swedish Health Soup

1 lb. fresh shelled green peas
2 or 3 medium-sized carrots, diced
1½ qts. fresh milk
1 egg beaten
Chopped parsley
Salt to taste

Cook the peas and carrots in just enough water to cover. Bring milk to a boil and add to the peas and carrots and the juice in which they have been cooking. Take off the stove and while stirring add the beaten egg, and season to taste. Serve with a sprinkling of very finely chopped parsley in each soup plate.—*Mrs. C. O. W., Brooklyn, N. Y. See Menu IV.*

Favorite Chicken

1 medium sized fowl
1 cup celery
2/3 cup cream or top milk
9 oz. package elbow macaroni
Salt to taste
Dash of paprika
Little chopped parsley

Choose a fowl not too fat, cut in pieces, place in deep kettle, cover well with water, add salt. Cover and cook 1½ hours. Do not remove from fire. Add 1 cup celery cut in one-inch pieces and the macaroni, cook until tender about thirty minutes. The broth should be quite low by this time so just before removing from fire, add cream or top milk. Serve on hot platter, garnishing with a dash of paprika and finely chopped parsley.—*Mrs. R. M. S., Fullerton, California. See Menu VIII.*

Carrot Soufflé

2 tablespoons butter
2 tablespoons flour
½ cup milk (warm)
½ teaspoon salt
3 eggs
1 cup grated raw carrots or 1 cup cooked carrots

Melt butter, add flour; when well mixed, add the milk gradually, stirring rapidly to keep mixture smooth. Add salt and remove from fire; add carrots rubbed through ricer if cooked, add beaten yolks of eggs, cool and fold in stiffly-beaten whites. Bake in buttered casserole 20 minutes in a moderate oven. If the cream sauce seems too rich for young children it can be made equally palatable by using 1 tablespoon of butter, combining the milk and flour and then stirring in the butter.—*M. S. G., Austin, Texas.*

Baked Apples

8 or 10 large cooking apples
1 cup brown sugar
2½ tablespoons cornstarch
¾ cup cold water
1 teaspoon butter

Butter a pan thickly, then cover the bottom with half the brown sugar and the cornstarch, add the cold water and mix until smooth. Place the peeled, cored and halved apples in the pan, cored side up and fill each hollow with the remaining ½ cup sugar. Bake in a hot oven until the apples begin to brown, then cover and bake very slowly until they are all uniformly soft.—*Mrs. C. B., Copley, Ohio.*

The Sixth Birthday

The Princess Birthday Cake

IT'S a terribly exciting affair—this sixth birthday! Any mother of a daughter of six can tell you so. First comes the thrill of inviting the guests to the party. Then there's the pride of beating the eggs for the birthday cake. Best of all is that final secret visit to the kitchen just before refreshments are served. Then "Miss Six-Going-On-Seven" lights the pink candles on her very own cake.

For the cake is the crowning event of the party. In fact, it really *makes* the party. Every one of the ingredients that go into it must be the best and most wholesome that money can buy. Even such a seemingly small item as the baking powder you use makes a difference.

You'll find Royal Baking Powder will insure a perfect cake for this sixth birthday and all the other birthdays to come. You can depend on the purity and wholesomeness of Royal. And it always leavens perfectly.

FREE:—

The Royal Baking Guide—it contains the recipe for the Princess Birthday Cake, as well as recipes for sponge and white cakes and a fluffy frosting. Send the coupon for your copy.

Royal, the Cream of Tartar Baking Powder. Absolutely pure.

THE ROYAL BAKING POWDER CO.
Dept. D., 121 East 42d Street, New York, N.Y.
Please send me my free copy of the *Royal Baking Guide.*

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Address.....

City..... State.....

GOOD FOOD is a good PROTECTOR

SUGAR has 5 rightful places in a good diet

1. *A conserver of foods.*
2. *A flavoring substance.*
3. *A satiation factor.*
4. *A staple fuel.*
5. *An emergency fuel.*

THE pseudo-scientist and the food extremist have so clouded the proper place of sugar in the diet that we recently asked an eminent food scientist to clarify the whole question.

"Sugar has five distinct uses in the diet," he said. "A conserver of foods, a flavoring substance, a satiation factor, a staple fuel, and an emergency fuel."

He showed that sugar as a conserver is utilized in the preparation of many food products, especially fruits. He discussed the consumption of fruit as related to sugar as a flavorer. "One of the most praiseworthy developments of the modern diet," he said, "lies in the expansion of the use of fresh fruits. This expansion has been contingent on the free availability of sugar."

The scientist discussed the use of sugar in desserts, as a satiation factor. "Topping off a meal with a sweet dessert," he said, "gives a sense of satiation. This sense of satiation is an important item in the diet."

"As a staple food," he pointed out, "sugar ranks with starch. The difference in fuel value between starch and sugar per gram of dried material is very slight. Sugar is more rapidly digested than starch; otherwise they are entirely comparable fuels."

He discussed the proportion desired to be contributed by cereals, sugar, fats, oils and meats. He said, "The place of sugar among the fuel foods depends upon consumers' desires within the general domain of fuel foods. We are a sugar-loving people; therefore we rate sugar high and consume it freely in many forms."

"The use of sugar as an emergency fuel," he went on to say, "depends upon its rapid resorption. The process of resorption is so rapid that sugar appears in the muscles (the fire-box of the body) within a few minutes after ingestion. Practical experience has confirmed experiment in this regard."

He went on to show that overweight is not due to sweets alone. "When the dietary habits of overweight individuals are scrutinized, it will be found that sugar is the foodstuff gorged by some, starches by others, fats and oils by others, and meats by others. . . . Directly speaking, the average increase in body weight cannot be attributed to increase in intake of sugar or any other single foodstuff. . . ."

There has been so much dietary misstatement, and so much injury resulting from it, that medical and scientific authorities are beginning to instruct the public to eat enough. Learn the value of sugar for making nearly all healthful foods palatable and enjoyable. Good food promotes good health. The Sugar Institute, 129 Front Street, New York City.

"'Do you happen to know'...my mother asked me ...'what ever became of the very cross baby who used to be here?'...I didn't know...then she laughed and told me...'It was you. .all chafed and uncomfortable! You see, we'd been using the wrong kind of powder!.... Now this'...and something velvety soft nestled next to me! ..'this is made specially for you, my dear!.... that's why you're so nice....and comfortable, now!'"

Johnson's Baby Powder

Johnson & Johnson

World's Largest Manufacturers of Surgical Dressings: "ZO" Cartridge Spool Adhesive Plaster, etc.

(THE CHIEF CHEMIST PUTS IT THIS WAY....)

BABY powders are not all alike—largely because of the difference in *talcs*. The costly Italian talc used for Johnson's Baby Powder is made up of soft, tiny flakes. But look through a microscope at the cheaper talcs used in some baby powders and you'll see sharp, *needle*-like particles!

Make this simple test: rub a little Johnson's Baby Powder between your thumb and fingers—then do the same with another powder. You'll notice a difference!

Johnson's Baby Powder contains *no* stearate of zinc.

•

Free Samples—Let us send you a generous free sample of Johnson's Baby Powder. With it we'll include free samples of two other products important to the comfort of your baby—Johnson's Baby Soap and Baby Cream. Write to Baby Products Division, Dept. 300— C. 4-29. Johnson & Johnson, New Brunswick, N. J.

Out of the MOUTHS OF BABES

One dollar will be paid for each child's saying published in this department

TWO small boys on the street car were watching everything and talking as small boys do, when the conductor's whistle attracted them.

"Get on to the whistle!" said one.

"Yep!" said the other. "But what's he got it tied to a string for?"

This was a poser for a minute and then the little one chirped:

"I know what for. It's to keep him from swallering it."—*Mrs. T. A. P., Pocatello, Idaho.*

SONNY was always extremely interested in the taking of his temperature and wanted to know all the details. So one day I was not surprised after removing the thermometer to hear him say in a most inquiring voice:

"Mother, what do you do with my temperature after you 'take it'?"—*Mrs. K. L. S., Lancaster, Pa.*

AN AUNT of Charlotte and Marian had come to visit them. It was her custom to bring them a present whenever she came, but their mother warned them that they must not ask her whether she had brought them gifts this time. Charlotte waited as long as was humanly possible, and finally blurted out:

"Auntie, I'll bet it won't be five minutes till Marian will be asking what you brought her."—*M. Z., Kansas City, Mo.*

A LITTLE girl and her father were walking down the street and passed a cat hurrying in the opposite direction.

"Good morning, Kitty," said the little girl politely.

"Did she answer you?" asked her father.

"No," said the child, "I suppose she was in too much of a hurry—but she waved her tail."—*N. B., New York.*

MARGARET stood in the parlor doorway, with one hand on the door knob. For a moment she gazed at her father, who was preparing to take his afternoon nap.

"Papa," said she, "do you know what I am going to give you for your birthday when it comes?"

"No, dear," answered the fond father, "but please tell me."

"A nice new china shaving mug, with gold flowers on it a'l around," said his daughter.

"But, my dear," explained her parent, "papa has a nice one like that now."

"No, he hasn't," Margaret answered, thoughtfully, " 'cause—I've just dropped it!"—*O. M., Columbus, O.*

"BILLY, please shut the screen door," said Billy's mother to Billy, aged three. "Don't you see that the house is full of flies?"

"Yes, mother," said Billy, "I'm holding the door open for the flies to go out."—*Mrs. W. H. D., New Haven, Conn.*

Food for the Sun-Starved

HOW grateful the sun is beginning to be upon the cheek! One side warm and comfortable, fairly soaking up the light. The other cool, swept with April winds. All too soon the clouds gather, all too quickly the sun sets. What a pity the summer isn't here!

But in thousands of homes tonight the summer sun will be a welcome visitor long after the capricious April sun has gone to rest. Countless men, women and children will bathe their whole bodies in summer sunshine just at bedtime. They will sleep sounder, wake with greater enthusiasm, go through the day with less fatigue and more joy. Such are the gifts of the summer sun — and the summer sun can be made to shine at the turn of the switch on the Eveready Sunshine Lamp!

Think of calling the July sun to pour its radiance over your children at bedtime! Remember how they played upon the beach last summer, so happy and so content because the sun was working its magic on skin and nerves, muscle and bone? Now summer can come and summer can go, but the sunshine that makes summer so vital to our well-being is recreated in an instant.

So close, so practically perfect is this duplication of sunshine that the light will do for you everything sunshine does. It will tan if you expose yourself long enough. Its warmth is grateful and resting.

Do not use this light to treat actual disease, for it is a powerful agent, just as powerful as the sun itself, and doctors know that sunshine sometimes harms the sick as much as it helps the well. If you are sick, get medical advice.

For full information as to the advantages and uses of the Eveready Sunshine Lamp, write for booklet, "Making the Summer Sun Stand Still."

NATIONAL CARBON COMPANY, INC.
Carbon Sales Division, Cleveland, Ohio
Unit of Union Carbide UCC *and Carbon Corporation*

The new Eveready Sunshine Lamp plugs into any convenience outlet and comes complete with two pairs of special goggles and ten Eveready Sunshine Carbons, ready to operate. Price, $137.50. Sold by electric light companies, electrical specialty dealers, department stores and physicians' supply houses.

EVEREADY Sunshine Lamp

Eveready Sunshine Lamp

ASK YOUR PHYSICIAN

EVEREADY Sunshine Carbons

Guard The *Danger Line*

CAREFREE CHILDHOOD! protect it . . .

Acids forming there are one of childhood's most serious enemies

One of the greatest sources of the troubles that come to children is the neglect of baby teeth. Too often they are deemed unimportant. This is a great mistake. For, while the baby teeth are still in place, the permanent teeth are forming in the jaws. And so, decay and premature loss of the first teeth may cause serious harm to the second teeth.

Decay can begin almost at once after the first teeth appear. Principally it attacks the grinding surfaces. Often it occurs along the V-shaped crevices where the edge of the gums meets the teeth—The Danger Line.

Squibb's Dental Cream will accomplish this. It is particularly effective because it contains more than fifty per cent of Squibb's Milk of Magnesia. Every time Squibb's Dental Cream is used it neutralizes the dangerous acids which cause decay and irritate the gums. Tiny particles of the Milk of Magnesia lodge in the mouth, giving protection afterwards.

Squibb's Dental Cream contains no grit, astringents nor antiseptics. It is pleasantly flavored. Children like to use it. Squibb's Dental Cream is on sale at all druggists —only 40 cents for a large tube. E. R. Squibb & Sons, New York. *Manufacturing Chemists to the Medical Profession since* 1858. The Priceless Ingredient of every product is the honor and integrity of its maker.

Listen in every Friday evening from 7.15 to 7.30 Eastern Standard Time over Stations WJZ, WBZ, WBZA, WHAM, KDKA, WJR, KWK, WREN, WTMJ, KOA, KSTP, WLW, for interesting talks on the preservation of health by eminent authorities through broadcasting facilities provided by E. R. Squibb & Sons. © 1929 by E. R. Squibb & Sons

Squibb's Milk of Magnesia is a pure, effective product that is free from any unpleasant, earthy taste. Its unsurpassed antacid qualities and mild laxative action make it truly valuable in helping to promote alimentation.

SQUIBB'S DENTAL CREAM

HOME MOVIES

By John Beardslee Carrigan
Amateur Cinema League, Inc.

THERE is hardly a parent today who is not interested in the possibility of taking motion pictures of his children. A comparatively short time ago such a thing seemed impossible to the average family. Machines were expensive and the taking of pictures had not been simplified to the point where the average mother and father felt that they could undertake it. But just because of the fascinating possibilities in taking motion pictures of one's own youngster, parents were eager to have cameras and films that would make it practicable. That is why today there are on the market just such cameras and films and the demand for them is steadily increasing.

One fault with the early motion picture cameras for home use was that they used the nitrate film, which is inflammable. It was natural enough that parents should fear such a film and that their demand for safety should lead to the perfecting of a new type of film especially designed for home use. This is called the Safety Film, for there is no danger of fire hazards in using it.

Because this film is narrower, it is less expensive. The smaller machinery in cameras and projectors meant a similar economy for apparatus. The cost of making home movies dropped to an amount which could be afforded by the American home which could purchase radios or phonographs. Of course this compactness also meant greater portability and adaptability to every possible use. The simplicity of the apparatus and the ease with which it could be successfully used led to the widest adoption of movie-making in the home. Thousands of parents have substituted for the album of snapshots a vivid, film-history of their children.

Many other interesting and valuable uses have been worked out for amateur movie equipment. Travelers have embraced it as a means of recreating their experiences in foreign lands. Sportsmen at home have found it not only a means for recording their sports, but through their films have been able to detect errors in form and thus improve their games. And sportsmen in the field are now more and more discarding their guns for this new kind of "shooting," which captures the great outdoors and its wild inhabitants alive and permanently. There are also hundreds of groups of amateur actors who have formed movie clubs to produce photoplays of their own devising. The schools are adopting it widely as education becomes modernized through visual methods. But the love of parents for their children is the most important factor in the present rapidly accelerating popularity of home movies.

(In May this department will discuss the equipment necessary for home movie making.)

Surely she deserves this gift that keeps the story of her life *—in motion pictures!*

SHE'S only a baby today—that little 'movie queen' in your home. Only a few more tomorrows and she'll be tripping off to school. Then the briefest of intervals between school days and womanhood.

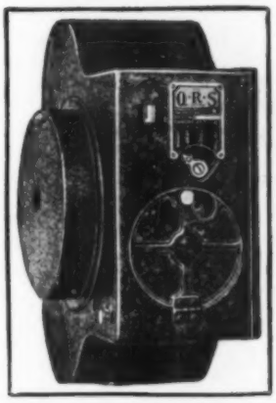
What a pity to allow these treasured years to be lost to you and to her forever!

Certainly price is no longer a barrier. Because motion pictures of the loved ones in your home are now for the first time within the reach of all. The new Q.R.S. Home Movie Camera takes pictures comparable to those of cameras costing three times as much or more. It operates simply—but professionally. Only three adjustments—bright days, gray days and dull days. Has both 'waist level' and 'eye level' finders. Footage dial shows you at a glance just how much film you have taken. *Uses Eastman or other standard 16 mm. film.* And the camera costs only $39.50.

Any Q.R.S. dealer in your city will be glad to demonstrate this wonderful movie camera for you. Also the new Q.R.S. 16 mm. Home Movie Projector—small in size—light in weight—simple—and amazingly efficient.

The Q.R.S. Projector may be had in two models—the hand-operated at $37.50—and the motor-driven at $55.00. See this remarkable home movie outfit today at your Q.R.S. dealer. Or mail the coupon for more fully detailed information about it.

Q·R·S Home Movie Camera



$39.50

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333 N. Michigan Ave., Chicago

Gentlemen:—Without obligation to me, please send me full information about your Q.R.S. Home Movie Camera and Projector.

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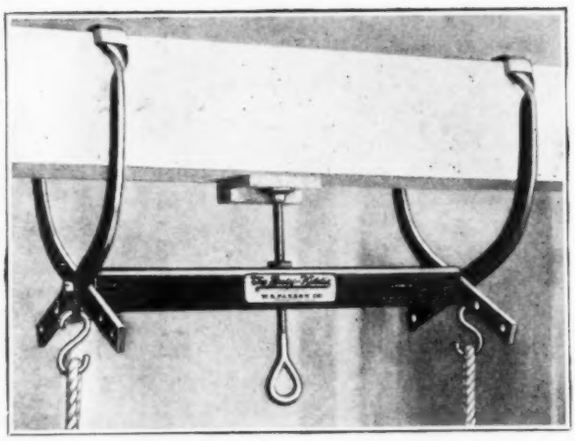
EXERCISE!



THE PATENTED "BUSY KIDDIE" HANGER

The patented "BUSY KIDDIE" Hanger turns any doorway into a gym.
It clamps on to the door trim without marring the woodwork and does away with treacherous, unsightly screw-eyes. It is tested to 350 lbs.
Swing, spring exerciser, trapeze, and flying rings can all be hooked on to one and the same Hanger—as desired.
Fastened and released by a turn of the thumb screw in the middle.
PATENTED SO THERE IS NOTHING LIKE IT.

"BUSY KIDDIE" Swing

How inviting the swing looks and how it makes the time fly in healthy fun.
In the lower right and left-hand corners are children on "BUSY KIDDIE" trapeze and rings, building muscle and health, while keeping joyously occupied.

A Close-up of the "BUSY KIDDIE" Spring Exerciser

"BUSY KIDDIE" Exerciser

And if the grown-ups are getting soft of muscle and possibly a little too hefty, just buy a pair of our spring exercisers, snap them to the children's "BUSY KIDDIE" Hanger, and go to it—the cut shows the hook-up.

"BUSY KIDDIE" Trapeze

The "BUSY KIDDIE" is unique, not only on account of its patented Hanger, but also because it can be used by the whole family—from three years up, to be exact—to build strength, health and character.

One "BUSY KIDDIE" set lasts indefinitely. Sold by department, toy and sporting goods stores, or direct.

Ideal As a Gift the Year Round

Don't Procrastinate — Write for Free Folder To-day

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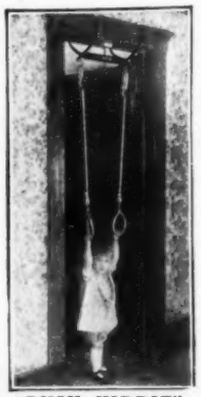

"BUSY KIDDIE" Rings

Making the Home Safe for Children

(*Continued from page* 31)

is one way of setting a trap for hurrying and thoughtless feet. Serious falls sometimes are brought about by this type of negligence. A sill at the basement door has prevented more than one baby, mounted on a kiddie kar, from dashing headlong to the cement floor below.

Unfortunately the falling accidents do not end with mishaps on floors and stairs. Sometimes youngsters dive out of windows into the outdoors. Keeping the fastenings of the screens in condition is an insurance against disaster, and using the upper sash for ventilating purposes is a brand of super-intelligence.

Children go through the climbing stage. I have a little girl under my rooftree who gave evidence of becoming a first-class acrobat. I encouraged the climbing but for constructive purposes. I purchased some attractive steps, manufactured especially for the pre-school child's activities. They encourage self-care. With their use, the two-year-old, for example, can climb into bed, up to the lavatory to wash his hands and face and to brush his teeth, onto the toilet, up to the window and various other places. Such efforts satisfy the youngster's desire to climb by providing him sufficient exercise of the proper type. In other words, it is one way of directing his energies in the proper channels.

Bathtubs are an ally of good health, but entirely too many accidents occur in them, accidents which could be prevented by forethought. Many falls come because a piece of soap is left in the tub and the bather steps on it and skids. A heavy Turkish towel spread in the bottom of the tub makes a secure foundation for the young child.

Then there is the matter of the bath mat. Some of the most handsome ones slip on wet floors. There is a comparatively new one on the market that is guaranteed not to skid even on a wet tile floor. It is made of rubberized material like the popular bath sponges. These mats, which make all varieties of bathroom floors safe, come in lovely colorings. They also may be cleaned easily.

IF there is a creeping baby in the family, a play pen is a safety device. The infant can be taught to amuse himself within its comfortable confines where he is safe from the fire in the grate, the pin that has dropped on the floor and from a hundred other hazards. In this pen he can rest while the mother steps outdoors to hang up a few clothes. Here he can abide while she is washing.

A word here about the washing machine. When a washing machine is purchased, it is well to give an eye to how well the motor and other moving parts are protected from little hands. Toddlers are attracted by the motion of machinery and sometimes lose their fingers in making an examination of

(*Turn to page* 52)

SANITAS
MODERN WALL COVERING

Decorative Beauty that Defies Children's Finger-Marks

How shall we decorate the nursery or children's rooms? This is a simple problem to solve with Sanitas Modern Wall Covering.

The rooms can be as cheerful, colorful and attractive as they should be and still have the advantage of being easily cleaned with a damp cloth.

The surface of Sanitas is impervious to moisture—it cannot absorb water stains or be permanently injured by casual scuffing of furniture against the walls.

Then, too, Sanitas on ceilings helps to strengthen cracked surfaces.

Sanitas is obtainable in styles for every room in the house. See the Sanitas Sample Book containing the complete line, at your decorators.

Samples and literature on request

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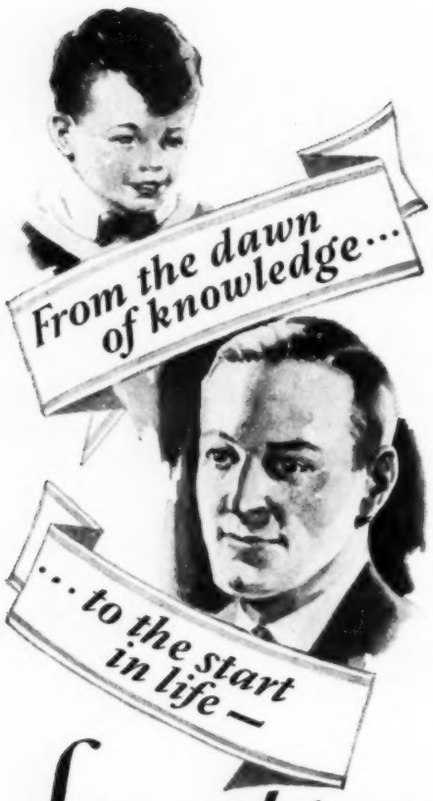

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for children of every age

Schools have changed. Life has changed. Something new had to be done for the children of every age. Compton did it.

Compton's took the learning in the world, made it intensely interesting by picture and story and yet kept it in encyclopedic form so that children could get at it. So in Compton's for the first time in all the centuries is the first complete set of reference books in encyclopedic form that the children and the youth of the world have ever had. It is called COMPTON'S *Pictured Encyclopedia*. By making their work more interesting, Compton's often means better marks in school for children of every age from Kindergarten through High. And these better marks in school give to young people THE HABIT OF SUCCESS which makes for LEADERSHIP in life. Mail this coupon and see how children are already using Compton's in 40,000 schools and 300,000 homes.

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Please check the ages of your children so we can send sample pages most interesting to them.

☐ Pre School ☐ Grade School ☐ High School

Making the Home Safe for Children

(*Continued from page* 50)

an object that interests them. This danger is, however, practically eliminated by the manufacturers of the best grades of washing machines.

Then there is the electric fan, a comfort producer in many communities during the warm weather. This appliance may be purchased with a guard. It is a fine plan to have the fan situated rather high in the room, for warm air rises. A shelf may be installed to accommodate this device, and the cord should be arranged so that little hands cannot reach it. For the kitchen a splendid type of ventilation is provided by the fan that fits into the upper frame of the window. It presents no dangers to children. A new invention is the fanlike contrivance that fits into the upper part of the hot-air furnace. This aids in distributing the heat in the winter and in keeping the premises cold in the summer. Boys and girls cannot meddle with it.

Poisons in the medicine chest are indeed an old danger, but one that is persistent in remaining with us. Usually the trouble comes with the hurried mother taking medicine out of the wrong bottle. Plainly labeled containers help, but sticking a pin in the cork so that the bottle cannot be opened without the hand feeling the head of the pin is another homely reminder.

Since the mouth is baby's testing laboratory, swallowing dangers are presented to parents. Using the vacuum cleaner every morning or the last thing at night before retiring, is a quick way to gather up the small articles that the creeping child might find. Toys bear daily inspection to make certain there are no loose parts.

TROUBLE comes sometimes with the gas range. Its keys tantalize young eyes. To turn them on without the knowledge of Mother, or other adult caring for the child, might result in asphyxiation. If a child does not know that he must not turn these keys, particular pains should be taken to teach him. It is now possible to buy stoves with safety locks on them or to have the locks fitted on the gas stove you already own.

Curiosity leads many a child into danger. The hot electric iron standing on the ironing board seems shiny and inviting. The youngster is seized with the desire to investigate it, to rub his fingers on its satiny surface. That is why he is burned. Keeping heated appliances beyond the young child's reach, along with education about heat and cold, is the safe program.

Many a woman is made a better housekeeper by her young children. Orderliness is essential to safety. The young mother sometimes recognizes for the first time the advantage of keeping everything in its place. Safety makes another demand of the young mother. It is that she make certain that her children have regular habits. The child who gets an inadequate amount of sleep and rest, for example, is irritable. In

this condition he is much more likely to encounter accidents than he is if feeling happy.

All small children have an interest for at least a few months in the unsafe articles and operations to be found in a household. About the best way to get a youngster through this stage is to let him perform the questionable tasks under careful guidance. If allowed to handle pins, with the mother at his side, he will learn how they feel. Soon his interest in them will wane. If the scissors are a source of great curiosity, some with blunt ends, such as are used in kindergartens and nursery schools, may be provided. After trying to use them, he will find their mystery has disappeared. Other shears are best kept out of the child's reach and in shields.

Safety in the home, after all, depends largely on the good judgment of the parents. Most of the dangers to children can be eliminated rather easily.

If the stairs in your home are narrow and winding, and it is impossible to have new ones installed, a wooden gate may be used at the top, and another at the bottom, to keep the youngster off the steps. Mothers and fathers can guide their babies safely through these periods of dangerous investigating but the program will need to be flavored with discipline.

A Church Just for Children

(*Continued from page 24*)

sermonette especially for children, prepared by the rector of St. Andrew's and read by the youthful minister of the day, while hymns sung by all bring the service to a close.

All is done with reverent propriety, to foster and conserve a belief in love, a belief in loveliness and a belief in belief.

Eager to hear the children's own reaction to their church, I asked my youthful companion who had served for some time as the clerk of the vestry, but who "resigned to give the other children a chance," what he thought the Cathedral had done for the children of Walden.

"Oh, it makes them want to come to church," he replied. "Before, the children didn't hardly come to Sunday school even, but now they *love* to come to the Cathedral. Why, two Italians came all by themselves, and a boy who just came from England, he came the first Sunday he was in Walden."

"And why do you think they like to come?" I continued.

"Because it's *their* church and there's something for everyone to do. They love to sing in the choir, some of them just little chaps, too, but you ought to hear them sing. Lots come even when they're half sick. Why, I don't know what the boys who take up the collection would do if we took that away from them; I guess they'd just about die! Grown-up churches are all right for grown-up people, but we're so glad to have one that's all our own."

Another secret there is for the success of the Cathedral: Mr. Langstaff, the rector of St. Andrew's, to whose inspiration the Cathedral is due, loves and understands children.

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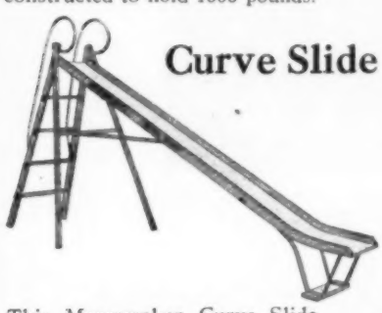
A great favorite for homes and kindergartens. Special bottom keeps sand in perfect condition. Seat Boards all around and high legs keep children off damp ground.

Curve Slide



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It is pleasant, easy and remunerative work that can be done during your spare time.

For full information send in the coupon on page 74 or write to

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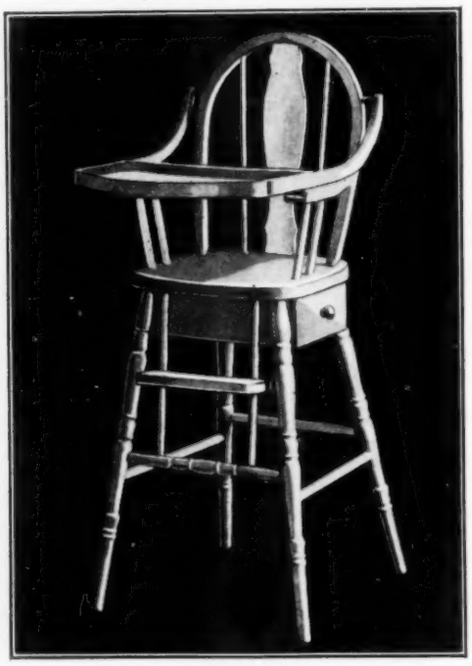
CHILDREN, The Parents' Magazine, 255 Fourth Avenue, New York

Health Experts Helped design this new Scientific High Chair



Protect baby's health the first three years and you have laid a strong foundation for his later life. Proper food, clean surroundings, and nursery furniture designed for correct support and comfort are of inestimable value.

The leading child health authorities of the country have worked with the Mason Manufacturing Company in developing a high chair that will be scientifically correct for baby's health.

The New Mason High Chair has an adjustable foot rest to meet the needs of baby's growth. The high back supports the tiny muscles and back, but slopes enough to allow free head motion. Slanting legs prevent tipping. The seat is of the saddle type for comfort. The aluminum tray takes any child's size dish; and there is even a small drawer in the side for bib and spoon and perhaps a small toy.

This sturdy high chair is as beautifully finished as it is strongly constructed. It is a piece of furniture that will serve baby well, from before his first birthday to his fourth. It costs but fifteen dollars.

You will find the Mason High Chair and other Mason furniture for children at most department stores, children's specialty shops and furniture stores. Ask to see the child's table and chair sets and lawn swing, also.

If your store cannot supply you, we will be glad to: we can deliver right to your home. When ordering, specify one of these finishes—buff, green or mahogany.

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..... I enclose fifteen dollars for the child's high chair.
..... Send me leaflet fully describing the child's chair.
Name_____
Address_____

If You Worry About Your Child

(*Continued from page* 17)

our standard of it may in themselves be as normal as the goal we have set. Your dreamy child may be an artist, a writer or perhaps an actor in the making. Your over-boisterous child may be serving notice that accomplishments needing strength and vast energy lie ahead of him. Your bad tempered child may be expressing his need of understanding and his own failure to find his type of self-expression. Your child with physical disabilities, such as malnutrition, nervousness or lack of vitality, may be simply showing his reaction to an unhappy home life, lack of sufficient rest, over-stimulation or too much "canned" play.

THERE are two basic principles back of all successful attempts to solve the problems that beset childhood. One is that the child's chief business, that of growing up mentally and physically, is a continuous process from the prenatal period through adolescence and that it cannot be divided arbitrarily into set parts each with a beginning and an end. Whether it be from the mental or physical point of view, the health of the baby will depend upon his care during the prenatal period. Health during infancy will determine the degree of health during the remainder of the preschool age. The child of school age will be healthy and able to meet the demands of every day if his early life-needs have been met. And the adult will be the result of all this continuous care and understanding during the entire period of his infancy and childhood. The second principle is the recognition of the child as an individual and not as one of a set type. We cannot standardize children and it will be better for all children when we stop trying to do so.

There cannot be any set formula for child care. But there are certain signposts that we can all follow to advantage. We can apply the two principles that I have already mentioned. And we can build on these. As a working method, I want to suggest the great need of prevention rather than cure. A better understanding of our children's needs and temperaments will dissipate many of the bogeys of temperamental faults and failings. But from my own experience with modern parents and their children I would like to emphasize the fact that a little judicious neglect is often far safer than worried over-attention. I am not speaking of definitely abnormal conditions. When these occur, there is no doubt that something is wrong and definite attention is necessary. But the habit on the part of parents—which I feel shows an alarming tendency to grow—of over-anxiety, over-watchfulness and over-attention to the common behavior of children is to be decried. I have "cured" many children of vague "illnesses" and have relieved the anxiety of scores of mothers by the simple accident of breaking the family clinical thermometer. I have seen many children recover their appetite when coaxing them to eat became a

thing of the past. Scores of instances can be reported of recovery from nervousness, tantrums and malnutrition as a result of getting the child away from an over-hectic and disturbed family life. There are few lapses from good behavior in children that will not yield to a simple and understanding home atmosphere and environment. We may not like to acknowledge it but when a child is a problem, the first step toward cure leads in the direction of his environment and the people who surround him.

IN matters of health we have already demonstrated the wholesomeness and truth of this attitude. Our baby death-rate has been reduced over one-half in the past fifteen years by the simple procedure of teaching mothers how to keep their babies well instead of asking doctors to cure them after they have become ill. Many of the common contageous diseases have almost vanished because we have learned that prevention is easier and safer than cure. The occurrence of common physical defects has shown a steady decline since we have found that we can prevent them by following the simple rules of hygiene. Dental hygiene has resulted in sounder teeth for this new generation than any other generation has ever had. Children today are healthier and sturdier than any children have ever been before in this country. And all of this has come about because we have learned how to keep them well and strong. The true child hygienist realizes that any need for the cure of the physical ailments mentioned above is a confession of failure on his part.

In order to achieve a well-rounded childhood, we need only apply the same methods to the other sides of the child's life. There is no period in the entire life history of an individual that is so full of potential possibilities as the period under five years of age. Here we have the time of most rapid development both mental and physical, the time when habits do not have to be changed before new ones can be learned, the time when the child is more definitely affected by his environment than he will ever be again. It is the age of plasticity, the age when we have in our hands the most malleable of material, the age of eager wondering and implicit belief. A clean slate. May the writing we trace upon it be worthy!

For a Child

There in the darkness turning and waking,
Little one startled, beginning to weep,
Life is a toy you will not be breaking—
Drop on your pillows and go back to sleep!

There will be bruises, there will be growing,
There will be sorrows and there will be joys:
Close the doors tight on coming and going—
And never forget to care for your toys!

—*Bert Cooksley*

Check "ammonia diaper" irritation *with* MENNEN

When red blotches of irritation appear on baby in the "diaper region" it is probably caused by "ammonia diaper" (easily recognized by the odor.)

Mennen Borated Baby Powder gives quick relief

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Your doctor will tell you of the virtues of boric acid and zinc oxide in the treatment of inflamed skin.

Mennen Borated Baby Powder quenches the "fire" in the diaper region—soothes and cools the child's skin by helping evaporate excess moisture.

Mennen is different from all other powders because it is properly Borated and Zincated in combination with a perfect blend of purest talc.

You will note the softness and smoothness of Mennen Borated Baby Powder. It prevents friction and chafing in the folds of baby's skin.

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If so, supply each child with this health precaution—a handy 10c package of Stone's Sanitary Straws. Then they will be safeguarded against any possible infection from public drinking glasses. In addition, straws encourage slower, more healthful drinking and make the best drinks taste better!

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I am enclosing ten cents (stamps or coin) for which please send me the handy home package of Stone's Sanitary Straws, postpaid.

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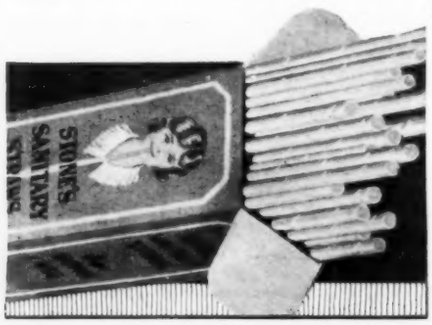

When to Say "No"

(*Continued from page 23*)

of strong traditions it would seem that each mother must make the same mistakes and learn her own lessons from such experiences. Unfortunately it is the children that suffer from the mistakes and somehow they should be protected. All children's parties should be as simple as possible, as to food, favors and entertainment, and should be so short that the children depart before the period of unruly behavior, almost certain to follow excitement, sets in. A dish of ice cream and a clean frock should make a party up to the age of twelve or thirteen, at least, and these parties should never be expensive or elaborate or large.

From thirteen to seventeen the real problem emerges, because we begin to have a relative instead of an absolute standard, as we have with children. When should the real boy-and-girl attitude begin, with dancing, and perhaps boys "taking" girls to parties? How late should these parties last, what refreshments are suitable to this age? All these questions emerge as the young people grow out of childhood.

The general rule that we must keep in mind is to err on the side of simplicity rather than in the opposite direction. We must do this because all the temptations of the age—of our children's desire to grow up quickly, of our own desire to make the party something that we would ourselves enjoy—all these temptations are urging us toward giving the adolescents all that they will have later on, and all sanity and wisdom is against that course.

JUST because it is so difficult to contrive indoor parties which will be entertaining and yet not too grown-up, whenever they can possibly be staged out of doors and with sports as their center, this should be done. If it must be indoors, have games of various kinds instead of too much dancing, and have good, wholesome food, which the boys especially will enjoy, rather than party food. Also if it is an evening party, make the hours short and early, even if an uproar of dissent greets your decision.

At this point we arrive at the great psychological difficulty of saying "no." I wonder how many parents realize that it is because they themselves want the things the children ask for, and because they vicariously enjoy their children's pleasures perhaps far more than the children themselves, that they find it so hard to refuse a request even when the children themselves really expect to be refused? Many parents use as an excuse the expression of a belief that childhood and youth should be just as happy as possible, and no joy, not harmful in itself, should be denied. This is, of course, to deny the truth that the refusal of the present is for the greater joy to come, and that happiness simply cannot result from unlimited pleasure. Over and over again the attempt has been made to take this road to happiness, and always without success.

As a matter of fact, our children's

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Give him all 4 vitamins in this new food-combination

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A famous biological chemist (name and copies of his report furnished on request) reported that a simple food-combination, made by adding Maltine With Cod Liver Oil to orange juice, contains the four vitamins—A, B, C and D, in adequate quantity for health.

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Ring in the Alarm—

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THE most exciting fun a child ever had with a toy! You open the alarm box—pull down the hook, and B-R-R-R—B-R-R goes the fire alarm. The doors fly open automatically and out dashes the engine! There's new fun all day long with these fascinating toys! If you already have a Kingsbury fire toy, buy the station separately. Price $5 (West of Miss. $5.50). There's a larger size Kingsbury Fire Station (18" long), that will take any of the larger Kingsbury fire toys, such as the Kingsbury Self-Erecting Aerial Ladder Truck No. 777. Both toys $8 (West of Miss. $8.80), Fire House only $6 (West of Miss. $6.60), Ladder Truck $2.75 (West of Miss. $3).

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resistance to wise restrictions is largely a hollow sham. The oft-repeated "Everyone else in our group or our school is allowed to do it, why can't I?" is nearly always false, and if one mother takes the trouble to consult the others, she will find in most cases, that the same game, often quite innocently, is being worked in every home in the community. If two or three mothers say, "No, we don't do things that way in our family however else they are done elsewhere" the resistance gives way with surprising ease, especially if positive interests are provided in other directions.

This is the most plastic period of our children's lives. Impressions made at this age are lasting and crucial in shaping their later careers. Is it too much of a sacrifice for us to stop in our own busy lives and decide what impressions shall be made in their recreation-time? Should not real happiness which, as Ruskin said, cannot be cheaply bought, be their goal in life rather than hectic amusement and pleasure?

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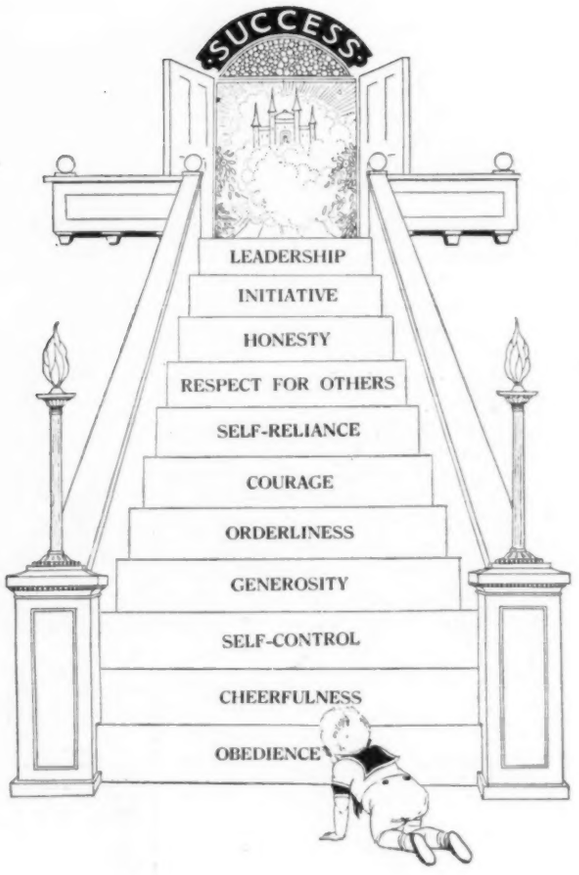

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Sterling character is not the result of chance; the rules by which it develops are found in The University Plan for Character Building.

It contains authentic information on every phase of the child problem.

It will help you prepare your little child mentally, physically, socially, and morally for the day when he enters school and will show you how to understand and how to co-operate with the aims of the school for the older child.

It places at your finger-tips the experience and knowledge of nationally known educators.

The University Plan for Character Building is so simple and practical that the busiest mother finds her task lightened.

Experimenting means making mistakes and then trying again; your child is too valuable for you to make mistakes in training.

Frederick E. Bolton, Ph.D., Dean of College of Education, University of Washington: It will be very valuable not only to teachers, but to parents who are earnestly seeking light on the rearing and training of their children.

William A. McKeever, LL.D., School of Creative Psychology, Topeka, Kansas: The most complete and comprehensive work of the kind I have ever seen.

Olive M. Jones, ex-President of the National Education Association: One of the most useful things brought out by any organization interested in the development of character.

Elizabeth J. Woodward, The Woodward School, Boston: Problems receive First Aid at the turn of a page.

Henry Neumann, Ph.D., Leader Brooklyn Ethical Culture Society: The advice to fathers and mothers is sound.

S. Parkes Cadman, D.D., Central Congregational Church, Brooklyn, N. Y.: I heartily commend The Home University Bookshelf to all who are interested in the welfare of children.

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Train Your Children's Taste in Clothes

(*Continued from page* 21)

almost, perhaps quite, as lovely may be had in the drygoods store in a remote town, or found on the pages of the mail-order catalogues.

If it means pleasure now and comfort later on, why not let our girls learn by trying what kind of clothes suit them? In the years from six to sixteen they grow up. They pass from babyhood, when they have no choice in the matter of costume, to young womanhood when they wish such freedom that we think ourselves lucky if we get enough on them to keep them warm. Much of the controversy between mothers and daughters is over the matter of clothes, and most of it is the result of the mother's feeling that she has the right to dress her child. The result of such a policy is that at the first possible moment, namely when she can lay hands on some money, the daughter runs out to buy in a spirit of abandon. When the packages come home the trouble begins.

If we are willing to make these years a time to teach our children the art of dress we must be willing to be shown ourselves. We must throw overboard a lot of prejudices. Each of us has a number of hand-me-down ideas about what one should and shouldn't wear. All these ideas should be taken out into the sun and aired before we decide to use them another season or cut them down for the children. Once we have them in the open we can look them over critically before taking them back into the house.

ONE of the matters over which mothers and daughters are most likely to disagree is the question of what is suitable or appropriate to wear. Here there is no doubt the conservative must make concessions, but she can begin when her daughters are young to build up a feeling for appropriateness. If there is any class distinction in clothes it is not between the woman who wears expensive clothes and the one who wears inexpensive ones, but between the woman who wears the right thing at the right time and the one who wears the wrong thing. A woman who wears a mink coat marketing is just as badly dressed as one who wears a slicker over an evening gown. Let the children in buying have in mind what the dress is for. If it is a school dress just ask them to look for something comfortable, simple and practical, in short, for working clothes. If the costume is for a party let them be as fancy as they like. But see to it that they set out with definite ideas in mind as to what they want. Gradually the seed will grow into a clearly defined policy as to clothes that may do away with the disputes over the question.

Childhood is the time, too, to give them some sound ideas as to the relation of clothes to health. I suppose more mothers have run to the door to call out to their sons and daughters "I know you aren't warm enough" than there are sea sands. The way to get

around this is to make the clothes which are essential to health attractive. Children who will fight day after day against wearing a heavy coat to play in will put on a cheap but sporty plaid mackinaw with pride. I once heard a woman ask a lecturer on child psychology, "What shall I do? My fourteen-year-old boy won't carry an umbrella?" The psychologist repressed a smile that was almost irrepressible and said, "Buy him a raincoat." Another thing a child should learn about clothes is to appreciate quality. I don't mean that he should be taught to buy only expensive things. But he should learn to look for a certain honesty which is a characteristic of all good workmanship. Sleazy materials, cheap trimming, over-ornamentation to cover up poor cut, all these he should learn to recognize as shoddy. A feeling for quality is a basic part of an education.

With these standards as our aim we can afford to allow the children to experiment a little along the artistic line. They have usually a flair for color. A child's taste in color is likely to be good, though perhaps primitive. They can be relied on to avoid the dingy reds and dull greens and drab shades in general. Clear brilliant hues appeal to a child and indeed to all true lovers of color. One need put almost no restraint on them in the matter of color for even the brightest hues are now considered suitable for any kind of dress. While the education is being given is a good time for them to learn what shades suit them best.

IN allowing them some choice we must remember that children have a very acute sense of touch, far more keen than that of an adult. They are therefore very sensitive to the feel of fabrics. So materials that seem attractive, even elegant to us, such as good tweeds, are rough and harsh and distinctly unpleasant to them. Velveteen is a universal favorite with children because of its "feel." One can't of course be guided wholly by these preferences, but they are so real that we might respect an intense dislike for a thing.

Most children have a fairly acute color sense and sense of touch but few of them have any feeling for line. The eye for beauty of line is an educated one. Indirectly a great deal of the difference of opinion on clothes arises out of the difference in the ability to recognize good and bad lines. Very scant skirts are offensive to us not probably because they are immodest but because they are ugly, because the tight short skirt is inartistic. The full pleated skirt does not offend us because it has grace. A full-length mirror offers the best means of educating taste in line. Don't be afraid that it will make your daughters vain. I know of no better preventative against vanity than the habit of consulting the mirror. Few of us, even among children, have beauty that will stand that critical scrutiny. The habit of appraising oneself doesn't lead to pride but may lead to improvement. There is no better time to

(*Turn to next page*)

Call of the Children

It is, indeed, true that the children, even more than the mother, are dependent on the father, who must recognize this by making due provision for the little ones in case he is called away.

This he generally does through insurance protection, and many fathers have made and are making such provision by arranging a policy in the

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Resources, $20,000,000

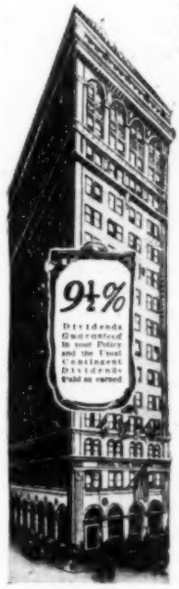
The contract thus taken out is approved by the State Insurance Department and may be Whole Life, Limited-Payment Life, Endowment, Joint Life, Child's Welfare or a Monthly Income policy under which the Company pays a stated sum each month, generally to the mother, to take care of the children when they are growing up, and in many cases the mother herself takes out insurance for their protection.

In either case the policy wisely provides

Help When Most Needed

The result is that the father and mother who thus look out for their family cannot fail to be always held by them in grateful remembrance, while those who fail thus to provide—well—it is enough to say that hardly any situation could be more serious.

It is well worth your while to have the POSTAL tell you about the different policy-contracts that can be issued as



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RAINY April days... long and dull ...or rainy April days full of CRAYOLA fun? Most any Court of Mothers will give a unanimous decision in favor of the latter for they know how quickly time passes...and how pleasantly...by the magic of CRAYOLA Wax Crayons.

Even the tiniest hands can hold a stick of CRAYOLA, and a single stroke gives color and form. Janice, aged half past three, draws animals and houses ... and Phyllis, who goes to kindergarten, draws flowers and animals and fruits. And it's always fun to make a new folder for Dad's cancelled checks, or for Mother's pet recipes. We may even, by encouraging an early appreciation of color and line, awaken a talent in our little tots which would otherwise be overlooked.

Perhaps you are planning an April "Rainbow Party" for your little girl or boy ... or some other kind of party. If you are, you will surely want our booklet of Seasonal Suggestions for Children's Parties (send us the coupon below) ... an interesting little booklet of games and decorations and invitations and placecards.

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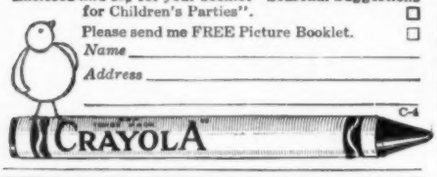

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No.	*Price*	*No.*	*Price*
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learn the effect of the line of clothes than during the years when the figure shoots up from fat babyhood to womanhood. To realize when to change from straight dresses to belted ones is to have made oneself conscious that figures change enough to demand different styles, a truth that many a plump woman of forty has never grasped. Let them look not only in the mirror but at fine pictures to see what really beautiful draperies are.

But most of all, clothes should be enjoyed. Don't expect children to learn all the rules of the game at once. Let them have some of the things they want even if they don't suit you, and above all don't make them have what they don't want. The result of that is to make them unhappy and ill at ease. Let them have in childhood the habitual feeling of well-being and to this sense clothes one enjoys can greatly contribute.

Motion Pictures

(*Continued from page* 34)

Regretfully we announce that we shall discontinue sending letters by air mail. After seeing THE AIR LEGION (*FBO*) we fear for the safety of correspondence entrusted to aviators such as those portrayed by Tony Moreno and Ben Lyon. And we wouldn't risk a sample copy of this magazine in the hands of the kind of organization for which these worthy actors toil. Planes sent out in the midst of hurricanes. Planes allowed to take off with badly damaged wings. Planes scooting along the bottom of canyons. Planes loaned to newlyweds for their honeymoons. But to our task! The picture is as harmless as an Air Mail postage stamp. And any child who is robust enough to lick a postage stamp can endure the picture.

GANG WAR (*FBO*) is a fine chamber of horrors. I lost count on the murders shortly after the nineteenth. Jack Pickford is most cruelly treated of all. His fate is worse than death. As a hero he is forced to be a saxophone player in a gunman's dive—and who could think of anything dreadfuller? He is kicked around, strangled, reduced to a hamburg steak with brass knuckles, and generally annoyed. There is some fine photography and directing, so far as the gunmen are concerned. And apart from assassination, booze, streetwalkers, and a few minor ailments, it's a nice picture—for those who like that sort of thing. Maybe you can guess just how well suited it is for children.

KILLING THE KILLER (*Ufa*) A fight to the death between a mongoose and a cobra, and one of the most magnificent animal pictures ever photographed. We saw it twice. Don't let your chidren miss it—even if you have to keep them out of school for the afternoon.

SCARLET SEAS (*First National*) One grand picture, with high-grade photography and three or four splendid shots of a ship of mutineers in a melodrama of the deep seas.

Doctors *Advise*

these Kleinert's Stockinette Crib Sheets, especially for very *little* babies, because they are soft and warm even when wet. They may be washed in hot soap suds in an electric washer and run through an electric wringer.

KLEINERT'S JIFFY BABY PANTS

are made of *pure* rubber, specially processed. Their ample fullness, soft knee and waist bands, and *guaranteed protection* are much appreciated by careful mothers. In natural, white, or flesh color in four sizes.

KLEINERT'S DIA-PADS

These snowy-white, soft-textured absorbent pads fold into the diaper and help to hold the moisture. They do away with the hardest, most disagreeable part of baby's laundry. Look for the name on all Kleinert's products.

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Pointers for Parents

Practical Suggestions Submitted by Readers

A Good Cleaner

ONE OF MY FAVORITE discoveries is the usefulness of a five-cent package of pipe cleaners which can be bought at any cigar store. They are excellent for cleaning medicine droppers. Take off the bulb of the dropper, clean the glass with the pipe-stem cleaner and then sterilize. The tiny brush is also useful in cleaning medicine or food tubes which are used by children or invalids.—*Mrs. T. C., Berkeley, Calif.*

Just Pat It

WHEN A CHILD REACHES the investigating stage, the everlasting "Don'ts" begin. Instead, we tried a positive suggestion with "Just pat it" as our watchword. It was a familiar word and Junior soon accepted the idea. Instead of pulling off the tablecloth he patted it; he patted the book whose slightly torn page was so tempting; he patted the petals of the flowers; and later, when the door-shutting impulse was so strong, he even patted the doors instead of slamming them. We found that this not only worked much to the advantage of the book or toy in question, but Junior learned gentleness and a great deal of friction was avoided.—*Mrs. A. S. H., Kenmore, New York.*

Antiseptic Pictures

WHEN MY SMALL DAUGHTER comes to me with a scratch or cut I get the mercurochrome bottle and paint on the wound a little man, a dog or anything that my daughter suggests or my meager artistic abilities will allow. Never for a moment does she hesitate to let me apply the antiseptic, because it is associated in her mind with the funny little pictures.—*Mrs. H. C. S., Pasadena, Calif.*

Something New in Toys

EVERY YOUNG MOTHER is faced with the necessity of finding inexpensive toys for her youngster when he is at that insatiable and destructive age between one and two. This was my problem until I found the very things to amuse and interest Junior. A large aluminum sugar-shaker with a good firm screw top made an excellent rattle when a large tea-ball was dropped inside—the largest size, in the event that Junior might develop sufficient strength and ingenuity to unscrew the top—in which case he would find nothing small enough to swallow. A handle to hold in his fist made shaking more fun than with an ordinary rattle; moreover the thing turned into a fascinating bathtub toy, when held under the water until full, then lifted in the air while the soapy water flowed out in a tiny shower through the holes. I tried all the shakers till I found one with the smoothest handle, but even then, for safety's sake, I wound the handle tightly with soft twine. A sink force-pump, ridiculous as it may seem, proved another source of pleasure—a plain wooden handle with a rubber cup on the end, which did no harm when banged against the woodwork. Also it provided a never-ending mystery—when Mother pressed it hard on the floor, Junior couldn't pull it up again; other times when she didn't press so hard, he could. Fascinating!—*Mrs. H. E. D., New Haven, Conn.*

Magic Stockings

ON RAINY DAYS when my two and three-year-olds get "underfoot" and the nursery fails to charm, I take out my "magic stockings," as I call them, and give one to each child. They are an old pair of woolen stockings full of all sorts of odds and ends that delight children. For instance: An old bottling cork, a little perfume box, empty spools, a little sample cake of soap, odd large buttons, bits of ribbon, bright scraps of goods, old playing cards, talcum powder boxes, odd gloves, in fact, everything that to us is junk and to a child is magic.—*Mrs. A. A. S., Devon, Pa.*

Save Sweeping

LET THE CHILDREN sit on a dark blanket when they are stringing beads or cutting paper. The blanket can be shaken out of the window when they are through and the room will be in order.—*Mrs. J. F., Yamhill, Ore.*

His Expanding World

WHEN MY BABY passed the "pen" age I was at a loss to know where to leave him in the house so he could be at liberty to play, having only his own things within his reach. Finally, I hit upon the idea of taking the "pen" apart and with it fencing off the sunny end of the living room. It is so placed as to make a gate in the center, which is opened to accommodate guests. —*Mrs. S. S. B., Piedmont, Ga.*

To Save Mother's Strength

AFTER THE TWINS ARRIVED I needed to conserve my strength. We arranged the bathroom as conveniently as possible, so that the twins' bath time and dressing time might not be too tiring for me. My husband constructed a sturdy little table frame and covered it with canvas. I made a long strip of cloth into deep

(*Turn to next page*)

Mother, keep your baby safe

from loose pins and buttons

The Vanta Baby Copyright 1926 Earnshaw Knitting Co.

Ten million mothers, 50,000 doctors and nurses, 10,000 heads of infants' departments in stores everywhere—all recommend

Vanta

Baby Garments

Original

No Pins No Buttons

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Protect your baby from pins that will come unfastened and buttons that will turn edgewise to torment his little body. Be sure that he never can find a loose pin or button to put into his mouth.

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Vanta SELF HELP Garments train babies of two years to dress themselves, developing their minds as well.

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FREE TO YOU

Vanta Pattern, also "Baby's Outfit," a book of 64 pages on care and dressing of babies.

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Pointers for Parents

(Continued from preceding page)

pockets, which we fastened onto three sides of the table. These hold wash cloths, towels, stockings, and other small articles. A stool fits under the table when not in use. Directly over the table hangs a medicine cabinet, containing the babies' toilet articles and medicines. The table stands next to the bathtub. My husband made a board platform that fits over the tub, upon which is set the babies' small tub. Without rising from the stool in front of the table I can lift the baby from the table into the tub. A rubber hose attached to the faucet fills the small tub quickly. Opposite the table, over the radiator we built three deep, open shelves. There diapers, nightgowns and shirts are kept warm and within easy reach.—*Mrs. T. A. Goodwin, Winnetka, Ill.*

Just Like Mother

CHILDREN ARE ALWAYS HAPPY when busy and they like to do the things that mother does. One day while canning fruit, my small daughter was clamoring for something to do. I had saved my cold cream jars, small medicine jars and little containers of that sort. I gave her this collection and a pan of apricot pits (they happened to be handy, any small objects would have answered). She spent many busy afternoons "canning fruit." The jars are almost unbreakable and putting something in them, screwing the lids off and on furnished delightful entertainment.—*Mrs. U. E. W., Santa Margarita, Cal.*

They Love to Feel Big

IN A NURSERY SCHOOL where I am practising the children are taught to put on their own coats in a novel way. The youngster puts the coat on his chair, lining side out, and then simply sits down and tucks his arms in. It is rather amusing to watch them go back to this simple method when they get their arms in the wrong sleeve. Besides saving the time of adults, this method greatly increases the youngsters' self-reliance, and they love to feel big!—*H. P., New York City.*

Try a Mending Bee

ONCE A WEEK I get out my mending basket and tell my daughters (age nine and eleven) that it is time for our "mending bee." You would think they were going to a party the way they fly for their sewing boxes. We sit down together. They sew on missing buttons, put elastic in their bloomers, sew up small rents while I do the more difficult mending. We visit. I often tell them of the things I did when I was a little girl, of the places I lived and of my girlhood friends. They love this. Then I lead them to talk of their own plans and interests. By the time the mending is done I feel we are better acquainted, nearer to each other, and they have cheerfully helped with useful work—*Mrs. V. E., Santa Margarita, Calif.*

. . . . . Danger to BOTTLE BABIES!

Doctors, nurses, state and city health departments warn of the many dangers to which bottle babies are subjected. Careless and improper feeding is the root of much of the trouble. *Proper care* in feeding begins with the use of Santro Nipples.

Santro Nipples are *transparent*—you can *see* the slightest speck of dirt that may lodge inside. Santro Nipples are *non-collapsible*, insuring against harmful interruption while feeding. These nipples are made in two different shapes—to suit your and baby's taste. Santro Nipples are highly endorsed by baby specialists and nurses throughout the country, and are for sale at your drug store.

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This popular manual on the selection of foods for the preservation of the characteristics of youth is written by eminent investigators in the foremost center of medical education, Johns Hopkins University. It gives in simple language an account of how the modern science of nutrition may contribute to the insurance of the health of the expectant mother, the safeguarding of the physical health of the child, the preservation of the teeth, the avoidance of digestive disturbances in the adult and the deference of the onset of the signs of old age. This book also tells how to increase the weight and how to reduce the weight without detriment to health. Many menus and practical menu suggestions are included. It is a scientific manual on the preservation of health through diet and right living.

An Ideal Gift for the New Mother!

A *new* baby in the house—what joy and what *responsibility!* A thousand problems to solve—so many things to learn! What better gift to a new mother than a year's subscription to this magazine which will make motherhood so much easier for her?

A handsome Gift Card will be sent in your name.

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Enclosed find $2.00 for which please send your magazine for one year to

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GN4 Your name here

Everyday Problems

(*Continued from page 32*)

A great deal is made of this pasting occasion—he is allowed to take the star from the box, and select the place on the chart where he wishes to paste it. Sometimes we guess where he will put it. In short, we make the *desired* result as interesting and pleasant for him as we possibly can; and the wet gown and bedding, and no star, provide unpleasantness enough for the undesired result. We always take him to the toilet before we go to bed, being sure that he is awake at this time, but this alone prior to the stars had not proved adequate. There is no shaming or blaming him, and no scolding, and the result has been unbelievably successful.—*Mrs. C. L. C., Oregon.*

EDITORIAL NOTE: *The following problem appeared in our February issue and prizes were offered for the best answers. First prize was awarded to the following letter from Mrs. Ruth L. Frankel, Philadelphia, Pa. Mrs. Gayle Aiken, Jr., of New Orleans, La., received second prize and Mrs. C. C. Quackenbush of Spokane, Washington, third prize.*

THE PROBLEM: Eleanor, who is three years old, has been told that she is soon to have a baby sister or brother. She has been told about the origin of life in some detail, and has appeared to be much worried about her mother's welfare. Her mother often finds her looking at her intently and with a puzzled expression. She frequently asks just how the baby is to come, and if her mother will be hurt.

HOW IT WAS HANDLED: Eleanor at three, seems to have been overburdened with knowledge. Perhaps her mother, in an effort to be ultra modern, was unwise in the amount of detail she gave the child. Now her thoughts need to be redirected, towards the joy the new baby will bring to the household, rather than towards her mother's suffering. It seems to me it is up to the mother to act at all times as normally as possible, and to stress the baby's welfare as the meaning of any special care of herself that the child notices.

Eleanor's questions should, of course, be answered, but not in unnecessary detail. The fact that nature has provided a special part of the body in which the child will grow, and a special outlet for its birth, may be told without undue stress, so that she will not be left to puzzle things out for herself, but emphasis should not be placed on physical details. As for the pain element, her mother can say that it hurts but that the doctor and nurses make her feel better and that she doesn't mind being hurt when she is to have such great happiness afterwards.

If Eleanor is allowed to share her mother's delight, and to help prepare the room and clothes for the newcomer, she will soon recover from her rather morbid attitude. She can be permitted to set aside some of her own possessions, as perhaps her crib, or highchair, or even her room, for the baby, and thus be led to a better understanding.—*Mrs. Ruth L. Frankel, Philadelphia, Pa.*

For Baby's Health and Comfort

BABIES are always comfortable and contented in Heywood-Wakefield carriages. The bodies are large and roomy; the springs are resilient; the gears are of the latest type, designed to absorb the slightest jolt or jar; and the upholstery is soft and comfortable. Mothers, too, enjoy Heywood-Wakefield carriages because they are designed to lift, handle, and wheel easily. Ask your dealer to show you some of the latest models. You can quickly identify Heywood-Wakefield carriages by the *Quality Seal on Every Wheel* (a red hub cap with the letters "H-W" in gold). You will find the prices surprisingly reasonable.

Send 6 cents to Heywood-Wakefield Company, 209 Washington Street, Boston, Mass., for a copy of our new edition of "In the Life of a Baby," a helpful book for new and prospective mothers.

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Healthy Fun for Children

MITCHELL Backyard Playground apparatus encourages happy, healthy play for children. It keeps them off the streets, away from trucks and autos, and helps them grow up with strong bodies and keen minds. This equipment is safe, reasonable in price and built to withstand many years of rough treatment.

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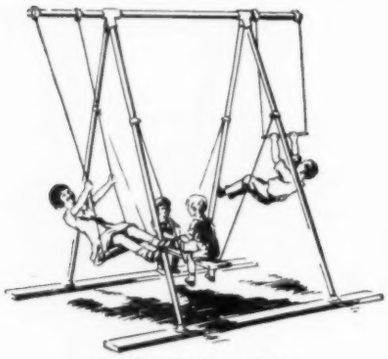
Playground Apparatus

Mitchell Kiddie Slide

The Mitchell Kiddie Slide is a lightweight portable device that will give the little tots many happy hours of healthy exercise. Can be used indoors or outdoors, requires little space and will last many years. Made in three sizes for children from 2 to 12 years of age.



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Please send your three-color catalog showing the complete line of Mitchell Betterbilt Playground Apparatus.

Name.....

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Should Mother Go Gadding?

(*Continued from page 25*)

as if there were favors and parcels. Then I know they love me.

I am convinced that my occasional "gadding," as my conscientious neighbor calls my outings, makes me a far better mother than it is possible for me to be if I were with my children constantly. Paradoxical as it may sound, I am a better mother by letting someone else act as their mother sometimes. Meeting other mothers with children the same age as my own, discussing our problems, exchanging ideas, getting a broader viewpoint as well as a change of scene, I return home to my own family a better parent—more understanding, more tolerant of their rights, more patient when they irritate me.

But how can the mother of three, who does most of her own work, find time to go out? That is the question I asked myself, and, when it seemed imperative that I should go, the answer came of itself: "She must make time."

MY third baby was born in the autumn, when my first child was three and a half years old. That winter I stayed home and actually drudged. I went nowhere. I didn't see how I could. All day long there was at least one baby awake. There was always one needing attention; sometimes two and often three all clamoring for something to be done at the same time.

By spring I had almost reached the breaking point; the endless washing of diapers, the tedious sorting, airing and folding of little garments, the monotonous rubbing of cereals and vegetables through sieves, the backbreaking and discouraging task of picking up; always, forever picking up, had become almost more than I could endure. My nerves were constantly on edge. My children, too, were growing irritable from the strain of constant association with a nervous, overtired mother. I even nagged my husband.

But just how disagreeable a person I had become I did not realize myself until my eldest child dropped her conversational tone and began shouting at me. In her voice I detected a true echo of my own. That one little incident taught me to use my children as a mirror. The reflection is sometimes harsh and unflattering, but it is always sincere and unwarped.

I realized then that if I wanted my daughter's way of speaking to improve I must first make changes within myself. It would be unreasonable to expect her to exercise self-control when I offered so poor an example of the lesson I wished to teach. What I needed, I decided, was a few hours away from home and babies occasionally. I was able to hire a high-school girl who loved youngsters and who was willing to take care of them when I wanted her to. After I felt that the children were sufficiently well acquainted with her and she with them, I began to go out, just as I had before the arrival of the third baby.

Occasionally stay-at-home friends have expressed doubts as to whether the

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mother of three with only a part-time helper can "gad" with a clear conscience. But I can conscientiously say that the results are beneficial to the children as well as to myself. Fortunately they came into the world with an endowment of perfect health, and are growing up with bodies so sturdy and strong that they have thus far effectually resisted the heavy colds and childhood diseases that assail altogether too many small children.

Perhaps my resolve to eliminate the non-essentials in housekeeping and my short-cuts in sewing and cooking have helped me to gain the few hours to myself that every mother should have. I appreciate the fact that time spent in the care of children and the preparation of their food is well worth while. It pays in increased health and vitality to make good soups for the children and to prepare plenty of fresh vegetables. The same menu is served to Father. What is more nourishing and tasteful than a good vegetable soup? When I serve carrots or spinach to the children I have the same vegetables for Father, and while at first he ate them as an example for the children to do likewise, he has grown to like them.

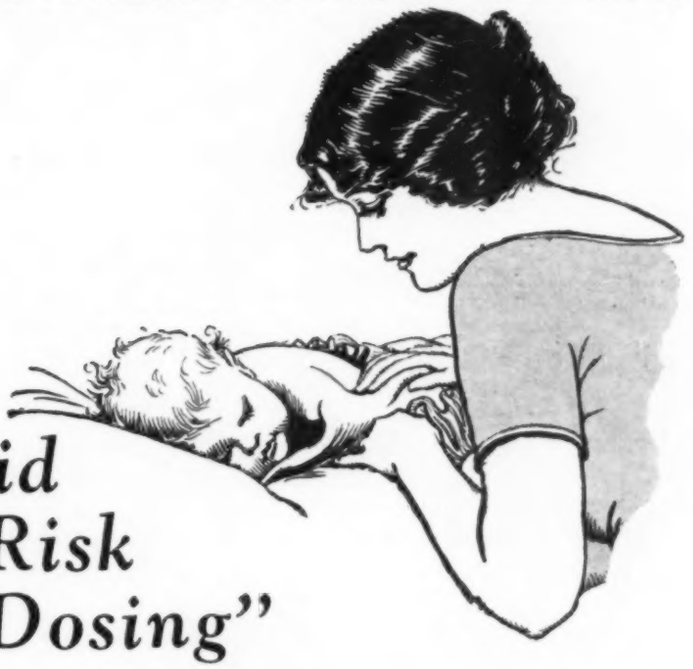
I MAKE a point of being at home at the children's mealtime, and generally plan my going out to coincide with their play or nap time. However, if I must be away at other times, as it happens on occasions, I leave their food prepared, with detailed typewritten instructions regarding hours and portions. I am almost always home at their bedtime, too, to send them off to slumberland with their cherished story and song.

I can rarely leave the children on short notice, but by planning a day or two in advance, I find that I can arrange my work conveniently. If I am to have an afternoon outing and not return until dinner time, I make a meat pie or other hearty casserole dish in the morning, so that all I need do is to warm it up when I get home. Since the children have their dinner at noon when I am there, it is an easy matter to prepare their cereal at night while the grown-ups' dinner is heating in the oven.

I am not going to eulogize electricity for its part in my housekeeping plan; I have not the eloquence, nor the space. Suffice it to say that were it not for my electric vacuum cleaner, my electric iron, and, my most cherished possession —next to husband and babies—an electric washer, I should find my job one ceaseless round of drudgery. God bless Benjamin Franklin, Thomas Edison and the local power plant!

If you will but analyze your methods in housekeeping and homemaking, with a view to reducing drudgery to its lowest terms and to eliminating non-essentials you will be surprised how much time you can save for other interests. All work and no play is bad for Mother. So make time and take time for outside activities. They will help rather than hinder you in being an excellent mother to your children.

TEACHING A NATION TO AVOID SEVERE COLDS



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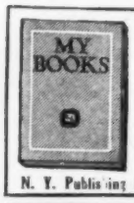

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Are Some Boys Born Bad?

(*Continued from page* 29)

any other. Now, we rarely get one."

"I see!" I cried, "he catches them on the fly before they do the thing that brings them here, and diverts their energies."

"Exactly. A child in trouble in school is a child on the way to the juvenile court. I'll ask the judge to swear you in and give you a letter to the principal."

It was arranged. I became an officer of the juvenile court and a member of the local police force. I received an impressive-looking badge, my letter, and the blessing of the Central Probation Officer.

The next morning I started out. I found the school, a grimy barracks of a building down in a section of the city where my friends assured me the residents would "cheerfully kill a man for five dollars." I confess that my heart was going a little faster than usual as I threaded my way through those gloomy streets squeezed between the river and the railroad; a tortured, flood-swept, rat-infested morass of human need.

A youthful citizen led me to the principal's office. I presented my letter. He was a kindly looking man but his face showed strain. He read my credentials and greeted me with unconcealed relief.

"You get all the obstinate truants and other children who are beyond the control of their teachers," he informed me. "Of course, teachers haven't the time to follow each bad boy to his home and reconstruct what's wrong there. That will be your job."

I TRIED to look as large and fierce as possible.

"Yes," I sighed. "What nationalities have you?"

He sighed.

"It would be easier to tell you those we haven't. Our larger groups are native Americans, including 'poor whites' from the South, Irish, Germans, Russians, Italians, and a line of descendants from the tribes of interior Africa."

"May I see a bad one?" I asked.

"You may. My problem this morning is an Italian lad who has been fairly good till now. But last week he disappeared. Gone two days. Turned up without an excuse. Looked a wreck. Naturally the teacher took him to task. Gave him a scolding. He refused to explain. I had an interview with him. He was sullen. He speaks perfectly fluent English but since his return he refuses to talk anything but Italian. We don't know what he's saying, but it sounds insolent. We have punished him but it has no effect. He's yours."

He went to the house telephone.

"Send Vincent down here, Miss Brown."

As Vincent came to the door, the principal was called to the outside telephone. The boy and I stared at each other across the room. He had a brooding little face. A clean-cut jaw, set firm, two beautiful, sad eyes. It was evident he expected trouble.

I winked at him.

He started and stared more atten-

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tively. Could it be that that person had winked at him? Grown people, especially school authorities, don't do such things. Probably he had imagined it.

I winked again. An Irish wink this time, made up with one eye and the corner of the mouth.

The sullen look faded. Curiosity grew in his face. The tense jaw relaxed. He was like a puppy that doesn't quite understand what it is all about.

I prayed that the principal would keep on at the telephone and leave us alone. There were two chairs near me. I dropped down on one, smiled at Vincent and beckoned him to the other. I had made up my mind to converse in signs until I was sure he would talk English to me.

He came readily enough and sat beside me. Staring, with a strange look of pain in the back of his eyes. Could I make him smile?

I gave him a grin, gestured furtively toward the principal, put my fingers to my lips and shook my head. The pantomime indicated that we couldn't talk in comfort while tiresome persons were shouting over the phone.

He smiled wearily back at me.

"He makes a fearful noise," he said.

THE principal hung up the receiver and turned toward us, but a waiting teacher claimed his attention. They went out together, leaving us alone. I turned to Vincent.

"I've come down here to make some friends," I explained. "Want to be one?"

Again that weary little smile.

"I'd like it," he said.

We shook hands.

"Good. I'll tell you about myself and you tell me about yourself."

I had made up my mind that each child should explain his own difficulties. Before he realized what had happened, Vincent was pouring out his tragic little story.

The two days truancy had been taken up with the death and burial of a beloved little sister. Shaken, stunned by the grief that had come to him, he had resorted to that natural refuge of a child in agony—silence.

Now, his tears flowed. I held his hand and waited, knowing the relief of such an outburst. When he had pulled himself together, we went out in the park till calm returned. A squirrel helped. That squirrel helped a lot. He was a friendly little beast that took peanuts from our hands.

That afternoon we sat in the great comforting stillness of the cathedral. An old Italian priest I knew came and talked to the boy in his mother tongue. Peace grew in the child's face.

The soft and torn heart of a little boy! Should I explain to the principal and the teacher? I should and did. Vincent went back to his classes. Conduct report for the next six months:

A A A A A A

* * * * * *

Well, well, this story was to have been about a bad boy. I made up my mind that I would be firm with that principal and demand something desperate in wickedness for my next assignment.

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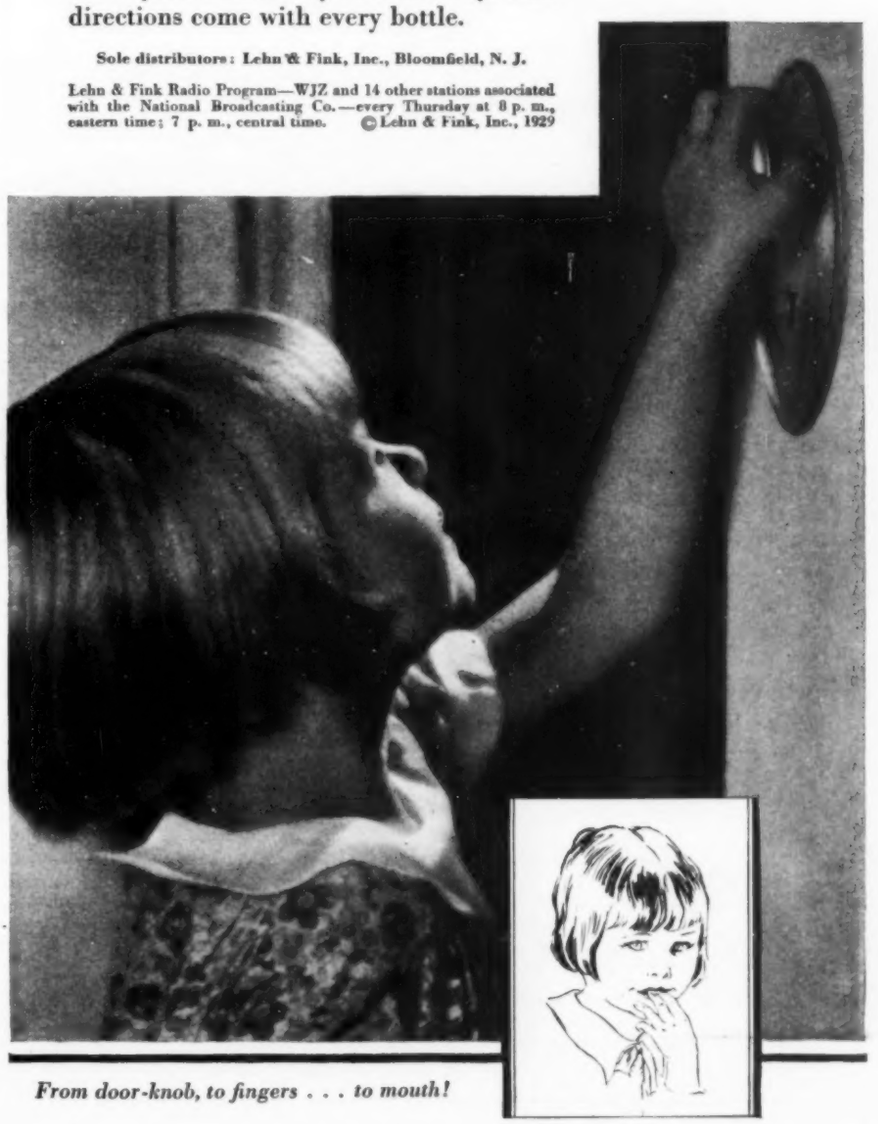

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Books for Parents

Common Sense in Education, by Bernard Iddings Bell, Head of St. Stephen's College, Columbia University. *William Morrow & Co., New York.* $2.50.

This comprehensive treatment of education for the benefit and guidance of the parent begins with the ever recurrent question "What is Education?" The author describes it as the process, or combination of processes, by which a child is helped to discover his own potentialities, the nature of the things and people which surround him, how they came to be the way they are, how they behave; those ultimate realities which are the source of courage, serenity, peace; and finally, a method of correlating his world with himself and both with the ultimates.

In the chapter "The Public School," Dr. Bell heavily scores our public school system for its over-standardization, its large classes and its routine teaching. Nor do the private schools escape without a scathing criticism by the author.

These two chapters which thoughtfully dissect the public and private school offer much food for reflection to the discriminating parent. While so much of the author's observation is necessarily critical, the following constructive paragraph describing the ideal type of private school sums up excellently what every school, both private and public, ought to be. "The type of school which actually and thoughtfully and scientifically studies each individual student and seeks to adjust him to life; the school which, with the utmost care, investigates his capabilities, probes for the meaning of his difficulties, helps him to resolve his inhibitions."

Let us stop here. To go further would be anticlimax, for to one interested in progressive education this paragraph is a nugget of pure gold.—*Reviewed by Stanwood Cobb.*

The Doctor Looks at Marriage and Medicine, by Joseph Collins. *Doubleday, Doran.* $3.00.

Dr. Collins, who in earlier writings looked at love, life and literature, here discusses woman as wife and mother, and various phases of medicine, of which the chapters on personality and mental hygiene in its relation to the up-bringing of children are of special interest to parents. He stresses the dangers in the failure of many parents to regard the child as an individual rather than a part of themselves, and of too much coddling and fondling. The child needs free activity without too many restrictions. His sex instruction can not start too early, nor his training in adaptation to the world. Fears are especially dangerous

(*Continued on opposite page*)

The Books of the Year

We Award Our Annual Medal and Six Honorable Mentions

DR. ARNOLD GESELL, Director of the Psycho-Clinic, Yale University, has been awarded the annual medal of CHILDREN, *The Parents' Magazine*, for his book INFANCY AND HUMAN GROWTH (*Macmillan*), which was declared by the Board of Editors of the magazine "the outstanding scientific contribution to child development published during 1928."

Six Honorable Mentions were also awarded by the Board of Editors of CHILDREN, *The Parents' Magazine*, for books published in 1928:

To Professor Ernest R. Groves and Mrs. Gladys Hoagland Groves for their book, PARENTS AND CHILDREN (*Lippincott*), which was adjudged "a good general introduction to parent-child relationships."

To Professor Leta S. Hollingworth for her book, THE PSYCHOLOGY OF THE ADOLESCENT (*Appleton*), which was adjudged "a sound, interesting study of the problems, attitudes and conditions common to boys and girls."

To Harriet M. Johnson for her book, CHILDREN IN THE NURSERY SCHOOL (*John Day Company*), which was adjudged "an important contribution on the care and training of pre-school children."

To Dr. Harold Rugg and Anne Shumaker for their book, THE CHILD-CENTERED SCHOOL (*World Book Company*), which was adjudged "a significant history and interpretation of what progressive schools are doing for education."

To Dr. W. I. Thomas and Dorothy Swaine Thomas for their book THE CHILD IN AMERICA (*Knopf*), which was adjudged "an outstanding sociological study of childlife in the United States."

And to Mary B. Sayles for her book THE PROBLEM CHILD AT HOME (*Commonwealth Fund, Division of Publications*), which was adjudged "an invaluable work on the relationship between parents and children based on the experience of child-guidance clinics."

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Books for Parents

(*Continued from page* 68)

disciplinary measures, and proper instruction in this regard does much to prevent the development of nervous and mental disease later on. The first five years of the child's life is the plastic period during which training is most effective, and training properly begins on the day of birth. The reader may perhaps disagree with Dr. Collins in his conclusive statements regarding the existence of instincts and the inherent equipment of the human infant, but he cannot fail to appreciate his wide grasp of the problems of life, his frank discussion and excellent literary style.—*Reviewed by Irene Case Sherman.*

Problems of a Little Child. Anonymous. *Pilgrim Press.* $1.25.

Written by the mother of four little boys, this book is a description of how one woman met the questionings and doubts of her children. The problems of her young people which confront every mother, such as the fear of darkness, the dread of strangers, the amazement about God and the haunting questionings about birth and death are treated in separate chapters. The author tells of her conversations with her children and her ideas about answering questions, in a simple way, as if she were talking to you in her sitting-room. While this is a slight book, it has the charm and sincerity of personal narrative.

Family Life To-Day, edited by Margaret E. Rich. *Houghton, Mifflin.* $2.50.

Can the family survive? is a moot question today. W. F. Ogburn, professor of sociology at the University of Chicago, who contributes a chapter, "Social Heritage and the Family," to this symposium of opinion from leaders in social work, believes that while the family will endure it will probably undergo drastic changes. The size and functions of the family have diminished and "with the changed conditions, the family must rely much more on affection. . . . Those who would solve family problems and try to direct the course of evolution of the family toward better channels must work to discover as much as possible about the science and art of affection for parents and children as well as husbands and wives and to disseminate these fundamentally important discoveries as rapidly as possible." He thinks that upon scientific affection depends the future of the family. This contribution of Professor Ogburn's is followed by articles written by Dorothy Canfield Fisher, Professor Ernest R. Groves, Paul H. Douglas, A. J. Muste and others who deal with various phases of family problems.

In the review of the **New Human Interest Library** for children which appeared in the February issue of CHILDREN, *The Parents' Magazine,* this set of books was referred to as a "recently revised edition." We wish to correct this impression. It is not a revised edition but a new work edited by S. E. Farquhar and published in Chicago.

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The Whole-Family House

(*Continued from page* 30)

circulates through the pipe coil and absorbs heat from the surrounding hot water that comes from the heating plant. It is possible to apply this principle of heating the water in the summertime, if an oil burner is installed in the heating plant, thus doing away with any special gas or coal hot-water heater. By keeping a low fire going all summer in the heating plant, the water is kept warm in the boiler.

All the pipes which are used to deliver hot water should be of brass and be insulated in all exposed parts of the cellar and walls. By putting in one big pipe loop from boiler up and around the house and back to the boiler, a constant circulation of hot water is maintained in the loop, and almost instant delivery of hot water is secured at the fixtures. If this loop is not installed, hot water is not drawn in the fixtures until all the chilled water lying in the pipe between fixture and boiler is run off. Care should be taken that cold and hot water lines are not run closer than six inches in any parallel lines through partitions, for the hot water will be chilled and the cold water warmed if they are too near together. Shut-off valves should be located around the heating units as shown in the diagram and also at the base of all riser lines and under each fixture.

NEXT to providing an ample supply of hot water, the efficient arrangement of laundry equipment is essential. It was the custom, and still is, to a certain extent, to put the laundry in the cellar. Such an arrangement has points in its favor. But in families where there are children and where Mother does the washing and ironing herself it is helpful to have laundry equipment on the same floor with the kitchen. A little alcove off the kitchen is a good place for it, whether Mother does the work or not. In houses of moderate size, the equipment of such a laundry ought to be reasonably complete. It should consist of two tubs, a washing machine, perhaps an electric ironer, an ironing board with electric iron, a convenient indoor dryer for airing and quick drying, a closet where the clothes land after dropping down a clothes chute, a table and chair for mending and a closet for the storage of laundry soaps, bluing, starch, clothespins, clothes baskets, etc. Of course the installation of a gas dryer is a great comfort, but may perhaps be looked upon as a luxury.

In very small houses there is not enough room left for an alcove or separate laundry on the first floor. If in this case the woman of the house prefers to incorporate the washing equipment with the kitchen, rather than to put the tubs in the cellar, it is possible to do so. A kitchen sink and combined laundry tub can be purchased, the tub being covered with the drainboard when not in use. Then by placing an electric washing machine beside the tub section, the washing can easily be done in these two units. Some washing machines are provided with a flat top that can be

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used as a table when the machine is not being used. This is very useful in the small kitchen and may take the place of a stack table for dishes. An ironing board which unfolds from the wall, an electric plug, iron and ceiling dryer complete the furnishing of the laundry corner of the kitchen. For the frequent small washing—inevitable in the home where there are children—a portable washing machine will prove a great asset. This can be used either in the laundry or upstairs in the bathroom.

It is customary today to build a closet in the kitchen, big enough to store in it the ordinary tools needed to properly remove dust and polish dull surfaces. This consists of a long narrow locker to hold the larger vacuum cleaner and the small "hand vacuum" if you are so fortunate as to have one, the dust brushes, the mop for the linoleum and tile floors and the electric floor polisher. Such a closet should be two and a half feet wide and be provided with a little cupboard, five feet up from the floor, in which cans of wax, bottles of furniture polish, nickel polish, steel wool and other things of this nature can be kept. A series of hooks under the cupboard and a long bar should give the convenient hanging place for dust cloths, chamois, small brushes, etc.

But, although it is customary to place this closet in the kitchen, I am inclined to lean towards the plan in which it is located on the landing of the stairway, halfway up to the second floor. As these things are used as much upstairs as down, it seems logical to place them in an intermediate position. Of course it is not always possible to provide a closet on the stair landing, but if it is thought of beforehand, anything is possible.

BY a careful selection of washable equipment or equipment which cannot be marred easily the housekeeper can save work. For example, by selecting a mottled pattern for the tile floor in the bathroom and for the linoleum in the kitchen and for entrance halls, a lot of the smudges which show on pure white floors or clean-cut designs will not be evident. Natural wood, slightly stained, waxed or finished with varnish and rubbed dull will not show children's finger marks. If painted trim is desirable, it should be glazed with a good enamel which will stand wiping with a wet rag and linseed-oil soap. White enamels usually discolor to yellow, but there are some which do not, and these should be selected. Black baseboards are often quite effective in the scheme of decoration and very practical to keep clean. Quarter round molding strips nailed over the joint between floor boards and baseboard close up a crack out of which a great deal of loose plaster is apt to seep. Washable wall papers and paints are not only labor savers but are attractive as well. Toilet seats encased in a shell of celluloid save much labor and so do rubberized shower curtains.

Much of the dirt which is carried into the house from outside can be reduced by having a metal foot-scraping

(Turn to next page)

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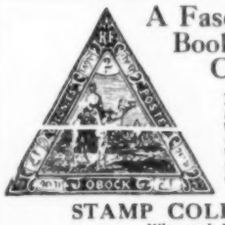

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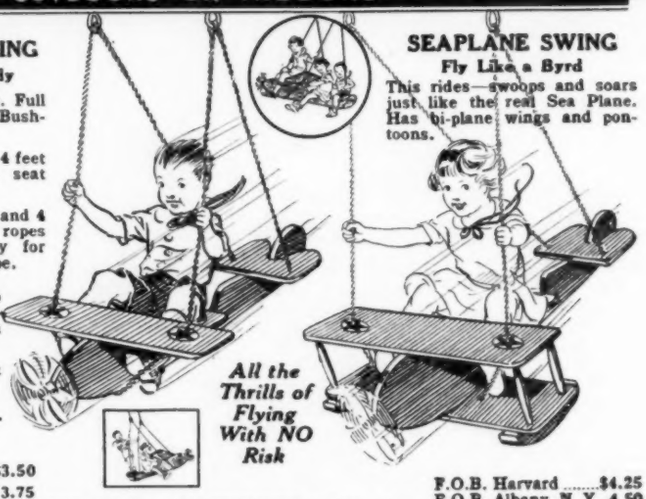

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The Whole-Family House

(*Continued from page 71*)

mat with a jute one next to it at every door. Storage shelves should be built for rubbers to keep them from being thrown down just anywhere. Weather stripping on windows and cloth ventilators keep out the soot from neighboring chimneys in the winter months. Fine screens of copper or metal, No. 18 or even 16, help to keep out some dust as well as insects.

Ashes from the basement can be kept out of the house by having the cellar ceiling plastered, making the door tight and having a foot mat at the top of the steps. A drain in the cellar floor will help a good deal, for then it can be hosed out often. Of course the electric stoker or oil burner will do more to rid the house of the ash nuisance than anything else.

Radiators are among the worst offenders when it comes to making dirt. They can soil a wall and ceiling in one winter with black smudges impossible to wipe off. If they are placed under the window some of this difficulty is obviated. Covered radiators with removable tops are a good solution as well.

When a garage is connected with the house, a good deal of greasy dirt is tracked into the house by father or son. An inexpensive lavatory in the garage is the solution here, for a hose can be connected with the faucet and used to keep the garage floor flushed out. Such connections are necessary about the house, too, so that porches, terraces, steps and walks can be cleaned with a stream of water. If these connections have been omitted and the hose must be carried through the cellar window every time it is used, the chances are it will not be put to much service. By having a shut-off for the water on the inside of the cellar wall as well as the outside, these hose connections need give no trouble by freezing in the winter.

NO one has designed windows that do not have to be cleaned, but some are easier to clean than others. Practically all the makers of steel casement windows have simplified the cleaning of windows. They make the sash narrow and swing it out on wide hinges which permit one to reach around to the outside of the glass and clean it without even leaning out of the opening. Wooden casement windows which open out and are hung on ordinary hinges are very difficult to clean. The double hung wooden windows which are the tightest and snuggest for our climate are hard to clean. Many women object to them strenuously, when they are cut up into the small lights needed in Colonial houses, because these smaller glasses require more work to wash. Yet we can hardly do without these mullions any more than we can do without the fireplace, or we lose character and atmosphere. No one would abolish the fireplace simply because it created a lot of smoke and ashes and did not add much heat to the room, for like the small-paned windows it has certain elements of charm that are indispensable.

Books for Boys and Girls

By ALICE DALGLIESH

Teacher of Story Telling for Children, Teachers College, Columbia University

ST. NICHOLAS BOOK OF SCIENCE, by Floyd L. Darrow. *Century.* $2.50.

Brief description of recent scientific experiments, discoveries and achievements including talking movies, television, ultra-violet rays, the Holland Tunnel. (Age 10 and over).

SHAKESPEARE AND THE HEART OF A CHILD, by Gertrude Slaughter. *Macmillan.* $1.75.

Two girls who love Shakespeare's plays visit the scenes of some of the plays — Venice, Verona, the Forest of Arden, and Stratford itself. Particularly interesting for children who are having their first introduction to Shakespeare. (Age 9-14.)

"We'll pretend there's water, you know." Illustration from "In and Out with Betty Anne," by Dorothy W. Baruch. Published by Harpers

THE SHADY HILL PLAY BOOK, by Katharine Taylor and Henry Copley Greene. *Macmillan.* $2.25.

Plays made by the older children of the Shady Hill School. They include several medieval plays and two or three miracle plays. Interesting suggestions for play-making, costuming and scenery.

TARTAN TALES, by Andrew Lang. *Longmans, Green.* $2.00.

Eight stories of Bonnie Prince Charlie and his followers taken from Andrew Lang's books and combined in one volume. (Age 10 and over.)

EDWY THE FAIR, by A. D. Crake. New edition edited by Bertha L. Gunterman. *Longmans, Green.* $2.00.

A fine story of Saxon England with plenty of action and adventure. (Age 10 and over.)

THE BOY SCOUT AND HIS LAW, by Barry Chalmers. *Macmillan.* $1.25.

The twelve scout laws with comments. Illustrations and stories of how boys have kept these laws. (For Boy Scouts.)

THE STORY OF YOUTH, by Lathrop Stoddard. *Cosmopolitan.* $2.50.

Grown-ups and older children who have a decided interest in history will enjoy this book. It portrays the home and school life of young people throughout the centuries beginning with the Babylonians and ending with the early nineteenth century. (Age 10 and over.)

CAROLINA'S TOYSHOP, by Rebecca Rice. *Page.* $1.75.

A pleasant, though not particularly well-written story about a little girl who goes to live with a bachelor uncle and helps him with his toyshop. Girls who like realistic stories will enjoy the description of Carolina's Christmas window and her other doings in the shop. (Age 8-10.)

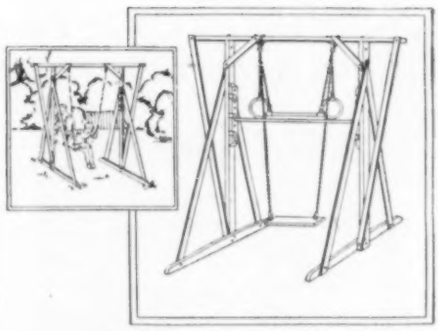
BEGINNING TO GARDEN, by Helen Page Wodell. *Macmillan.* $1.75.

While this book contains some interestjng suggestions for young gardeners it is not particularly inspiring nor is it well - organized. The discrimination between "garden things a girl can make" and "things a boy can make" seems rather unfortunate. (Age 8 and over.)

IN AND OUT WITH BETTY ANNE, by Dorothy W. Baruch. *Harpers.* $1.50.

The everyday activities of a little girl. Printed in bold type easy for a child to read, with charming illustrations by Winifred Bromhall. (Age 5-8.)

NATURE AND THE OUTDOOR LIFE, a series of five volumes which are a part of THE HOME UNIVERSITY BOOKSHELF, published by the University Society, serves as an excellent introduction to the realm of nature for the child. The books cover a variety of topics and appeal to many different interests; woodcraft and camping, wild life, flowers and trees, animals, sports and outdoor games, pets and hobbies, are all included. Each article has been contributed by an expert in his field and is written with the simplicity and infectious joy of which only the expert is master. There are many concrete suggestions for activities which a busy parent without previous preparation can readily learn to share with his child. As an introduction to the general field of outdoor life and activity, one can hardly find a better bibliography and reference work.—*Reviewed by the Child Study Association of America.*



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Children Grow With a Garden

(*Continued from page 27*)

but at least it should not be in a hollow. After they have selected the location they should make out the garden boundaries. These may be a low stone wall, a rustic fence or a more elaborate one or even a simple device of four smooth stakes driven firmly into the ground at the corners of the plot, with a stout cord stretched from corner to corner to make a neat enclosure. The cord should be stretched taut and wrapped once around each stake to make it secure.

Let the age of the child or the number of children in the family determine the size of the garden plot. Even a small garden entails a great deal of work. For the child who gardens alone, a plot four feet square where he may raise two or three varieties of flowers will be all he can manage. But if there are several children to do the work in the garden the space allotted may be proportionately larger and vegetables may be grown. It is important, however, not to overtax these youthful gardeners nor to let their first enthusiastic efforts end in failure. To avoid this the child will need to be modest in his undertaking. Even then he will need frequent encouragement and sometimes a little judicious help.

FIRST of all, the earth should be thoroughly turned over with a fork. Do not use a spade, for that leaves the earth in lumps while a fork breaks it up. It will be best for the youngest gardeners to have a man do this work for them though they will doubtless take keen joy in struggling to do their bit of the forking.

The soil may be turned as soon as the frost is out of the ground. Then spread over the surface a two-inch layer of well-rotted barnyard manure and spade it in, but do not use fresh manure or your plants will be burned. If you have no manure, take leaf mold from the woods, or perhaps you have a compost heap of leaves saved from last fall for this very purpose.

Encourage the child to work over the soil with a hoe and a rake, helping him if necessary until the earth is fine and level. Do not make the common mistake of trying to pick out every stone for small stones that go through the rake keep the ground warm for the seeds and young plants. Did you ever stop to think that the pebbles on the surface of the ground are heated by the sun during the day and retain this heat throughout the night, acting as hot water bottles for the seeds? When the soil is ready the young gardener should use a string stretched between two stakes to mark the furrows, which should be dug about a foot apart.

In certain localities the first seeds may be sowed in March or April but where spring comes later gardeners must wait until May to do their first sowing. If your children are making a joint vegetable garden, encourage them to choose those vegetables which later they will enjoy eating. Carrots,

Mrs. Harold Bridges of Massachusetts

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beets, onions, peas, radishes, beans and tomatoes are easy of cultivation and the young gardeners may choose from among them.

Tomatoes cannot be planted out of doors until May in many localities, but as early as the end of March they may be started in wooden boxes in a sunny window. The children will need to water these boxes every day, using a sprinkling can so as to avoid washing out the seeds. Turn the boxes from time to time so the plants will not be lopsided from leaning toward the sun. Before transplanting tomatoes, snip off some of the shoots from each plant, and tie the plants up to stakes so they cannot sprawl over the ground. Wise gardeners prune tomato plants throughout the summer so that sun and air reach the blossoms and forming fruit.

THE real work of a garden begins when the seeds sprout, for with the vegetables come the weeds and they seem to grow much more rapidly than the vegetables. After each rain, the children must be taught to hoe and rake the garden, giving the moisture a chance to sink down to the roots of the plants. Weeds that grow between the plants should be pulled, not hoed out.

In a child's garden, flowers and vegetables may be planted together with a surprisingly attractive effect. Plant simple annuals such as verbenas, zinnias, poppies, candytuft, marigolds or cosmos. They may be sown out of doors by the first of May, or indoors a month earlier. A favorite way of combining vegetables and flowers in one garden is to place the flowers as a border around the edges.

Often it is difficult to induce children to keep their gardens weeded when school is closed and the days are hot. Play is so much more alluring. But parents should see that a plan once begun is carried to completion. A little praise from Father and a nosegay of flowers from the children's garden on the dining-room table are subtle encouragements, more effective than any command to weed the garden.

Gardens awaken a love of beauty in children and in whole communities. When there is one well-kept garden on the block it inspires neighbors to clean up their backyards and to keep their front yards raked and planted. Begin this year to plan a garden with your children and encourage other families to join you in forming a group who will work and learn together lessons in perseverance, in nature's orderly sequence, in faith and fruition which gardening teaches.

The Young Hunter

Have you yet seen a Zully-ann?
No more have I,
But once I scared out one that ran.
Or did he fly?

I think there is no Zully-ann,
But just for fun
I carry 'round this old tin can.
I might see one.

Ernestine M. Songer.

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Junior

A Play Apparatus
Patented October 23, 1923; March 25, 1924

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Children—April

Things *for* Children

Games, Handcraft and

Edited by the Playground and

The suggestions for "play recipes" have been sent by the mother of three small children who lives on a ranch fourteen miles from the nearest town. Though they are particularly valuable for isolated children, we think they will prove helpful also to town and city homes.

Play Recipes

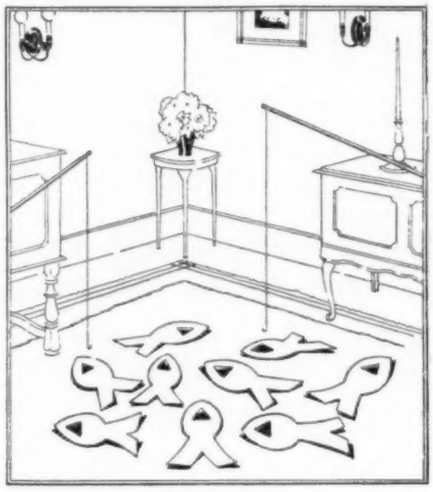
I HAVE never dexterously beaten up a prize cake nor had any of the unusual recipes to pass on. My training as a playground director didn't seem adapted to homemaking. But today play appears to me a valuable domestic talent. And if my children can't remember mother's cookies, I hope they can remember what an awfully good time we had together.

Three years ago I closed a book on the Montessori schools with a sigh. If my children could only have that preschool training! The block alphabet particularly interested me. That afternoon I cut out a heavy cardboard set. The oldest child adored them and has learned to write spontaneously from playing with them. What farm or ranch has not innumerable blocks of all shapes left from building? These may be made into another set of educational playthings.

I bought scissors and paints for each child, modeling clay and blocks of assorted colored papers. They cost forty cents a block of 150 sheets. From the paper come chains, mats, copies of rugs, elaborate designs pasted to represent baskets, gardens and flower pots. Dolls are made from corn husks, sticks and towels pinned up. The oldest child is making a scrapbook of different countries, with pictures collected from advertisements. I have to remember not to impose my own ideas nor to give explanations the children do not ask for. If Virginia asks how to paint a tree, I tell her to paint it as she thinks it looks.

We tell lots of stories. Think how vivid are the old folk tales, that were handed down many years before they were printed. Bible stories, "The Three Bears" and "The Little Red Hen" are favorites. Pictures stimulate stories—"Mother, tell me the story of the picture?" Sometimes I ask the oldest to tell the story. Even the four-year-old can tell them. The children evolve intricate plays of their own, staging stories or nursery rhymes. They are as enchantingly indifferent when we are there as when they are alone. Conversations with dolls and imaginary persons go briskly on. I think all children would do that if we did not thoughtlessly betray confidences or remark, "Listen, isn't that cute?" Pretending is serious to them.

Those of us who live in the country have great advantages for our children. Yesterday we spent a long time watching for a blue jay to see if he had a white spot over his eye. We have a chart to date the first specimens of wild flowers and birds. The children watch out for the wild flowers and do not pick them ruthlessly. But there are the ever-abundant dandelions and daisies for crowns and wreaths, so indispensable to their play.



Here are the cardboard fish ready to be hooked by the young anglers. See diagram on opposite page

We like musical games, such as "Looby Loo," and color guessing games. The oldest loves a word game. I say a word and she gives me by its sound the first letter. This will make reading easier for the younger ones, who sometimes join in.—*Mrs. K. C. K., Jackson Hole, Wyoming.*

Rainy-Day Fun

When April showers are busy making May flowers, and the younger element chafes at being kept indoors, try the following:

WINDOW CONTEST—I was hard put, on the second rainy day in succession, to amuse two little nieces. So I put them in a front window, each with a paper and pencil, to count the passers-by. Molly took those going north, Caroline the southbound and the one counting the greatest number in a given time won that game. We decided on a count of one for each foot passenger, two for horse-drawn vehicles and five for a motor car. Much excitement ensued when traffic was so heavy that the counters had to "step lively."—*S. C. P., Ormond Beach, Fla.*

GEOGRAPHY PUZZLE—I made my little boys an entertaining and instructive puzzle in this way. I took a good-sized map of our state and with thin mucilage pasted it to a sheet of bristol board. When thoroughly dry, this was cut up into pieces of all shapes and sizes. On

 All advertisements conform to standards on page 79.

to Do *and* to Make

Other Constructive Fun

Recreation Association of America

Cut out the cardboard fish by the pattern and turn the triangular flap to the under side

rainy days, the boys delight to fit the map together again, and in this way they are learning about the geography of our state. I make it a point to show them where on the puzzle they live, the boundaries of our county, state capital, etc. Soon we intend to make another puzzle, using a map of the United States.—*Mrs. E. R. S., North Girard, Pa.*

FISHING GAME—This never fails to delight children from three to six years old. Cut fish (like the drawing) from stiff paper. Make the fishing-pole by crooking a hair-pin and tying it on the end of a short pole or walking stick. The child sits on a chair and tries to pick up the fish from the floor by angling.—*Mrs. J. M. L., Rosebud, Texas.*

STARCH MODELING—When my little girl was recovering from the flu, I racked my brains for something to amuse her while she was still in bed. I remembered the old-fashioned cornstarch beads that were the rage when I was a child in school. After several attempts, I found the exact formula and we had hours of fun with a new modeling material.

The recipe is: two tablespoonfuls of cornstarch, four tablespoonfuls of salt, four tablespoonfuls of boiling water. Mix the cornstarch and salt in a small saucepan, pour on the boiling water, and stir until the mixture is soft and smooth. Place on the fire and stir until it forms a soft ball; take off and knead ten minutes. If the material crumbles, add a little boiling water; if it sticks, dust the hands with cornstarch. This modeling material can be kept plastic by wrapping in waxed paper. It can be colored lovely shades with fruit colorings, and it has the advantage of hardening so that the child can keep the things he models.

We have made some cunning dishes for tea parties, and articles to illustrate favorite fairy tales—among them Red Riding-hood, a snowy Peter Rabbit with pink eyes and the Little Bear's soup bowl with its blue border.—*Mrs. H. B., Abilene, Kansas.*

THE FROG AND THE FOOLISH GREEN FLIES—This game can be played by two or any number of players. One player is chosen for the frog. The rest are the foolish green flies. The frog may jump at any fly he chooses, but the fly must turn around once before he can dodge the frog. If the frog catches the fly, they must change places, and the game continues.—*D. W., San Fernando, Cal.*

TOMMY, TOMMY — This engaging stunt will undoubtedly mystify young people and older ones, also, for quite a while. When a group has gathered ask, "See if you can do this!"

With the index finger of the left hand, point off on the right hand, beginning with the little finger, saying "Tommy, Tommy, Tommy, Tommy," and when you get to the index finger of the right hand slide down this finger and up the thumb, saying "Whoops" and ending on the thumb with "Tommy." Repeat the process, beginning with the little finger "Tommy, Tommy, Tommy, Tommy" and ending on the thumb with "Tum." At the end look about and casually fold your hands. Ask anyone in the group if he can do it. Most people will think there is a catch in the way the leader slides down his index finger. But the one who folds his hands at the end has discovered the secret of the stunt.—*Mrs. L. R. H., Milton, Mass.*

SHIP'S ARRIVED—Small children like this game, because it stimulates their imaginations. The players sit in a circle. The leader throws a knotted handkerchief to somebody, exclaiming, "Ship's arrived!" "What is it loaded with?" asks the recipient. "Monkeys!" (candy, apples, puppy-dogs, snowballs) answers the leader. The child holding the handkerchief then throws it to some one else and so on. The same formula is used, except that the cargo is changed each time.—*Mrs. M. B. M., New Concord, Ohio.*

GOSSIP—The players are seated in a circle. The leader whispers a sentence quickly to the one seated next to him. The second player whispers it in turn to the next player and so on around the circle. No one may whisper the sentence twice and each player repeats it as he thinks he hears it. It is interesting to hear how the final repetition compares with the original.—*Mrs. R. C., Kerman, Calif.*

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The Strongest, Easiest Running and Best Looking.

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Do not risk upsetting your baby's schedule by having his bottles break just when feedings are ready.

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6-sided—Pyrex Nursing Bottles cannot slip from your hand or from baby's. There are no sharp angles on the inside of the bottle, which is rounded off broadly and is very easy to clean.

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In attractive doll house containers

MOHAWK RUGS

What a Parent-Teacher Association Can Do

Prize Award

IN response to the prize of $25 offered for the best article on "What a Parent-Teacher Association Can Do" many interesting manuscripts came into this office. The first article printed herewith has been awarded first prize because of its many simple, practical suggestions which have been worked out successfully by one Parent-Teacher Association and which we feel could be profitably undertaken by others.

First Prize Article

The projects which a Parent-Teacher Association can work out successfully are so very numerous that I will only name a few of the most important ones which we have tried, and most successfully too, in our own local Association.

Working from the hub or center of Parent-Teacher work, namely child welfare, we started several very necessary projects—the first of which was the establishment of a cafeteria in the school where the children, and teachers too, might obtain hot and nourishing lunches for the nominal sum of five cents per dish. This proved such a success that the Board of Education took it over and have made splendid headway.

Second, we established the serving of milk to the children at 10 o'clock in the morning. This milk, a half pint bottle with sanitary straw, was offered to the children who could pay for it, as low as 15 cents per week. Later the price was raised to 20 cents per week. The Parent-Teacher Association paid out of the money taken in from this milk for the milk itself and for the services of two boys who distributed the milk to the different rooms through class monitors. The Dairy Company gave us special rates so that with the difference between what we paid the dairy and what the children paid us, the Association served free milk to the undernourished children who could not afford to pay for it.

We have furnished the teachers' rest room, presented the school with curtains for the auditorium, held summer play centers in co-operation with the Community Service for three successive years, established an annual Community Night Celebration held on the school grounds for the benefit of the entire community and, last but not least, established a hundred-per-cent co-operative spirit between the parents and the teachers of our particular school.

I wish to state that this last was not brought about overnight but only after the members of this particular Association had so impressed the teaching staff with the earnestness of their endeavors and after the teachers had come to realize that, after all, the name "Parent-Teacher Association" explains itself—parents and teachers working in a close association for the promotion of child welfare.—*Mrs. Margaret C. Wood, San Diego, California.*

Save Your Copies!

A complete file of this magazine will constitute an invaluable reference on every phase of child training and care.

You will want to consult it frequently as your children grow up and present new problems.

A Handsome Binder

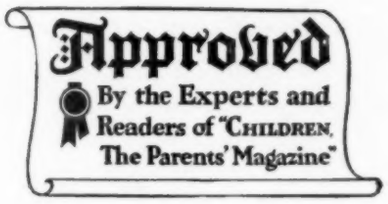
Gold-embossed and made of fabricoid will be sent to you upon receipt of your remittance for $1.50. Address: CHILDREN, *The Parents' Magazine*, 225 Fourth Ave., New York, N. Y.

Honorable mention is awarded to an article submitted by Julia Blumenstock of Chicago, Illinois, from which we quote the following significant paragraphs:

Our Parent-Teacher Association recently launched a splendid new project. Child study and parent education had awakened many parents to a vision of their responsibilities. In order to help these parents in a practical way, the Association founded a Parents' and Teachers' Library, to contain exclusively books and magazines on child study and education. With the co-operation of the principal and the teachers, the Teachers' Rest Room was converted into a library, and at an entertainment sponsored by the organization, money was raised to furnish it and to purchase books.

From the first, the plan has been to make the library a real neighborhood asset. Teachers may use the library at any time, and it is open to members and associate members (anyone may become an associate member by paying fifty cents yearly) three afternoons a week. Books and magazines, except the current numbers of magazines which are kept on the table for reference, may be borrowed for one week, and may be renewed once.

The library is governed by a library board of five members. The chairman of the board is the librarian and she has two assistants. A book committee consisting of the (*Turn to page* 80)



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In applying these advertising standards, we have the advice of our editors and associate editors, and other leading experts in the field of health, education, child welfare, nutrition, clothing, play equipment, the arts, etc.

Instead of having a relatively small analyzing and testing laboratory of our own, we use, whenever necessary, the facilities of Teachers' College, Columbia University, and what we believe to be the most reliable commercial laboratory in this city.

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President, Parents' Publishing Association, Inc., Publishers of CHILDREN, *The Parents' Magazine.*

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Every product you see advertised in CHILDREN, *The Parents' Magazine,* has been scrutinized by our experts and, in their opinion, conforms with our advertising standards. Those to which the Seal has been already awarded use in their advertisements in this magazine this special symbol ✪ in lieu of the entire Seal.

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Blazing New Trails in Education

(*Continued from page* 20)

we have duties to the bodies of our children which were formerly unknown, duties arising from our knowledge of the principle of physical evolution, that the body of the child grows and molds itself in obedience to its inherent forces, and not through adult attempts to shape it. Formerly, mothers arduously wrapped their babies in swaddling clothes to make their legs straight; they cut through the flesh that "tied" their tongues so that they should learn to speak; they put tight little caps on their heads to prevent their ears from sticking out; they turned the child over from side to side, lest the skull bones be malformed, and stroked and pulled the babies' little flat button noses so that their profiles might be fine and regular! And at the same time, the adult world remained inactive in the face of the enormous death rate among young babies, and the many illnesses which slaughtered thousands of children, and were largely attributable to wrong treatment. Hygiene nowadays has proved beyond a doubt that the little noses grow shapely, the ears nestle to the head, the legs grow straight and strong through Nature's own laws, and that interference here is not only useless but harmful. But the child does require the strictest cleanliness, good food, rest, pure air, and the greatest possible freedom of movement.

As with their bodies, so with their minds. We must accept the fact that we cannot mold the child's character, brain, or emotional instincts; they develop as part of the processes of Nature. But we must do all that is in our power for the child. We must provide an environment that enables all latent faculties to develop fully; we must reverence the child's mind and soul, which move mysteriously in accordance with the highest purposes of creation. We all know now that proper care of children's bodies will bear fruit in a stronger, healthier race of adults. There must be an equally fervent, equally universal conviction that proper care of children's souls is the key to a better humanity.

What a Parent-Teacher Association Can Do

(*Continued from page* 78)

principal, the assistant principal, the librarian, the president of the Association, and one member from the Association at large, select the books to be purchased. Books are chosen from the best bibliographies on child study and education, from lists recommended by magazines on the subject, from suggestions offered by the teachers, and by speakers and educators, and by the public libraries. A loan shelf is maintained, where books loaned to the organization may be held during the school year and circulated as are the regular books.

In connection with the library we promote interest in the best magazines on child training, take subscriptions and with our commissions purchase new books for the library.

Members of this Child Study Group of East Orange, New Jersey, are enthusiastic followers of our programs for group study. They distributed 1,000 copies of their own program on child training last winter, as well as making many new friends for this magazine

For Your Next Meeting

A Program for Discussion by Your Parent-Teacher Association, Mothers' Club or Child Study Group

Prepared by the Child Study Association of America

THE following outline for study is based on the article "Train Your Children's Taste in Clothes," by Henrietta Sperry Ripperger, which appears on page 21 of this issue.

How to Use This Program

Appoint a leader who will first read aloud the article on page 21. The leader should then present for discussion the various questions given below. She will next request various members of the group to take up, one by one, the Problems for Discussion. At the close of the meeting it will be found helpful for the leader to read the summary of the main points made in the article. In advance of the meeting, the various book and pamphlet references should be assigned to members of the group who will report on them at the meeting.

Ask your public library to co-operate with you in providing the books or pamphlets listed for your reading.

Questions

(1) Is it normal for all children to care about their clothes? Boys as well as girls?

(2) Is it possible to utilize this interest to good advantage where it exists? Can it be overemphasized?

(3) Who sets the standards of what a child considers right to wear? The mother? The child? The child's friends?

(4) If a child seems to be entirely indifferent about his clothes, ought one to make him "clothes conscious"?

(5) Of what advantage is it for a ten-year-old to do her own selecting?

(6) Ought a child to be conscious of the cost of his garments? Ever? Always?

Points to Keep in Mind

(1) It is right and natural for even small children to be interested in their clothes.

(2) The selection of clothing can be an effective instrument in the child's education, by (a) Teaching him taste discrimination, (b) Teaching him values, (c) Increasing his independence in the exercise of his own judgment.

(3) It may sometimes even be advisable to allow a child to make a mistake in choosing a garment rather than to choose more wisely for him.

(4) Confidence in one's judgment comes with practice in exercising it.

(5) Mothers are at times wise in compromising, by allowing children to make selections which they themselves might not have made.

(6) Be sure that your objections to a child's choice are not founded on prejudice.

(7) Clothes can exert a distinct effect upon the mood of the wearer. To feel well dressed makes one more efficient.

Problems for Discussion

(1) Mary was ten. Her aunt brought her a very beautiful hat and coat from Paris. It was noticed that Mary avoided wearing them whenever possible, though she had at first seemed to like them. Her mother sensed that the style was sufficiently different from that of her companions' coats to make it conspicuous, and therefore allowed Mary to save this outfit until the following year when American styles had caught up with the Parisian ones. Was this unjustifiable indulgence on the part of the mother?

(2) Mrs. Brown took her five-year-old son and her seven-year-old daughter shopping with her and allowed them to make the final choice from a number of sweaters. Is there any value in this procedure? (*Turn to next page*)

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A combination of Vegetables, Cereals and the Wheat Germ which supplies VITAMINE D.

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Spinach, Carrots, Asparagus, String Beans, Peas, Beets, Tomatoes, Prunes and Apricots, are all scientifically prepared from carefully selected materials, especially for growing babies and are immensely liked by them.

Ask Your Doctor and Write Us for Dealer's Name

HAROLD H. CLAPP, INC.
1331 University Ave., Rochester, N. Y.

Mothers!

If you have a child between the age of 6 months and 5 years get the youngster an Ah Mah Tiny Toilet Seat

This necessary contrivance for tiny tots attaches to the regular toilet seat and, besides being convenient and sanitary, will relieve you of considerable trouble
Ah Mah Tiny Toilet Seats fit standard toilets, and are easily attached by a spring clamp. They are made of 3-ply wood, and finished in 4 colors—Blue, Green, Orchid and White. Price $1.50 complete.
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A Service to Readers

Many of our advertisers offer helpful booklets and free samples. All of them will gladly send you additional information. Go through the magazine page by page and write down in the space below the names of those advertisers in whose products you are interested. We will forward your name to these advertisers and they will send you whatever booklets or free samples are mentioned in their advertisements. *If there is a charge for the material offered, please address the advertiser direct.*

Advertising Department
CHILDREN, *The Parents' Magazine,*
255 Fourth Avenue, New York, N. Y.

Please have sent to me, without obligation, the booklets, samples, or additional information offered free in your April issue by the following advertisers:

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City..... State.....

When you send in this coupon will you also send the ballot on page 79 of this issue?

For Your Next Meeting

(*Continued from page* 81)

(3) When Jane's mother needs a dress she has several sent home from the shops and ordinarily exchanges them all before she finally decides upon one; even then she never seems satisfied with her final choice. Can this type of indecision be avoided in the case of her children? How do you think it comes about?

(4) Little Polly went to a party and came home irritable and disgruntled; she had not been able to forget that she had been obliged to go to the party straight from school, whereas all the other children wore party dresses. Is this evidence that Polly was spoiled or that there had been undue emphasis laid on clothes on the part of the other children? What lessons can be deduced from such an experience?

(5) By what means would you seek to build up in a child a sense of proportion so that he will neither follow the mode slavishly nor, on the other hand, try to stand out through his eccentricities? Is this sense of balance expressed in clothes as well as in less material ways?

References

ON BEING A GIRL, by Jessie E. Gibson. *Macmillan.* $2.00 Chap. XXIII—Personal Attractiveness.

THE PSYCHOLOGY OF THE ADOLESCENT, by Leta S. Hollingworth. *Appleton.* $2.50. Chap. VII—Find the Self.

KEEPING MENTALLY FIT: A Guide to Everyday Psychology, by Joseph Jastrow. *Greenberg.* $3.50. Page 193, Your Clothes as Self-Expression.

THE HAPPY CHILD, edited by Dr. Henry L. K. Shaw. *Dodd, Mead.* $1.00. Page 60—Dressing Your Children for Health, by Dr. Howard K. Faber.

Look Ahead!

The following references are to be used in connection with the article "The Ups and Downs of Adolescence," by Dr. Barbara Beattie, which will appear in the May issue of this magazine.

THE COMING OF AGE IN SAMOA, by Margaret Mead. *Morrow.* $3.00.

THE ADOLESCENT GIRL, by Winifred Richmond. *Macmillan.* $1.25.

THE PSYCHOLOGY OF THE ADOLESCENT, by Leta S. Hollingworth. *Appleton.* $2.50.

ADOLESCENCE: EDUCATIONAL AND HYGIENIC PROBLEMS, by Maurice A. Bigelow. Nat'l Health Series. *Funk & Wagnalls.* $.30.

SEX EDUCATION: *Child Study Association.* $.10. Contains: Sex Education of the Young Child, by Benj. C. Gruenberg. Sex Education of the Adolescent Boy, by M. J. Exner. Sex Education of the Adolescent Girl, by Winifred Richmond.

THE ADOLESCENT IN MODERN SOCIETY. By Benj. C. Gruenberg. (Reprinted *from* CHILD STUDY, March, 1926.)

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The "Left-behinds"

A SHORT time ago a promising young business man, happily married and the father of two children, one seven and one nine, showed unmistakable signs of failing health. His doctor suspected the cause at once. A searching examination confirmed the doctor's suspicions. Tuberculosis. He was ordered to give up his business immediately and go to a sanatorium for proper treatment and care.

An uncle of the young man was greatly shocked when he heard the report. It didn't seem possible that it could be true. He asked for the evidence. They handed him x-ray photographs which showed that his nephew's lungs were seriously affected. The uncle asked permission to show the photographs to his own doctor.

When that doctor saw the photographs he said, "The right thing was done. Your nephew will probably get well. Now, what have you done for the man's family, especially the children? Have they been examined? You have no time to lose. While tuberculosis may not have made any serious inroads on their health as yet, it is hardly conceivable that his wife and children are entirely free from infection. An appearance of ruddy health does not exclude the possibility of tuberculosis."

Every child who at any age has had prolonged exposure to tuberculosis should have an immediate, thorough physical examination, especially including the tuberculin tests and x-ray photographs, to determine whether or not active or latent disease is present. While tuberculosis usually attacks the lungs, it may attack any part of the body—eyes, ears, nose, throat, glands, joints, bones or vital organs.

It is now believed that many cases of tuberculosis in adults are the direct result of infection in childhood. The germs may have been taken into the body when the person was very young and have remained dormant for many years.

Boys and girls who are apparently healthy may have latent tuberculosis; without a sign of infection—no cough, no loss of weight, good color. But years later, when some extra strain is put upon the body, the symptoms appear—loss of weight, persistent cough, "indigestion" and fatigue.

When every child is properly fortified against the ravages of tuberculosis, the final victory over this deadly enemy will be in sight.

This year there will be a great forward step in the battle against tuberculosis. Efforts will be made to protect "the others"—the family and friends of the stricken person—even *before* the signs of tuberculosis show themselves, but while the disease may be latent.

Organizations for the prevention of tuberculosis—national, state and local—will warn people of the infection which may follow living in the same household or associating with one who is suffering from tuberculosis.

Their action-inspiring slogan, "Early discovery—Early recovery," will be displayed on billboards, car cards and banners all over the country.

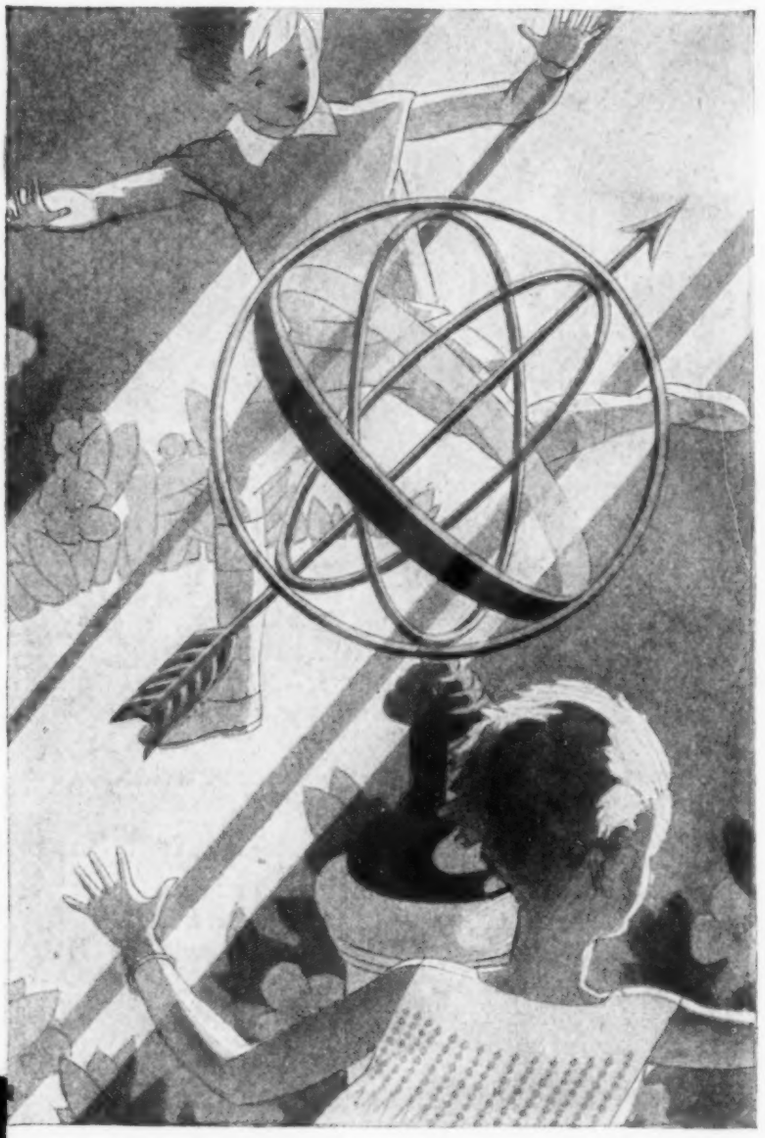
By checking tuberculosis in its earliest stages, before the germs have had time to destroy bone or tissue, tens of thousands of lives can be saved. Send for the Metropolitan's booklet, 49-Y—"Tuberculosis". It will be mailed free on request.

HALEY FISKE, *President.*

METROPOLITAN LIFE INSURANCE COMPANY~NEW YORK

Biggest in the World, More Assets, More Policyholders, More Insurance in force, More new Insurance each year

It's the fact that Vitamin D is now contained in a delicious NATURAL FOOD . . . that's important to mothers



There are at least three known ways in which this essential Vitamin D may be brought to your children. From the direct rays of the sun. From cod-liver oil. And now eminent scientific authorities have definitely proved that Vitamin D is contained in Cocomalt.

But the real news is... that this precious sunlight vitamin, so essential to health and vigor, is now found in a delicious *natural* food that should be a part of every child's diet.

Vitamin D—the bone builder • No one knows exactly what Vitamin D is. We only know that without it, the mineral salts in our diet, which go to form strong bones and sound teeth, are not utilized by the body.

Milk, of course, is the most effective way of bringing these mineral salts to your children. And Cocomalt (note this) not only increases the milk minerals by more than a half, but it also furnishes the Vitamin D which *puts the minerals to work* in a way that builds bones, develops sound teeth, prevents rickets (soft bones, bowed legs) and assures the steady symmetrical growth of the whole body.

In addition, Cocomalt is so rich in proteins and carbohydrates that it actually adds 70% more *nourishment* to milk and combines, in scientific proportions, all the nourishing elements ideally suited to children.

A delicious drink—served hot or cold • Cocomalt, combined with milk, makes a delicious drink with a delightful chocolate flavor that children love. You can serve it hot or cold—for breakfast, supper or after school lunch. It is particularly necessary when children cannot play in the sunshine and absorb this vitamin from the sun.

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Incidentally, thousands of mothers have discovered that Cocomalt is an easy way to make children take their daily required glasses of milk . . .

You may get Cocomalt from your grocer in various sized cans including the popular half-pound size at 25 cents (30¢ west of the Mississippi). If your grocer cannot supply you take advantage of the sample offer.

R. B. DAVIS COMPANY, Hoboken, N. J. • *Makers of Davis Baking Powder*

A generous sample and booklet • Send 10 cents (to cover the cost of mailing) and we will forward you a generous sample can of Cocomalt—together with a fascinating book entitled "Children of the Sun." This booklet was prepared for the R. B. Davis Company by specialists in the field of medicine and nutrition, based on their own comprehensive research work on Cocomalt and Vitamin D, the sunlight vitamin.

R. B. Davis Co., Hoboken, N.J.
Enclosed find 10 cents. Send me booklet D-3 and sample of Cocomalt mentioned at left.

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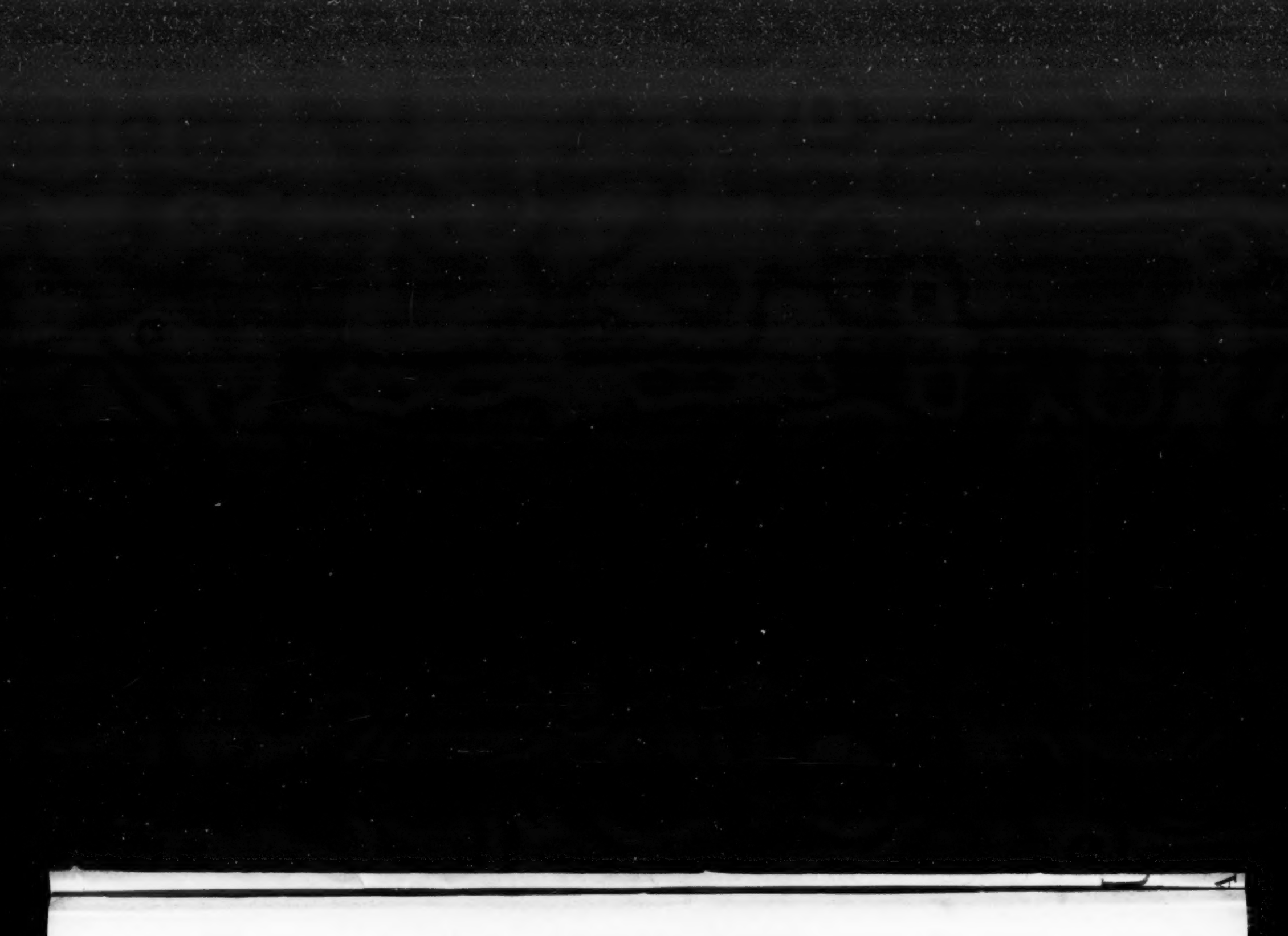
Cocomalt Adds 70% more nourishment to milk